

THE Harbison Shores Lifestyle



HARBISON SHORES
SENIOR LIVING AT EASE

Like Us!



ASSISTED LIVING COMMUNITY
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Hello From the Executive Director



When one thinks of Easter most of us celebrate by decorating eggs and putting out Easter baskets for the children.

What does the Egg symbolize at Easter?
New life, Rebirth and Fertility.

We are wishing each of you a wonderful holiday and beautiful spring filled with hope.

We are looking forward at Harbison Shores to enjoying the spring weather and flowers in our updated courtyards.

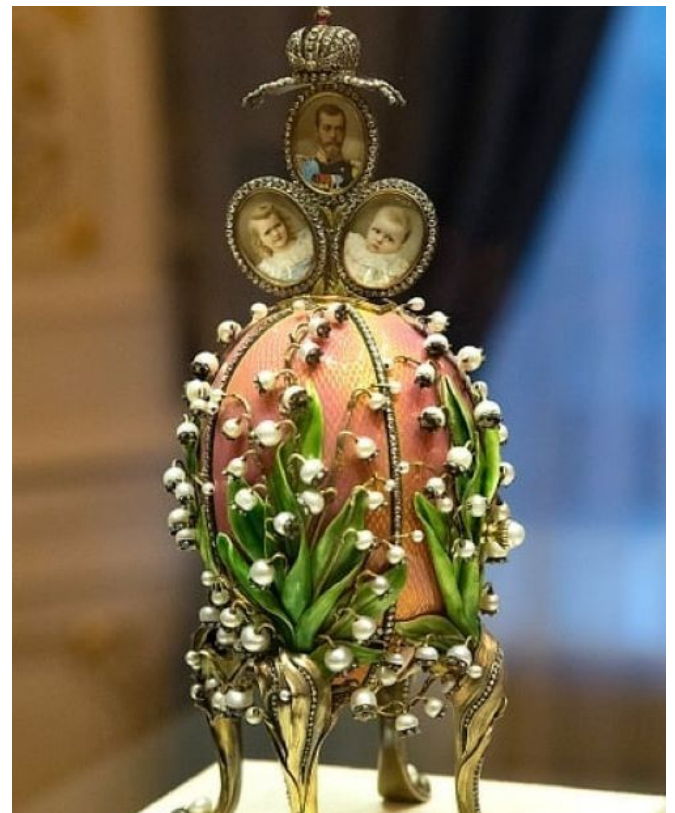
Elaine M. Till, NHA, CRCA
Executive Director

APRIL 2023

Fabergé Eggs

Czar Nicholas commissioned jeweler Peter Carl Fabergé to be the “goldsmith by special appointment to the imperial crown.” Fabergé was given free rein in the eggs’ designs. From a needlepoint motif to a delicate lattice, he did not hold back—not only was the outside of each an intricate work of art, but the insides were even more elaborate, with each containing a hidden surprise. Thus, the tradition of Easter eggs bearing gifts was born.

(Information from internet)



APRIL 2023

April Birthdays

JoAnn Gillespie: April 1st

Fun, Upcoming Holidays

April 5th: National Wildlife Week

April 12th: International Day of Human Space Flight

April 22nd: National Jelly Bean Day

April 27th: Babe Ruth Day

Calendar Locations

 TR = Theater Room
 DR = Dining Room

Friendly April Flowers

Folks with April birthdays can claim both daisies and sweet peas as their birth flower. The cheerful daisy and fragrant sweet pea both have strong connections to friendship, making them excellent choices for a birthday bouquet.

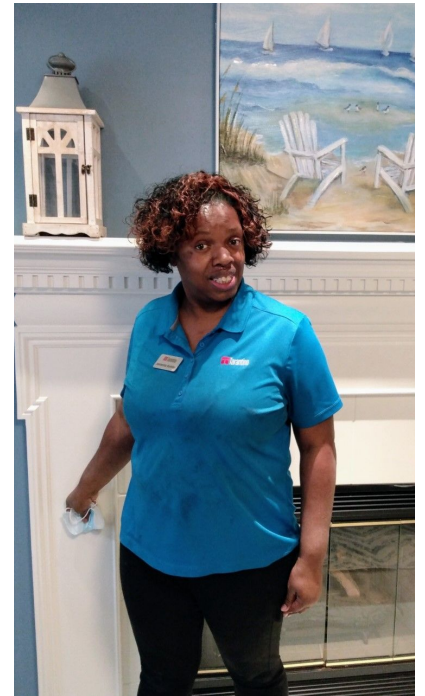
"The sky is always beautiful. Even when it's dark or rainy or cloudy, it's still beautiful to look at ... and it'll be there no matter what."
 —Colleen Hoover

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:00 Morning Stretches - TR 1:30 NBA/NHL On Television - TR 2:30 Bingo Marathon - DR 4:00 Classic Movies - TR
2 10:00 Morning Yoga - TR 11:00 Church Service on Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	3 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 2:30 Bingo Marathon - DR 3:30 Group Jigsaw Puzzle - TR	4 10:00 Morning Stretches - TR 2:00 Pictures for the Newsletters - DR 2:30 Table Games - DR 4:00 This is Your Life, Discussion - DR	5 10:00 Morning Exercise - TR 2:30 Bingo Marathon - DR 3:30 Broadway Movie and Discussion - TR	6 10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	7 10:00 Morning Exercise - TR 2:00 Easter Party - DR 3:00 Bible Study with Jim - TR	8 10:00 Morning Stretches - TR 1:30 NBA/NHL On Television - TR 2:30 Bingo Marathon - DR 4:00 Classic Movies - TR
9 10:00 Morning Yoga - TR 11:00 Church Service on Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	10 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 2:30 Bingo Marathon - DR 3:30 Group Jigsaw Puzzle - TR	11 10:00 Dogs Come In To Be Pet - Lobby 10:00 Exercise With Darlene - TR 2:30 Technology Class - DR 4:00 Local History Chat - DR	12 10:00 Morning Exercise - TR 1:30 Gardening With Renee - DR 2:30 Bingo Marathon - DR 3:30 '40s Movie - TR	13 10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	14 10:00 Morning Exercise - TR 2:00 Happy Hour - DR 3:00 Bible Study with Jim - TR	15 10:00 Morning Stretches - TR 1:30 NBA/NHL On Television - TR 2:30 Bingo Marathon - DR 4:00 Classic Movies - TR
16 10:00 Morning Yoga - TR 11:00 Church Service on Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	17 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 2:30 Bingo Marathon - DR 3:30 Group Jigsaw Puzzle - TR	18 10:00 Morning Stretches - TR 2:30 Table Games - DR 4:00 This is Your Life, Discussion - DR	19 10:00 Morning Exercise - TR 11:00 Baking Club - DR 2:30 Bingo Marathon - DR 3:30 '50s Movie - TR	20 10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	21 10:00 Morning Exercise - TR 10:00 Walmart Shopping Outing (Sign Up in Dining Room) 2:00 Happy Hour - DR 3:00 Bible Study with Jim - TR	22 10:00 Morning Stretches - TR 1:30 NBA/NHL On Television - TR 2:30 Bingo Marathon - DR 4:00 Classic Movies - TR
23 10:00 Morning Yoga - TR 11:00 Church Service on Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	24 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 2:30 Bingo Marathon - DR 3:30 Group Jigsaw Puzzle - TR	25 10:00 Exercise With Darlene - TR 2:30 Technology Class - DR 4:00 Local History Chat - DR	26 10:00 Morning Exercise - TR 1:30 Gardening With Renee - DR 2:30 Resident Council Meeting - DR	27 10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	28 10:00 Morning Exercise - TR 2:00 Happy Hour - DR 3:00 Bible Study with Jim - TR	29 10:00 Morning Stretches - TR 1:30 NBA/NHL On Television - TR 2:30 Bingo Marathon - DR 4:00 Classic Movies - TR
30 10:00 Morning Yoga - TR 11:00 Church Service on Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR						



Employee of the Month

This month, we are honoring Jennetta Sumter as our employee of the month. Jennetta is a loyal and hard worker, she does her job very well, and she is always willing to go above and beyond in order to help keep our community amazing. She is a family person who is passionate about raising her daughter well, and she loves going to see a good movie. Jennetta, we are so thankful for all that you do at Harbison Shores.



Quack-Quack Q&A

Answer true or false:

1. Ducklings are born with waterproof feathers.
2. Ducks can sleep with one eye open.
3. A duck's feet never get cold.
(Answers: 1. False; 2. True; 3. True)

