

# THE Harbison Shores Lifestyle



HARBISON  
SHORES  
SENIOR LIVING AT EASE

Like Us!



ASSISTED LIVING COMMUNITY

990 Columbia Avenue • Irmo, SC 29206 • (803) 749-7889 • [www.carolina-gardens.com](http://www.carolina-gardens.com)

## Hello From the Executive Director

This month we will be celebrating National Assisted Living Week September 7th through the 13th. The theme this year is "Ageless Adventure." We will start off the week on September 7th, which is also Grandparents Day, to honor all the grandparents.

We will be having different activities each day to celebrate Assisted Living Week.

We are looking forward to many adventures during this month at Harbison Shores.

Elaine Till, CRCA, NHA  
Executive Director



## SEPTEMBER 2025

## Employee of the Month

We are so happy to announce Monique Robinson, our employee of the month. Monique works as a med-tech on our first shift, and she is a solid rock in the community. She is reliable, punctual, knowledgeable, and all-around good at her job. We are so thankful to have Monique here at Harbison Shores.



SEPTEMBER  
2025

September  
Birthday

John Brockman 9/29

Upcoming  
Holidays

September 4th - National  
Wildlife Day  
September 12th - National  
Chocolate Milkshake Day  
September 18th - Air Force  
Day  
September 25th - National  
Cooking Day

Calendar  
Locations

TR = Theater Room  
DR = Dining Room

A Welcome to  
Our New  
Residents

Jean Hollins

Brainteaser

Question: I appear once in  
summer and twice in autumn,  
but I don't appear in any  
other season of the year.  
What am I?  
Answer: The letter U.

“Some people look for a  
beautiful place. Others make  
a place beautiful.”  
—Hazrat Inayat Khan

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<div>Labor Day<sup>1</sup></div> <div>10:30 Morning Meditation and Exercise - TR</div> <div>11:00 AM Snacks and Hydration - DR</div> <div>1:00 Group Jigsaw Puzzle - TR</div> <div>1:30 Care Group - TR</div> <div>3:00 Bingo Marathon - DR</div>	<div><sup>2</sup></div> <div>11:00 AM Snacks and Hydration - DR</div> <div>11:00 Music With Ron Rogers - TVR</div> <div>11:00 Spa Time - DR</div> <div>1:30 Gardening Club - DR</div> <div>2:30 Snacks and Hydration - DR</div> <div>3:00 Arts and Crafts - DR</div> <div>4:00 Social Hour - DR</div>	<div><sup>3</sup></div> <div>10:00 John Gibbons Performs - MC</div> <div>11:00 AM Snacks and Hydration - DR</div> <div>2:00 Baking Club - DR</div> <div>3:00 Bingo Marathon - DR</div> <div>6:00 Movie in Theater Room</div>	<div><sup>4</sup></div> <div>10:00 Morning Yoga - TR</div> <div>11:00 AM Snacks and Hydration - DR</div> <div>2:00 Arts and Crafts - DR</div>	<div><sup>5</sup></div> <div>10:00 Morning Walk</div> <div>11:00 AM Snacks and Hydration - DR</div> <div>11:00 Bible Study with Jim - DR</div> <div>2:00 Happy Hour - DR</div> <div>3:00 Afternoon Social - DR</div>	<div><sup>6</sup></div> <div>10:00 Coffee Social - DR</div> <div>11:00 AM Snacks and Hydration - DR</div> <div>1:30 Independent Supplies Available - See Med Tech</div> <div>3:00 Bingo Marathon - DR</div> <div>4:00 Classic Movies - TR</div>
<div>Grandparents Day<sup>7</sup></div> <div>10:00 Current Events Social - DR</div> <div>11:00 AM Snacks and Hydration - DR</div> <div>1:30 Afternoon Movie - TR</div> <div>3:00 Church Service - DR</div>	<div><sup>8</sup></div> <div>Assisted Living Week Celebration (Specifics Will Be Handed Out)</div> <div>10:30 Morning Meditation and Exercise - TR</div> <div>11:00 AM Snacks and Hydration - DR</div> <div>1:00 Group Jigsaw Puzzle - TR</div> <div>1:30 Care Group - TR</div> <div>3:00 Bingo Marathon - DR</div>	<div><sup>9</sup></div> <div>Assisted Living Week Celebration (Specifics Will Be Handed Out)</div> <div>11:00 AM Snacks and Hydration - DR</div> <div>11:00 Spa Time - DR</div> <div>1:30 Exercise - TR</div> <div>3:00 Arts and Crafts - DR</div>	<div><sup>10</sup></div> <div>Assisted Living Week Celebration (Specifics Will Be Handed Out)</div> <div>10:00 John Gibbons Performs - MC</div> <div>11:00 AM Snacks and Hydration - DR</div> <div>11:00 Exercise - TR</div> <div>3:00 Bingo Marathon - DR</div> <div>6:00 Movie in Theater Room</div>	<div><sup>11</sup></div> <div>Assisted Living Week Celebration (Specifics Will Be Handed Out)</div> <div>10:00 Morning Yoga - TR</div> <div>11:00 AM Snacks and Hydration - DR</div> <div>2:00 Arts and Crafts - DR</div>	<div><sup>12</sup></div> <div>Assisted Living Week Celebration (Specifics Will Be Handed Out)</div> <div>10:00 Morning Matinee - TR</div> <div>11:00 AM Snacks and Hydration - DR</div> <div>11:00 Bible Study with Jim - DR</div> <div>2:00 Happy Hour - DR</div> <div>3:00 Afternoon Social - DR</div>	<div><sup>13</sup></div> <div>10:00 Coffee Social - DR</div> <div>11:00 AM Snacks and Hydration - DR</div> <div>1:30 Independent Supplies Available - See Med Tech</div> <div>3:00 Bingo Marathon - DR</div> <div>4:00 Classic Movies - TR</div>
<div><sup>14</sup></div> <div>10:00 Current Events Social - DR</div> <div>11:00 AM Snacks and Hydration - DR</div> <div>1:30 Afternoon Movie - TR</div> <div>2:00 Service With Bishop Edson From The Universal Church - TVR</div> <div>3:00 Church Service - DR</div>	<div><sup>15</sup></div> <div>10:30 Morning Meditation and Exercise - TR</div> <div>11:00 AM Snacks and Hydration - DR</div> <div>1:00 Group Jigsaw Puzzle - TR</div> <div>1:30 Care Group - TR</div> <div>3:00 Bingo Marathon - DR</div>	<div><sup>16</sup></div> <div>11:00 AM Snacks and Hydration - DR</div> <div>11:00 Music With Ron Rogers - TVR</div> <div>11:00 Spa Time - DR</div> <div>1:30 Gardening Club - DR</div> <div>2:30 Resident Council Meeting - DR</div> <div>4:00 Social Hour - DR</div>	<div><sup>17</sup></div> <div>10:00 John Gibbons Performs - MC</div> <div>11:00 AM Snacks and Hydration - DR</div> <div>2:00 Baking Club - DR</div> <div>3:00 Bingo Marathon - DR</div> <div>4:00 Bring Your Best Jokes - DR</div> <div>6:00 Movie in Theater Room</div>	<div><sup>18</sup></div> <div>10:00 Morning Yoga - TR</div> <div>11:00 AM Snacks and Hydration - DR</div> <div>2:00 Arts and Crafts - DR</div>	<div><sup>19</sup></div> <div>10:00 Morning Walk</div> <div>11:00 AM Snacks and Hydration - DR</div> <div>11:00 Bible Study with Jim - DR</div> <div>2:00 Happy Hour - DR</div> <div>3:00 Afternoon Social - DR</div>	<div><sup>20</sup></div> <div>10:00 Coffee Social - DR</div> <div>11:00 AM Snacks and Hydration - DR</div> <div>1:30 Independent Supplies Available - See Med Tech</div> <div>3:00 Bingo Marathon - DR</div> <div>4:00 Classic Movies - TR</div>
<div><sup>21</sup></div> <div>10:00 Current Events Social - DR</div> <div>11:00 AM Snacks and Hydration - DR</div> <div>1:30 Afternoon Movie - TR</div> <div>3:00 Church Service - DR</div>	<div><sup>22</sup></div> <div>10:30 Morning Meditation and Exercise - TR</div> <div>11:00 AM Snacks and Hydration - DR</div> <div>1:00 Group Jigsaw Puzzle - TR</div> <div>1:30 Care Group - TR</div> <div>3:00 Bingo Marathon - DR</div>	<div><sup>23</sup></div> <div>11:00 AM Snacks and Hydration - DR</div> <div>11:00 Spa Time - DR</div> <div>1:30 Exercise - TR</div> <div>2:30 Crocheting and Knitting Class - DR</div> <div>2:30 Meet the Chef - DR</div>	<div><sup>24</sup></div> <div>10:00 John Gibbons Performs - MC</div> <div>11:00 AM Snacks and Hydration - DR</div> <div>11:00 Exercise - TR</div> <div>2:45 Bingo Store - DR</div> <div>4:00 Music With Skey - MC</div> <div>6:00 Movie in Theater Room</div>	<div><sup>25</sup></div> <div>10:00 Morning Yoga - TR</div> <div>11:00 AM Snacks and Hydration - DR</div> <div>2:00 Arts and Crafts - DR</div>	<div><sup>26</sup></div> <div>10:00 Morning Matinee - TR</div> <div>11:00 AM Snacks and Hydration - DR</div> <div>11:00 Bible Study with Jim - DR</div> <div>2:00 Happy Hour - DR</div> <div>2:00 Monthly Birthday Celebration - DR</div> <div>3:00 Afternoon Social - DR</div>	<div><sup>27</sup></div> <div>10:00 Coffee Social - DR</div> <div>11:00 AM Snacks and Hydration - DR</div> <div>1:30 Independent Supplies Available - See Med Tech</div> <div>3:00 Bingo Marathon - DR</div> <div>4:00 Classic Movies - TR</div>
<div><sup>28</sup></div> <div>10:00 Current Events Social - DR</div> <div>11:00 AM Snacks and Hydration - DR</div> <div>1:30 Afternoon Movie - TR</div> <div>2:00 Service With Bishop Edson From The Universal Church - TVR</div> <div>3:00 Church Service - DR</div>	<div><sup>29</sup></div> <div>10:30 Morning Meditation and Exercise - TR</div> <div>11:00 AM Snacks and Hydration - DR</div> <div>1:00 Group Jigsaw Puzzle - TR</div> <div>1:30 Care Group - TR</div> <div>3:00 Bingo Marathon - DR</div>	<div><sup>30</sup></div> <div>11:00 AM Snacks and Hydration - DR</div> <div>11:00 Spa Time - DR</div> <div>1:30 Gardening Club - DR</div> <div>4:00 Social Hour - DR</div>				





We are so grateful for how Brenda and Ethel love to bless our employees' children with back-to-school supplies. They do this with their own funds, simply out of the goodness of their hearts.



The fried chicken at Harbison Shores is amazingly good. We joke around about it being one of the best hidden secrets of Irmo.