

THE Harbison Shores Lifestyle



HARBISON SHORES
SENIOR LIVING AT EASE

Like Us!



ASSISTED LIVING COMMUNITY
990 Columbia Avenue · Irmo, SC 29206 · (803) 749-7889 · www.carolina-gardens.com

JULY 2022

Employee of the Month



Hello From the Executive Director

Why do we celebrate the 4th of July? What does it mean? This day is significant in American History, as it marks the day the United States officially became its own nation. The Declaration of Independence was adopted on July 4th, 1776, and America was born.

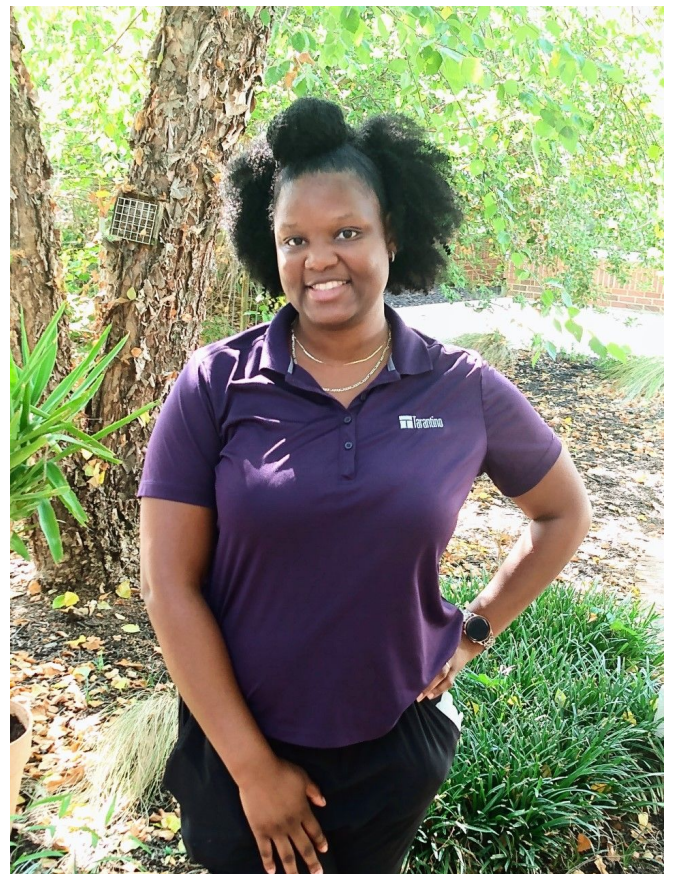
Today, modern Independence Day traditions stem from America's early independence celebrations. People would attend bonfires, concerts, firing cannons, and parades to celebrate their new nation.

Overtime, those traditions evolved and became the Independence Day traditions we know today.

Fireworks, barbecues, and a day at the lake or beach and good fellowship with friends and family.

At Harbison Shores, we will celebrate with the traditional foods and fellowship. From our Harbison Shores family to your family, have a safe and wonderful July 4th.

Elaine M. Till, NHA CRCA
Executive Director



Monique Robinson is our employee of the month. Monique has worked at Harbison Shores for about four years. She's always on time and faithful to her schedule, she does her job very well, and she has a very pleasant personality. Monique has two children (girls), and enjoys going to the beach. Thanks for all you do, Monique! We are grateful for you.

JULY 2022

About Irmo

The Town of Irmo began as a rural settlement around a water and refueling stop for trains traveling the Columbia, Newberry and Laurens Railroad. The town incorporated on December 24, 1890 and was named after two officials of the railroad- Mr. Iredell and Mr. Moseley. Irmo continued as a sleepy rural town until the development of several subdivisions in the late 1960s – early 1970s. The growth of the area proceeded at a steady pace until the late 1970s when the growth of the Irmo area spread, to some extent like “wildfire.” The 2000 Census for the Town of Irmo showed the population of the town had increased by 96% in the last ten years. The official population as of 2000 was 11,039, making Irmo the largest Lexington County municipality. (Courtesy of townofirmosc.com)

Resident Birthdays

Cynthia Hudson - July 3rd
 William Pollard - July 7th
 George Magruder - July 22nd
 Ruth Laroche - July 26th

“Like a welcome summer rain, humor may suddenly cleanse and cool the earth, the air, and you.”
 —Langston Hughes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10:00 Morning Exercise Upstairs 2:30 Music Program in the Dining Room 4:00 Gardening Club in the Courtyard	2 10:00 Morning Stretches Upstairs 2:30 Bingo in the Dining Room 4:00 Gardening Club in the Courtyard
3 10:00 Morning Yoga Upstairs 2:30 Current Events Social	4 Happy Fourth of July! 10:00 Morning Exercise Upstairs 2:30 Bingo in the Dining Room 4:00 Gardening Club in the Courtyard	5 10:00 Morning Stretches Upstairs 10:00 Table Games in the Dining Room 4:00 Share Your Life Story, in the Dining Room	6 10:00 Morning Exercise Upstairs 2:30 Bingo in the Dining Room 4:00 Gardening Club in the Courtyard	7 10:00 Morning Yoga Upstairs 2:30 Afternoon Movie Upstairs	8 10:00 Morning Exercise Upstairs 2:30 Music Program in the Dining Room 4:00 Gardening Club in the Courtyard	9 10:00 Morning Stretches Upstairs 2:30 Bingo in the Dining Room 4:00 Gardening Club in the Courtyard
10 10:00 Morning Yoga Upstairs 2:30 Current Events Social	11 10:00 Morning Exercise Upstairs 2:30 Bingo in the Dining Room 4:00 Gardening Club in the Courtyard	12 10:00 Morning Stretches Upstairs 10:00 Table Games in the Dining Room 4:00 Share Your Life Story, in the Dining Room	13 10:00 Morning Exercise Upstairs 2:30 Bingo in the Dining Room 4:00 Gardening Club in the Courtyard	14 10:00 Morning Yoga Upstairs 2:30 Afternoon Movie Upstairs	15 10:00 Morning Exercise Upstairs 2:30 Music Program in the Dining Room 4:00 Gardening Club in the Courtyard	16 10:00 Morning Stretches Upstairs 2:30 Bingo in the Dining Room 4:00 Gardening Club in the Courtyard
17 10:00 Morning Yoga Upstairs 2:30 Current Events Social	18 10:00 Morning Exercise Upstairs 2:30 Bingo in the Dining Room 4:00 Gardening Club in the Courtyard	19 10:00 Morning Stretches Upstairs 10:00 Table Games in the Dining Room 4:00 Share Your Life Story, in the Dining Room	20 10:00 Morning Exercise Upstairs 2:30 Bingo in the Dining Room 4:00 Gardening Club in the Courtyard	21 10:00 Morning Yoga Upstairs 1:00 Outdoor Fun Day 2:30 Afternoon Movie Upstairs	22 10:00 Morning Exercise Upstairs 2:30 Music Program in the Dining Room 4:00 Gardening Club in the Courtyard	23 10:00 Morning Stretches Upstairs 2:30 Bingo in the Dining Room 4:00 Gardening Club in the Courtyard
24 10:00 Morning Yoga Upstairs 2:30 Current Events Social	25 10:00 Morning Exercise Upstairs 2:30 Bingo in the Dining Room 4:00 Gardening Club in the Courtyard	26 10:00 Morning Stretches Upstairs 10:00 Table Games in the Dining Room 4:00 Share Your Life Story, in the Dining Room	27 10:00 Morning Exercise Upstairs 2:30 Bingo in the Dining Room 4:00 Gardening Club in the Courtyard	28 10:00 Morning Yoga Upstairs 2:30 Afternoon Movie Upstairs	29 10:00 Morning Exercise Upstairs 2:30 Music Program in the Dining Room 4:00 Gardening Club in the Courtyard	30 10:00 Morning Stretches Upstairs 2:30 Bingo in the Dining Room 4:00 Gardening Club in the Courtyard
31 10:00 Morning Yoga Upstairs 2:30 Current Events Social						



Laugh Lines: 'Seas' the Moment

Soak in some fun with these water witticisms:

Jill: "What's your favorite beach?"

Joe: "It's a beach in California."

Jill: "California has a lot of beaches. Could you be more Pacific?"

Two men rented a canoe and went fishing in a remote part of a lake. Admiring their day's big catch, one of the men said, "We need to mark this spot!" The other man took out his pocketknife and began carving a big X in the bottom of the canoe. "What are you doing?" yelled the first man. His buddy explained, "I'm marking our spot, like you said!" "That doesn't make any sense! How do you know we'll get the same canoe next time?!"

A geology professor's former student returned to campus one day with a gift for her teacher, a unique soil sample she'd collected from a faraway river. Upon receiving the gift, the professor replied, "I appreciate the sediment."

Q: Why did the teacher dive into the lake?

A: She wanted to test the water.

Q: What did the tide pool say to the other tide pool?

A: Show me your mussels.

Q: What keeps a dock floating above water?

A: Pier pressure.

Q: Why is the ocean always on time?

A: It likes to stay current.

By the Sea

The ocean is full of wonder and delight. Look back at your experiences with the sea.

- Have you been to the ocean? When and where was your first visit? If you've traveled to the seashore more than once, do you have a favorite location?
- If you've never seen the ocean, would you like to? Why or why not?
- Did you or anyone you know have a job that involved being at the shore or at sea? Share those experiences.
- There are many leisure activities enjoyed at the beach, from swimming to surfing to simply relaxing. What have been your favorites?
- Did you ever visit a pier, boardwalk, lighthouse or other coastal attraction?
- Have you collected shells from a beach? What about sand dollars or sea glass? Has anyone brought you these as souvenirs from their travels?
- Do you have any beach-related décor in your home? Are there any stories behind the items?
- Many people are fond of marine animals. What are some of your favorites? Have you seen any up close, whether in the wild or at an aquarium? Is there a particular aquatic animal you'd like to see in person someday?
- Crashing waves, calling seagulls and singing whales can be relaxing. Do you like to listen to ocean sounds?
- Many books, movies and TV shows are about adventures on the high seas. What are some nautical stories that you enjoy?
- Do you have any favorite songs about the ocean or being at the beach?

'Gal' Is One

How many words can you come up with using the letters in "sunglasses"?

