

# THE Harbison Shores Lifestyle



HARBISON SHORES  
SENIOR LIVING AT EASE

Like Us!



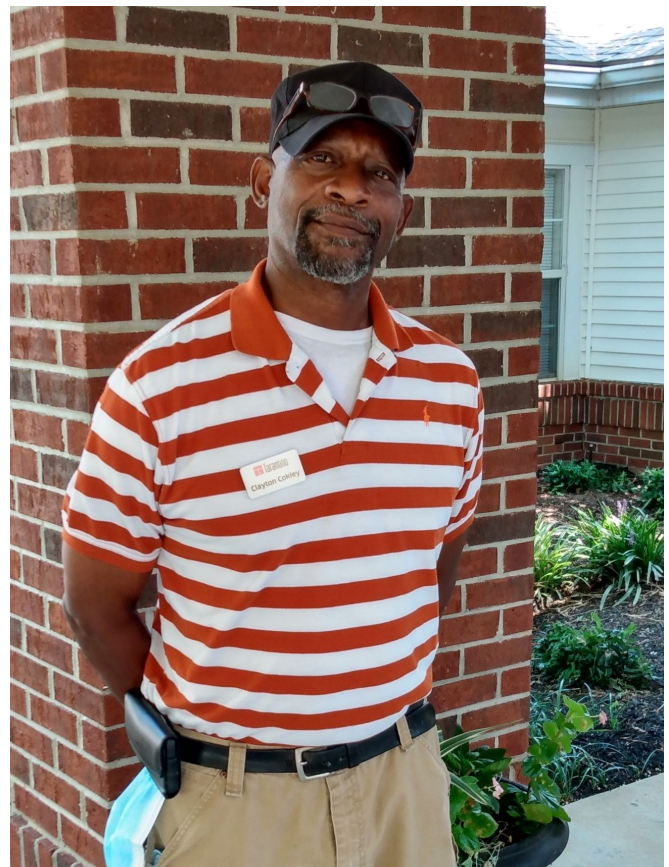
ASSISTED LIVING COMMUNITY  
990 Columbia Avenue · Irmo, SC 29206 · (803) 749-7889 · [www.carolina-gardens.com](http://www.carolina-gardens.com)

## Hello From the Executive Director



Hello, From the Executive Director  
It seems like this summer has flown by and now we are celebrating Labor Day. Every Year Labor Day is recognized on the first Monday of September. I would like to give a shout out to all of our employees for their compassionate care and patience when caring for the residents at Harbison Shores.  
Happy Labor Day  
Elaine Till, NHA, CRCA  
Executive Director

## SEPTEMBER 2023



We are so thankful for the over ten years of hard work that our maintenance director, Clay Cokley, has given to our community. With that being said, he has chosen to retire, and he will be greatly missed by us all. Clay is a nice man, he loves our residents, and he has been a faithful part of this community for so many years. Clay, we wish you the absolute best on your journey, and thank you for your investment here. We have hired a man to fill Clay's position, and we will introduce him to you after he gets situated.

# SEPTEMBER 2023

## September Birthdays

Connie Bickley: September 3rd  
 Richard Jackson: September 16th  
 Pat Nugent: September 17th  
 John Brockman: September 29th

## Fun Upcoming Holidays

September 2nd: World Coconut Day  
 September 11th: Patriot Day  
 September 20th: National Fried Rice Day  
 September 23rd: National Checkers Day

## Calendar

## Locations

TR = Theater Room  
 DR = Dining Room

## Brainteaser

Question: My voice is tender, my waist is slender and I'm often invited to play. Yet wherever I go, I must take my bow, or else I have nothing to say. What am I?  
 Answer: A violin.

**"Be curious always!  
 For knowledge will not acquire you;  
 you must acquire it."  
 —Sudie Back**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10:00 Morning Exercise - TR 12:00 Labor Day Cookout - DR 2:00 Happy Hour - DR 4:00 Bible Study with Jim - TR	2 10:00 Morning Stretches - TR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
3 10:00 Morning Yoga - TR 11:00 Church Service On Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	4 Labor Day 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 1:30 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	5 10:00 Morning Stretches - TR 1:30 Gardening With Renee - DR 2:00 Pictures for the Newsletters - DR 4:00 This is Your Life, Discussion - DR	6 10:00 Morning Exercise - TR 1:30 Table Games - DR 3:00 Bingo Marathon - DR 4:00 Broadway Movie and Discussion - TR	7 10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	8 10:00 Morning Exercise - TR 2:00 Happy Hour - DR 4:00 Bible Study with Jim - TR	9 10:00 Morning Stretches - TR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
10 10:00 Morning Yoga - TR 11:00 Church Service On Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	11 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 1:30 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	12 10:00 Dogs Come To Be Petted - Lobby 10:00 Exercise With Darlene - TR 2:30 Technology Class - DR 4:00 Local History Chat - DR	13 10:00 Morning Exercise - TR 11:00 Baking Club - DR 3:00 Bingo Marathon - DR 4:00 '40s Movie - TR	14 10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	15 10:00 Morning Exercise - TR 2:00 Happy Hour - DR 4:00 Bible Study with Jim - TR	16 10:00 Morning Stretches - TR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
17 10:00 Morning Yoga - TR 11:00 Church Service On Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	18 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 1:30 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	19 10:00 Morning Stretches - TR 11:00 CV Fashion Store Sets Up - Lobby 1:30 Gardening With Renee - DR 2:30 Resident Council Meeting - DR 4:00 This is Your Life, Discussion - DR	20 10:00 Scenic Drive Outing - Sign Up 1:30 Table Games - DR 3:00 Bingo Marathon - DR 4:00 '50s Movie - TR	21 10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	22 10:00 Morning Exercise - TR 2:00 Happy Hour - DR 4:00 Bible Study with Jim - TR	23 10:00 Morning Stretches - TR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
24 10:00 Morning Yoga - TR 11:00 Church Service On Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	25 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 1:30 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	26 10:00 Exercise With Darlene - TR 2:30 Technology Class - DR 4:00 Local History Chat - DR	27 10:00 Morning Exercise - TR 3:00 Bingo Marathon - DR 4:00 Bring Your Best Jokes - DR	28 10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	29 10:00 Morning Exercise - TR 2:00 Happy Hour - DR 4:00 Bible Study with Jim - TR	30 10:00 Morning Stretches - TR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR



## Employee of the Month

This month, we are recognizing Mershida Tihpen as our employee of the month. Mershida is a loyal and hard worker, and she always displays peace and kindness to the residents and staff. We are so blessed to have Mershida as a valuable part of our team.

## Sporty September

September marks the beginning of the NFL season, and the MLB season is nearing an exciting end. Two of the most popular sports in America, football and baseball share just one person in their halls of fame: Cal Hubbard, who was a linebacker for three NFL teams and spent 16 seasons as an MLB umpire.

