

THE Harbison Shores Lifestyle



HARBISON SHORES
SENIOR LIVING AT EASE

Like Us!



ASSISTED LIVING COMMUNITY
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OCTOBER 2022

Employee of the Month

This month, Brianna Ginn is our employee of the month. Brianna mainly works in the villa as a med-technician. She has a wonderful personality, and she's always willing to help in any way possible to ensure that the community is operating as it should. Brianna does excellent work here, and we are so thankful to have her as a part of our team.

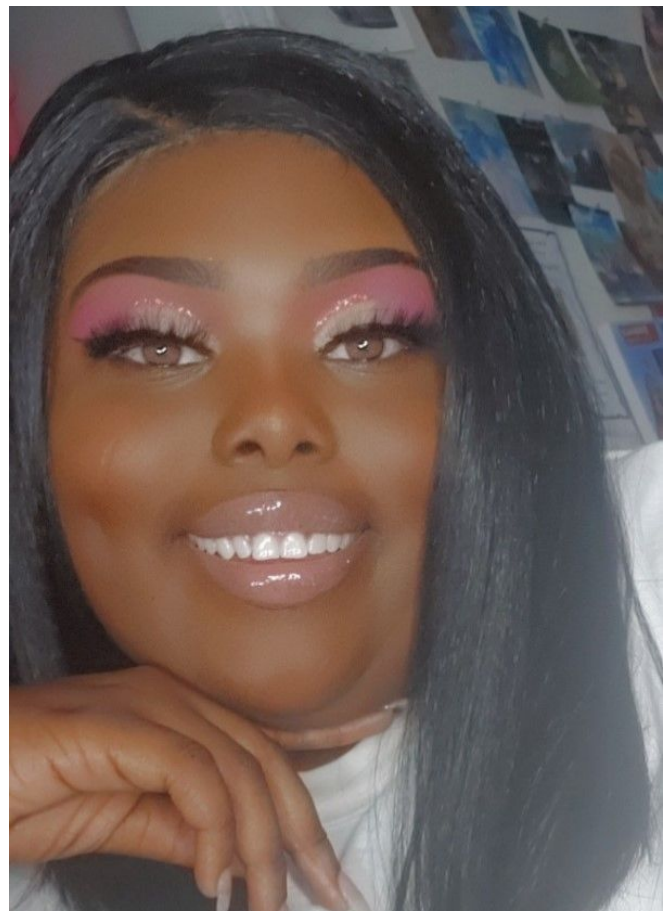


Hello From the Executive Director

During October we think of Halloween. But there are misconceptions about the meaning of Halloween. Why do we dress up in costumes? Halloween has its roots in the Celtic festival of Samhain. Samhain was the traditional end of summer and the beginning of the long cold season. The Celts would dress in costume which is where we get the modern tradition of dressing up and celebrating. At Harbison Shores our staff and residents will be celebrating Halloween. We will be painting pumpkins, decorating, and enjoying that special Halloween candy.
Elaine Till, NHA CRCA
Executive Director

Brainteaser

Question: What kind of ball can be rolled, but never bounced or thrown?
Answer: An eyeball!



OCTOBER 2022

October Birthdays

Helen Rivers 10/2
 Marie Isert 10/8
 Marian Faile 10/19

Fun Upcoming Holidays

October 4th: National Gold Day
 October 14th: National Dessert Day
 October 21st: International Nacho Day
 October 25th: World Opera Day

Calendar Locations

TR = Theater Room
 DR = Dining Room

Nibble and Sip

Cheese with sliced apples, or even a slice of apple pie, is a classic pairing. Apply this same logic when sipping on apple cider. Foodies suggest brie, cheddar, gouda and blue cheese to bring out the bold flavors of the crisp fall beverage.

"If everyone started off the day singing, just think how happy they'd be."
 —Lauren Myracle

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:00 Morning Stretches - TR 1:30 College Football On Television - TR 2:30 Bingo Marathon - DR 4:00 Classic Movies - TR
2 10:00 Morning Yoga - TR 11:00 Church Service on Television - TR 1:00 NFL Football On Television - TR 4:00 Current Events Social - DR	3 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 2:30 Bingo Marathon - DR 3:30 Group Jigsaw Puzzle - TR	4 10:00 Morning Stretches - TR 2:30 Table Games - DR 4:00 This is Your Life, Discussion - DR	5 10:00 Morning Exercise - TR 2:30 Bingo Marathon - DR 3:30 '50s Movie, in the Theater Room	6 10:00 Morning Yoga - TR 2:30 Family Feud / Trivia Games - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	7 10:00 Morning Exercise - TR 2:00 Happy Hour - DR 3:00 Bible Study with Jim - TR	8 10:00 Morning Stretches - TR 1:30 College Football On Television - TR 2:30 Bingo Marathon - DR 4:00 Classic Movies - TR
9 10:00 Morning Yoga - TR 11:00 Church Service on Television - TR 1:00 NFL Football On Television - TR 4:00 Current Events Social - DR	10 Columbus Day 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 2:30 Bingo Marathon - DR 3:30 Group Jigsaw Puzzle - TR	11 10:00 Exercise With Darlene - TR 2:30 Technology Class Upstairs 4:00 Chewing the Fat, Men's Chat - DR	12 10:00 Morning Exercise - TR 2:30 Bingo Marathon - DR 3:30 Broadway Movie and Discussion - TR	13 10:00 Morning Yoga - TR 2:30 Family Feud / Trivia Games - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	14 10:00 Morning Exercise - TR 2:00 Wine, Cheese, and Music 3:00 Bible Study with Jim - TR	15 10:00 Morning Stretches - TR 1:30 College Football On Television - TR 2:30 Bingo Marathon - DR 4:00 Classic Movies - TR
16 10:00 Morning Yoga - TR 11:00 Church Service on Television - TR 1:00 NFL Football On Television - TR 4:00 Current Events Social - DR	17 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 2:30 Bingo Marathon - DR 3:30 Group Jigsaw Puzzle - TR	18 10:00 Morning Stretches - TR 2:30 Table Games - DR 4:00 This is Your Life, Discussion - DR	19 10:00 Morning Exercise - TR 11:00 Baking Club With Brenda - DR 2:30 Bingo Marathon - DR 3:30 '50s Movie, in the Theater Room	20 10:00 Morning Yoga - TR 12:30 Oktoberfest Lunch - DR 2:30 Family Feud / Trivia Games - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	21 10:00 Morning Exercise - TR 10:00 Target Shopping Outing (Sign Up in Dining Room) 2:00 Happy Hour - DR 3:00 Bible Study with Jim - TR	22 10:00 Morning Stretches - TR 1:30 College Football On Television - TR 2:30 Bingo Marathon - DR 4:00 Classic Movies - TR
23 10:00 Morning Yoga - TR 11:00 Church Service on Television - TR 1:00 NFL Football On Television - TR 4:00 Current Events Social - DR	24 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 2:30 Bingo Marathon - DR 3:30 Group Jigsaw Puzzle - TR	25 10:00 Exercise With Darlene - TR 2:30 Pumpkin Decorating - DR 4:00 Chewing the Fat, Men's Chat - DR	26 10:00 Morning Exercise - TR 2:30 Resident Council Meeting - DR 3:30 '40s Movie - TR	27 10:00 Morning Yoga - TR 2:30 Family Feud / Trivia Games - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	28 10:00 Morning Exercise - TR 2:00 Halloween Trunk or Treat and Lunch - Outside 3:00 Bible Study with Jim - TR	29 10:00 Morning Stretches - TR 1:30 College Football On Television - TR 2:30 Bingo Marathon - DR 4:00 Classic Movies - TR
30 10:00 Morning Yoga - TR 11:00 Church Service on Television - TR 1:00 NFL Football On Television - TR 4:00 Current Events Social - DR	31 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 2:30 Bingo Marathon - DR 3:30 Hocus Pocus and Halloween Treats - DR					



Brenda did an awesome job at our luau event. Thank you so much, Brenda, for the tasty food!

Remember When: Blow Mold Decorations

Once upon a time, seasonal and holiday decorating in America meant many homes in a typical neighborhood had blow mold figurines. Made of durable, brightly colored plastic and usually containing plug-in lights, decorations in the shapes of pumpkins, snowmen and more gave off an inviting glow on a brisk evening. Around since the 1940s, blow molds reached their peak in the '70s. Though retailers are bringing back the trend by producing new molds, vintage pieces are even more popular, whether passed down from a relative or purchased at an antique store.



We have a great time at our Bible study on Fridays at 3:00 PM. If you are available, we would love to have you join us!

'Mouse' Is One

How many words can you come up with using the letters in "costume"?

