

THE Harbison Shores Lifestyle



HARBISON SHORES
SENIOR LIVING AT EASE

Like Us!



ASSISTED LIVING COMMUNITY
990 Columbia Avenue · Irmo, SC 29206 · (803) 749-7889 · www.carolina-gardens.com

Hello From the Executive Director



The Management team and I are very humbled and honored that Harbison Shores has received the 2023 Best of Senior Living.

As I was thinking about March and St. Patrick's Day, St. Patrick's Servant Leadership came to mind. I think that each of us can relate to Servant Leadership characteristics; Listening, Empathy, Healing, Awareness, Persuasion, Conceptualization, Foresight, Commitment to the growth of people and building a community. At Harbison Shores we strive to include these 10 characteristics daily.

From our Harbison Shores family to yours, we are wishing you a month filled with good luck!

Elaine M. Till, NHA, CRCA
Executive Director

MARCH 2023

2023 Best of Senior Living Award

We are pleased to announce that "A Place For Mom" gave us "The Best Of Senior Living Award" based on our many positive reviews.



Brainteaser

Question: I have four wings but cannot fly. I never laugh and never cry. On the same spot, I'm always found, toiling away with little sound. What am I?

Answer: A windmill.

MARCH 2023

March Birthdays

There are no March resident birthdays.

Fun, Upcoming Holidays

March 1st: Peanut Butter Lover's Day

March 11th: Genealogy Day

March 17th: St. Patrick's Day

March 25th: International Waffle Day

Calendar Locations

TR = Theater Room
 DR = Dining Room

Spring Starts

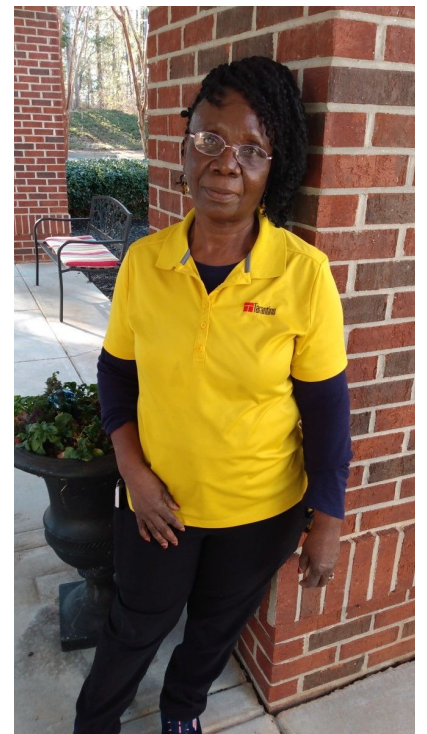
In the Northern Hemisphere, the spring equinox usually falls between March 19 and 21. This year, spring starts on March 20, and with it comes new beginnings. Take this opportunity to restart forgotten resolutions, begin a new journey you've been putting off or spruce up your home for a fresh feel.

"Magic is believing in yourself. If you can do that, you can make anything happen."
 —Johann Wolfgang von Goethe

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 Morning Exercise - TR 1:30 Gardening With Renee - DR 2:30 Bingo Marathon - DR 3:30 Broadway Movie and Discussion - TR	2 10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	3 10:00 Morning Exercise - TR 2:00 Happy Hour - DR 3:00 Bible Study with Jim - TR	4 10:00 Morning Stretches - TR 1:30 NBA/NHL On Television - TR 2:30 Bingo Marathon - DR 4:00 Classic Movies - TR
5 10:00 Morning Yoga - TR 11:00 Church Service on Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	6 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 2:30 Bingo Marathon - DR 3:30 Group Jigsaw Puzzle - TR	7 10:00 Morning Stretches - TR 2:00 Pictures for the Newsletters - DR 2:30 Table Games - DR 4:00 This is Your Life, Discussion - DR	8 10:00 Morning Exercise - TR 2:30 Bingo Marathon - DR 3:30 '50s Movie - TR	9 10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	10 10:00 Morning Exercise - TR 2:00 Happy Hour - DR 3:00 Bible Study with Jim - TR	11 10:00 Morning Stretches - TR 1:30 NBA/NHL On Television - TR 2:30 Bingo Marathon - DR 4:00 Classic Movies - TR
12 10:00 Morning Yoga - TR 11:00 Church Service on Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	13 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 2:30 Bingo Marathon - DR 3:30 Group Jigsaw Puzzle - TR	14 10:00 Dogs Come In To Be Pets - Lobby 10:00 Exercise With Darlene - TR 10:00 Morning Stretches - TR 2:30 Technology Class - DR 4:00 Local History Chat - DR	15 10:00 Morning Exercise - TR 11:00 Baking Club - DR 1:30 Gardening With Renee - DR 2:30 Bingo Marathon - DR 3:30 '40s Movie - TR	16 10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	17 10:00 Morning Exercise - TR 10:00 Target Shopping Outing (Sign Up in Dining Room) 2:00 St. Patrick's Day Party With Steve - DR 3:00 Bible Study with Jim - TR	18 10:00 Morning Stretches - TR 1:30 NBA/NHL On Television - TR 2:30 Bingo Marathon - DR 4:00 Classic Movies - TR
19 10:00 Morning Yoga - TR 11:00 Church Service on Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	20 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 2:30 Bingo Marathon - DR 3:30 Group Jigsaw Puzzle - TR	21 10:00 Morning Stretches - TR 2:30 Table Games - DR 4:00 This is Your Life, Discussion - DR	22 10:00 Morning Exercise - TR 2:30 Bingo Marathon - DR 2:30 Resident Council Meeting - DR 3:30 '50s Movie - TR	23 10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	24 10:00 Morning Exercise - TR 2:00 Happy Hour - DR 3:00 Bible Study with Jim - TR	25 10:00 Morning Stretches - TR 1:30 NBA/NHL On Television - TR 2:30 Bingo Marathon - DR 4:00 Classic Movies - TR
26 10:00 Morning Yoga - TR 11:00 Church Service on Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	27 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 2:30 Bingo Marathon - DR 3:30 Group Jigsaw Puzzle - TR	28 10:00 Exercise With Darlene - TR 10:00 Morning Stretches - TR 2:30 Technology Class - DR 4:00 Local History Chat - DR	29 10:00 Morning Exercise - TR 1:30 Gardening With Renee - DR 2:30 Bingo Marathon - DR	30 10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	31 10:00 Morning Exercise - TR 2:00 Happy Hour - DR 3:00 Bible Study with Jim - TR	



Employee of the Month



This month, we chose to honor Mamie Harmouch as our employee of the month. Mamie was born in West Africa, and loves to help people. She is a very caring person and is very faithful at her job. Mamie, we are grateful for you!

