

# THE Harbison Shores Lifestyle



HARBISON SHORES  
SENIOR LIVING AT EASE

Like Us!



ASSISTED LIVING COMMUNITY  
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## Hello From the Executive Director



Hello From the Executive Director

As I was thinking about a topic for the October article, the subject of why adults find Halloween so popular came to mind. Could it be that one can be whatever they wish on Halloween, and it brings out the child in all of us?

According to my research, Halloween is ranked the third most popular holiday behind Christmas and Thanksgiving. We are planning a fun-filled Halloween at Harbison Shores for the staff, their children, residents and their families. We will have Trunk or Treat, and a cookout.

We will bring out the child in all of us!

Happy Halloween  
Elaine Till, NHA, CRCA  
Executive Director

## OCTOBER 2023

## Troy Hinson

At Harbison Shores, we gladly welcome our new maintenance director, Troy Hinson. Troy has lots of maintenance experience, and we are thankful to have him as a vital part of our team. He is originally from Winnsboro. He enjoys cooking out, swimming in his pool, fishing, traveling, target practice, and camping. His favorite food is chicken and dumplings. Troy, we are grateful to have you with us!



# OCTOBER 2023

## October Birthdays

Marsha Alverson: October 13th  
 Marian Faile: October 19th  
 Betty Beasley: October 31st

## Fun Upcoming Holidays

October 4th: National Taco Day  
 October 11th: National Fossil Day  
 October 17th: Farmers Day  
 October 25th: World Pasta Day

## Calendar Locations

TR = Theater Room  
 DR = Dining Room

## Ten Decades of Disney

Founded on Oct. 16, 1923, the Walt Disney Company is now a centenarian! One of the most beloved and successful brands in the world, Disney is known for its groundbreaking animation and for revolutionizing the theme park industry.

**“Hope is like the sun, which, as we journey towards it, casts the shadow of our burden behind us.”**  
 —Samuel Smiles

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Morning Yoga - TR 11:00 Church Service On Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	2 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 1:30 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	3 10:00 Morning Stretches - TR 1:30 Gardening With Renee - DR 2:00 Pictures for the Newsletters - DR 4:00 This is Your Life, Discussion - DR	4 10:00 Morning Exercise - TR 1:30 Table Games - DR 3:00 Bingo Marathon - DR 4:00 Broadway Movie and Discussion - TR	5 10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	6 10:00 Morning Exercise - TR 2:00 Happy Hour - DR 4:00 Bible Study with Jim - TR	7 10:00 Morning Stretches - TR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
8 10:00 Morning Yoga - TR 11:00 Church Service On Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	9 Columbus Day 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 1:30 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	10 10:00 Dogs Come To Be Petted - Lobby 10:00 Exercise With Darlene - TR 2:30 Technology Class - DR 4:00 Local History Chat - DR	11 10:00 Morning Exercise - TR 11:00 Baking Club - DR 3:00 Bingo Marathon - DR 4:00 '40s Movie - TR	12 10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	13 10:00 Morning Exercise - TR 2:00 Happy Hour - DR 4:00 Bible Study with Jim - TR	14 10:00 Morning Stretches - TR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
15 10:00 Morning Yoga - TR 11:00 Church Service On Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	16 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 1:30 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	17 10:00 Morning Stretches - TR 11:00 CV Fashion Store Sets Up - Lobby 1:30 Gardening With Renee - DR 2:30 Resident Council Meeting - DR 4:00 This is Your Life, Discussion - DR	18 10:00 Morning Exercise - TR 10:00 Scenic Drive Outing - Sign Up 1:30 Table Games - DR 3:00 Bingo Marathon - DR 4:00 '50s Movie - TR	19 10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	20 10:00 Morning Exercise - TR 2:00 Happy Hour - DR 4:00 Bible Study with Jim - TR	21 10:00 Morning Stretches - TR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
22 10:00 Morning Yoga - TR 11:00 Church Service On Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	23 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 1:30 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	24 10:00 Exercise With Darlene - TR 10:00 Morning Stretches - TR 2:30 Technology Class - DR 4:00 Local History Chat - DR	25 10:00 Morning Exercise - TR 3:00 Bingo Marathon - DR 4:00 Bring Your Best Jokes - DR	26 10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	27 10:00 Morning Exercise - TR 2:00 Happy Hour - DR 4:00 Bible Study with Jim - TR	28 10:00 Morning Stretches - TR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
29 10:00 Morning Yoga - TR 11:00 Church Service On Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	30 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 1:30 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR 4:00 Halloween Party - Parking Lot	31 10:00 Morning Stretches - TR 1:30 Gardening With Renee - DR 4:00 This is Your Life, Discussion - DR				





## Where's Johnny?

New generations know the drawn-out phrase "Here's Johnny!" as an infamous line said by actor Jack Nicholson in the 1980 horror movie "The Shining." But the catchphrase first entered the public lexicon when sidekick and announcer Ed McMahon used it on the first episode of "The Tonight Show Starring Johnny Carson" on Oct. 1, 1962. McMahon's everlasting catchphrase introduced the "King of Late Night" for nearly 30 years!

