

# THE Harbison Shores Lifestyle



HARBISON SHORES  
SENIOR LIVING AT EASE

Like Us!



ASSISTED LIVING COMMUNITY  
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## Hello From the Executive Director



Mother's Day is an annual holiday celebrated worldwide to honor and appreciate mothers and mother figures for their love, sacrifices and contributions to our lives.

It originated in the US and is celebrated on the 2nd Sunday in May. In various cultures, children express love and gratitude through gifts, cards and acts of kindness.

(Internet)

Let's all remember those special women in our lives this year.

At Harbison Shores, we have many mothers and mother figures who we will be celebrating this May.

Elaine M. Till, NHA CRCA  
Executive Director

## MAY 2025

## Employee of the Month

This month, our activities assistant, Keionia, was chosen to be our employee of the month. Keionia is loved by both the residents and the staff, and she has such a delightful personality. She cherishes her job and she loves spending quality time with the residents. Keionia is married, has 5 children, and takes care of 2 of her nieces. It's an honor to have you here at Harbison Shores, Keionia!



## MAY 2025

### May Birthdays

May 6th - Rita Babbin-Roth  
May 3rd - John Wisley

### Upcoming Holidays

May 3rd - National Fitness Day  
May 11th - Mother's Day  
May 19th - Plant Something Day  
May 25th - Indianapolis 500

### Calendar Locations

TR = Theater Room  
DR = Dining Room

### A Welcome to Our New Residents

No new residents

### Wake-Up Call

Chewing gum not only freshens your breath, but it can also help fight off fatigue. A British study found that students who chewed gum remained more alert than those who didn't.

*"May is the month of expectation, the month of wishes, the month of hope."  
—Emily Bronte*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:00 Morning Yoga - TR 11:00 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR	2 10:00 Morning Walk 11:00 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social - DR	3 10:00 Coffee Social - DR 11:00 AM Snacks and Hydration - DR 1:30 Independent Supplies Available - See Med Tech 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
4 10:00 Current Events Social - DR 11:00 AM Snacks and Hydration - DR 1:30 Afternoon Movie - TR 3:00 Church Service - DR	5 10:30 Morning Meditation and Exercise - TR 11:00 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 1:30 Care Group - TR 3:00 Bingo Marathon - DR	6 11:00 AM Snacks and Hydration - DR 11:00 Music With Ron Rogers - TVR 11:00 Spa Time - DR 1:30 Exercise - TR 2:30 Snacks and Hydration - DR 3:00 Arts and Crafts - DR	7 10:00 John Gibbons Performs - MC 11:00 AM Snacks and Hydration - DR 11:00 Exercise - TR 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room	8 10:00 Morning Yoga - TR 11:00 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR	9 10:00 Morning Matinee - TR 11:00 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social - DR	10 10:00 Coffee Social - DR 11:00 AM Snacks and Hydration - DR 1:30 Independent Supplies Available - See Med Tech 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
11 10:00 Current Events Social - DR 11:00 AM Snacks and Hydration - DR 1:30 Afternoon Movie - TR 2:00 Service With Bishop Edson From The Universal Church - TVR 3:00 Church Service - DR	12 10:30 Morning Meditation and Exercise - TR 11:00 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 1:30 Care Group - TR 3:00 Bingo Marathon - DR	13 11:00 AM Snacks and Hydration - DR 11:00 Spa Time - DR 1:30 Gardening Club - DR 3:00 Arts and Crafts - DR 4:00 Social Hour - DR	14 10:00 John Gibbons Performs - MC 11:00 AM Snacks and Hydration - DR 2:00 Baking Club - DR 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room	15 10:00 Morning Yoga - TR 11:00 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR	16 10:00 Morning Walk 11:00 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social - DR	17 10:00 Coffee Social - DR 11:00 AM Snacks and Hydration - DR 1:30 Independent Supplies Available - See Med Tech 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
18 10:00 Current Events Social - DR 11:00 AM Snacks and Hydration - DR 1:30 Afternoon Movie - TR 3:00 Church Service - DR	19 10:30 Morning Meditation and Exercise - TR 11:00 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 1:30 Care Group - TR 3:00 Bingo Marathon - DR	20 11:00 AM Snacks and Hydration - DR 11:00 Music With Ron Rogers - TVR 11:00 Spa Time - DR 1:30 Exercise - TR 2:30 Resident Council Meeting - DR	21 10:00 John Gibbons Performs - MC 11:00 AM Snacks and Hydration - DR 11:00 Exercise - TR 3:00 Bingo Marathon - DR 4:00 Music With Skey - MC 6:00 Movie in Theater Room	22 10:00 Morning Yoga - TR 11:00 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR	23 10:00 Morning Matinee - TR 11:00 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social - DR	24 10:00 Coffee Social - DR 11:00 AM Snacks and Hydration - DR 1:30 Independent Supplies Available - See Med Tech 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
25 10:00 Current Events Social - DR 11:00 AM Snacks and Hydration - DR 1:30 Afternoon Movie - TR 2:00 Service With Bishop Edson From The Universal Church - TVR 3:00 Church Service - DR	26 Memorial Day 10:30 Morning Meditation and Exercise - TR 11:00 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 1:30 Care Group - TR 3:00 Bingo Marathon - DR	27 11:00 AM Snacks and Hydration - DR 11:00 Spa Time - DR 1:30 Gardening Club - DR 2:30 Meet the Chef - DR 3:30 Music With Steve McFaddin - DR	28 10:00 John Gibbons Performs - MC 11:00 AM Snacks and Hydration - DR 2:00 Baking Club - DR 3:00 Bingo Store - DR 4:00 Bring Your Best Jokes - DR 6:00 Movie in Theater Room	29 10:00 Morning Yoga - TR 11:00 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR	30 10:00 Morning Walk 11:00 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 2:00 Monthly Birthday Celebration - DR 3:00 Afternoon Social - DR	31 10:00 Coffee Social - DR 11:00 AM Snacks and Hydration - DR 1:30 Independent Supplies Available - See Med Tech 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR

