

ASSISTED LIVING COMMUNITY 990 Columbia Avenue • Irmo, SC 29206 • (803) 749-7889 • www.carolina-gardens.com

# Hello From the Executive Director



Hello from the Executive Director

Over the last year our country has experienced many challenges. As I was reflecting on 2022, the word HOPE came to mind.

We must continue to have hope. What is hope? A desire for something and a confidence in the possibility of its fulfilment.

We can take pride at Harbison Shores in how our small community has responded to all the challenges but has continued to take care of our residents.

We are humbled by all the families' support and gratitude. We are so fortunate to have wonderful resident families at our community. We are thankful for our caring staff.

Our Harbison Shores family wishes you and yours a happy, healthy, and prosperous New Year! Let's each of us hope for a less challenging new year.

I look forward to continuing to serve as your Executive Director for 2023. Elaine M. Till, NHA, CRCA

Executive Director

#### **JANUARY 2023**

### **Employee of the Year**

It is with great honor we announce Renaire Dudney as our Employee of the Year! Renaire is all-around faithful to his job. He is always consistent in his work, he cares very much for the residents, he has a great attitude, he is always willing to help in ways that are outside of his normal job role, and he is very good at what he does. Renaire is a model employee, and we are so thankful to have him as a part of our team. Renaire, congratulations!





HARBISON	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HARBISON         SENIOR LIVING AT EASE         ASSISTED LIVING         AL# CRC-2083	New Year's Day 1 10:00 Morning Yoga - TR 11:00 Church Service on Television - TR 1:00 NFL Football On Television - TR 4:00 Current Events Social - DR	New Year's Day (Observed) 2 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 2:30 Bingo Marathon - DR 3:30 Group Jigsaw Puzzle - TR	3 10:00 Morning Stretches - TR 2:30 Table Games - DR 4:00 Local History Chat - DR	10:00 Morning Exercise - TR 2:30 Bingo Marathon - DR 3:30 Broadway Movie and Discussion - TR	4 5 10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	6 10:00 Morning Exercise - TR 2:00 Happy Hour - DR 3:00 Bible Study with Jim - TR	7 10:00 Morning Stretches - TR 1:30 College Football On Television - TR 2:30 Bingo Marathon - DR 4:00 Classic Movies - TR
January Birthdays Nancy Ray 1/11 Wallace Mayers 1/20 Ruby Lathan 1/28 Fun, Upcoming	8 10:00 Morning Yoga - TR 11:00 Church Service on Television - TR 1:00 NFL Football On Television - TR 4:00 Current Events Social - DR	9 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 2:30 Bingo Marathon - DR 3:30 Group Jigsaw Puzzle - TR	10 10:00 Exercise With Darlene - TR 10:00 Morning Stretches - TR 2:30 Technology Class - DR 4:00 This is Your Life, Discussion - DR	1 <sup>:</sup> 10:00 Morning Exercise - TR 2:30 Bingo Marathon - DR 3:30 '50s Movie - TR	1 10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	13 10:00 Morning Exercise - TR 2:00 Happy Hour - DR 3:00 Bible Study with Jim - TR	14 10:00 Morning Stretches - TR 1:30 College Football On Television - TR 2:30 Bingo Marathon - DR 4:00 Classic Movies - TR
Holidays January 5th: National Bird Day January 12th: National Hot Tea Day January 20th: National Cheese Lovers Day January 27th: Chocolate Cake Day	15 10:00 Morning Yoga - TR 11:00 Church Service on Television - TR 1:00 NFL Football On Television - TR 4:00 Current Events Social - DR	Martin Luther King Jr. Day 16 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 2:30 Bingo Marathon - DR 3:30 Group Jigsaw Puzzle - TR	17 10:00 Morning Stretches - TR 2:30 Table Games - DR 4:00 Local History Chat - DR	18 10:00 Morning Exercise - TR 11:00 Baking Club - DR 2:30 Bingo Marathon - DR 3:30 '40s Movie - TR	<ul> <li><sup>8</sup> 19</li> <li>10:00 Morning Yoga - TR</li> <li>2:30 Watercolor Painting - DR</li> <li>4:00 Card Club, Crossword</li> <li>Puzzles, and Word</li> <li>Searches - DR</li> </ul>	20 10:00 Morning Exercise - TR 10:00 Target Shopping Outing (Sign Up in Dining Room) 2:00 Happy Hour - DR 3:00 Bible Study with Jim - TR	21 10:00 Morning Stretches - TR 1:30 College Football On Television - TR 2:30 Bingo Marathon - DR 4:00 Classic Movies - TR
Locations TR = Theater Room DR = Dining Room A Quali-tea Joke Q: Why should you wear a blindfold whenever you brew tea? A: Because a watched pot never boils!	11:00 Church Service on Television - TR 1:00 NFL Football On Television - TR 4:00 Current Events Social - DR	10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 2:30 Bingo Marathon - DR 3:30 Group Jigsaw Puzzle - TR	10:00 Exercise With Darlene - TR 10:00 Morning Stretches - TR 2:30 Technology Class - DR 4:00 This is Your Life, Discussion - DR	25 10:00 Morning Exercise - TR 2:30 Bingo Marathon - DR 2:30 Resident Council Meeting - DR 3:30 '50s Movie - TR		27 10:00 Morning Exercise - TR 2:00 Happy Hour - DR 3:00 Bible Study with Jim - TR	28 10:00 Morning Stretches - TR 1:30 College Football On Television - TR 2:30 Bingo Marathon - DR 4:00 Classic Movies - TR
"There is no happiness like that of being loved by your fellow-creatures, and feeling that your presence is an addition to their comfort." —Charlotte Bronte Activities Subject to Change	29 10:00 Morning Yoga - TR 11:00 Church Service on Television - TR 1:00 NFL Football On Television - TR 4:00 Current Events Social - DR	30 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 2:30 Bingo Marathon - DR 3:30 Group Jigsaw Puzzle - TR	31 10:00 Morning Stretches - TR 2:30 Table Games - DR 4:00 Local History Chat - DR				







# A "Thank You" To All Who Participated in Our Christmas

Thank you, Zane, Transitions Hospice, Capital Office Products, Gifts for Grans, Weston Group, All Seasons, and Irmo Middle School, for helping to make our Christmas season as special as it was. We couldn't have done it without you.

## Honoring Africa

Home to more than 50 countries and around 2,000 distinct languages, Africa is a vibrant and diverse continent. The United Nations recognizes Jan. 24 as World Day for African and Afrodescendant Culture, celebrating the heritage and accomplishments of Africa's people.

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