

Festive Fall Crafts

Let nature bring a touch of autumn to your space with these fun and easy crafts:

Door Décor — Combine leaves, acorns and miniature pumpkins to make a show stopping wreath for your door. Glue the items to a ready-made grapevine or straw wreath, or wrap a foam wreath with burlap or plaid fabric for a cozy, rustic look.

Pumpkin Planter — Cut the top off a real or artificial pumpkin and fill it with a houseplant, fall mums or a bouquet of other blooms. Mini pumpkins can hold small succulents or battery-operated tea lights.

Festive Foliage — Gather fallen leaves in rich hues of red, orange and yellow, or buy artificial leaves at a craft store. String them together using a needle and thread or fishing line. Hang the garland over a doorway or window.

Artsy Acorns — Collect or purchase acorns, then paint the seed portion of each one leaving its brown cap natural. Choose paint colors to reflect a theme: Traditional fall tones, metallic shades for some sparkle, or neon colors for frighteningly good fun! Once dry, display the acorns in a bowl or vase.

Employee of the Month

Congratulations to Christel Kinley! She is our Employee of the Month for October. Christel is a Medication Tech with us and has worked within senior living communities for 19 years. She stands out as an exceptional staff member due to her punctuality, customer service, and ability to work as a team. Christel's favorite place to work is Memory Care because there is never a dull moment. She is a very hard worker and a team player. Although she has not been here long, she fits right into our team and helps us run like a well-oiled machine. Thank you for all of your hard work and dedication to Harbison Shores!



Memorable Halloween Themed Quotes

1. "Each year, the Great Pumpkin rises out of the pumpkin patch that he thinks is the most sincere."
-Charles M. Schulz, "It's the Great Pumpkin, Charlie Brown"
2. "Find the thing that must be read, lest your heart be filled with dread."
-Madame Leota, "The Haunted Mansion"
3. "Believe nothing you hear, and only one half that you see."
-Edgar Allan Poe
4. "The universe is full of magical things patiently waiting for our wits to grow sharper."
-Eden Phillpots
5. "Never trust anything that can think for itself if you can't see where it keeps its brain."
-J.K. Rowling



THE Harbison Shores Lifestyle



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OCTOBER 2021

Hello From the Administrator

It is hard to believe that October is here. We are looking forward to cooler weather. We are so fortunate at Harbison Shores to have beautiful courtyards and areas for our residents to enjoy the early fall weather. Nothing like being outside and fresh air to rejuvenate everyone. Our Caregivers walk with the residents around our beautiful community.



Due to Covid restrictions, our Halloween Celebration will be different this year. We are going to have input from all of our staff, and they will participate with the residents with our Halloween Party. Since Halloween is on Sunday, we will be celebrating on the Friday before this year.

Our Dietary staff will be serving food in season such as apples, pumpkins, squash along with our regular menu.

We have other great ideas planned to enhance the lives of our Harbison Shores' residents.

We are looking forward to a great fall.

Best Wishes

Elaine M. Till

Executive Director

Why Pumpkins Are Used for Halloween

Originally, pumpkin carving began in Ireland. Long before America was colonized by Europe, Irish people were carving scary faces into food that was readily available such as potatoes, turnips and even beets. This tradition spread and as early as the 1600s when Irish and European travelers started to settle in the United States. Pumpkins were readily available in America and were soon found to be much better for carving, so they were used instead.

The very first Jack O' Lanterns were made with fall harvest pumpkins, hallowed out to make lanterns that would light up the windows and doors scaring off any evil or bad spirits.



OCTOBER 2021

Locations

- Activity Room, Memory Care, ARMC
- Outing, O
- TV Room, Memory Care, TVMC
- Villas, Upstairs Gathering Place, VUGP
- Villas, Dining Room, VDR

Birthdays

- Bruce Todd, 14th
- Marian Faile, 19th
- Elease Brown, 27th

"A smile is a curve that sets everything straight."

—Phyllis Diller

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
9:15 Bowling and Outdoor Games, VDR 3	8:15 Morning Exercise, VDR 4	8:15 Morning Exercise, VDR 5	10:15 Morning Yoga, VUGP 6	8:15 Morning Exercise, VDR 7	8:15 Morning Exercise, VDR 1	10:30 Individual Snack Social 2
10:30 Individual Snack Social	10:30 Individual Snack Social	9:15 TED Talk, VDR	10:30 Individual Snack Social	10:00 Weekly Trivia, VDR	9:30 Some Good News: Self-Directed, VUGP	1:30 Afternoon Walk, O
11:00 TV Church Service, Chan 9, VUGP	11:00 Daily Devotional Discussion, VUGP	10:30 Individual Snack Social	2:30 Afternoon Snack	10:30 Individual Snack Social	10:30 Individual Snack Social	2:30 Afternoon Snack
2:30 Afternoon Snack	2:30 Afternoon Snack	10:30 Knitting Circle, VUGP	2:30 Meditation, VUGP	11:00 Bible Study, VUGP	10:30 Individual Snack Social	3:00 Song Trivia, VDR
	2:30 Merlot Monday, VDR	2:00 Book Club, VUGP	3:00 Board Games and Bingo, VDR	2:30 Afternoon Snack	2:30 Afternoon Snack	6:00 Cinema Saturday, VUGP
	3:00 Board Games and Bingo, VDR	2:30 Hymns and Snacks, VDR		3:00 Board Games and Bingo, VDR		
9:15 Bowling and Outdoor Games, VDR 10	COLUMBUS DAY 11		10:15 Morning Yoga, VUGP 13	8:15 Morning Exercise, VDR 14	8:15 Morning Exercise, VDR 15	10:30 Individual Snack Social 16
10:30 Individual Snack Social	8:15 Morning Exercise, VDR	8:15 Morning Exercise, VDR 12	10:30 Individual Snack Social	10:00 Weekly Trivia, VDR	9:30 Some Good News: Self-Directed, VUGP	1:30 Afternoon Walk, O
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9:15 Bowling and Outdoor Games, VDR 17	8:15 Morning Exercise, VDR 18	8:15 Morning Exercise, VDR 19	10:15 Morning Yoga, VUGP 20	8:15 Morning Exercise, VDR 21	8:15 Morning Exercise, VDR 22	10:30 Individual Snack Social 23
10:30 Individual Snack Social	10:30 Individual Snack Social	9:15 TED Talk, VDR	10:30 Individual Snack Social	10:00 Weekly Trivia, VDR	9:30 Some Good News: Self-Directed, VUGP	1:30 Afternoon Walk, O
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9:15 Bowling and Outdoor Games, VDR 24	8:15 Morning Exercise, VDR 25	8:15 Morning Exercise, VDR 26	10:15 Morning Yoga, VUGP 27	8:15 Morning Exercise, VDR 28	8:15 Morning Exercise, VDR 29	10:30 Individual Snack Social 30
10:30 Individual Snack Social	10:30 Individual Snack Social	9:15 TED Talk, VDR	10:30 Individual Snack Social	10:00 Weekly Trivia, VDR	9:30 Some Good News: Self-Directed, VUGP	1:30 Afternoon Walk, O
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	2:30 Merlot Monday, VDR	2:00 Book Club, VUGP	3:00 Board Games and Bingo, VDR	2:30 Afternoon Snack	2:00 Happy Hour	6:00 Cinema Saturday, VUGP
	3:00 Board Games and Bingo, VDR	2:30 Hymns and Snacks, VDR		3:00 Board Games and Bingo, VDR		
HALLOWEEN 31						
9:15 Bowling and Outdoor Games, VDR						
10:30 Individual Snack Social						
11:00 TV Church Service, Chan 9, VUGP						
2:30 Afternoon Snack						