

THE Harbison Shores Lifestyle



HARBISON
SHORES
SENIOR LIVING AT EASE

Like Us!



ASSISTED LIVING COMMUNITY

990 Columbia Avenue · Irmo, SC 29206 · (803) 749-7889 · www.carolina-gardens.com

Hello From the Executive Director

We would like to wish our Residents, Staff and Families a Very Merry Christmas and Happy Holidays. May your time be spent taking in all the joys that the holidays bring.

Elaine Till, NHA, CRCA



DECEMBER 2022

Employee of the Month

This month, Ibah Nana is our employee of the month. Ibah works as a vital part of our care staff. She is very pleasant, she is caring, she follows through to make sure her job is complete, and she is very thorough with her work. Ibah moved here from Togo, West Africa, last year. She loves to read just about anything, to fill her mind with knowledge. Ibah would describe herself as introverted, and her favorite food is macaroni and cheese. We are so thankful to have you with us, Ibah!





ASSISTED LIVING
AL# CRC-2083

DECEMBER
2022

December Birthdays

We have no December resident birthdays.

Fun,
Upcoming
Holidays

December 7th: Letter Writing Day
December 13th: Ice Cream Day
December 19th: Oatmeal Muffin Day
December 26th: National Candy Cane Day

Calendar
Locations

TR = Theater Room
DR = Dining Room

Star for
Safety

In an elevator, the button for the floor with the nearest exit is usually marked with a star. Keep this in mind when you’re riding an elevator in an unfamiliar place, such as a parking garage, hotel or shopping center.

“Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that.”
—Martin Luther King Jr.

Activities Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				¹ 10:00 Morning Yoga - TR 2:30 Christmas Trivia / Craft - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	² 10:00 Morning Exercise - TR 2:00 Happy Hour - DR 3:00 Bible Study with Jim - TR	³ 10:00 Morning Stretches - TR 1:30 College Football On Television - TR 2:30 Bingo Marathon - DR 4:00 Classic Movies - TR
⁴ 10:00 Morning Yoga - TR 11:00 Church Service on Television - TR 1:00 NFL Football On Television - TR 4:00 Current Events Social - DR	⁵ 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 2:30 Bingo Marathon - DR 3:30 Group Jigsaw Puzzle - TR	⁶ 10:00 Morning Stretches - TR 2:30 Table Games - DR 4:00 Chewing the Fat, Men’s Chat - DR	⁷ 10:00 Morning Exercise - TR 2:30 Bingo Marathon - DR 3:30 Broadway Movie and Discussion - TR	⁸ 10:00 Morning Yoga - TR 2:30 Christmas Trivia / Craft - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	⁹ 10:00 Morning Exercise - TR 2:00 Christmas Sing-along - DR 3:00 Bible Study with Jim - TR	¹⁰ 10:00 Morning Stretches - TR 1:30 College Football On Television - TR 2:30 Bingo Marathon - DR 4:00 Classic Movies - TR
¹¹ 10:00 Morning Yoga - TR 11:00 Church Service on Television - TR 1:00 NFL Football On Television - TR 4:00 Current Events Social - DR	¹² 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 3:00 Christmas Party - DR	¹³ 10:00 Exercise With Darlene - TR 2:30 Technology Class - DR 4:00 This is Your Life, Discussion - DR	¹⁴ 10:00 Morning Exercise - TR 2:30 Bingo Marathon - DR 3:30 ’50s Movie - TR 5:00 Holiday Christmas Light Tour	¹⁵ 10:00 Morning Yoga - TR 2:30 Church Service With Pastor Paul - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	¹⁶ 10:00 Morning Exercise - TR 10:00 Target Shopping Outing (Sign Up in Dining Room) 2:00 Happy Hour - DR 3:00 Bible Study with Jim - TR	¹⁷ 10:00 Morning Stretches - TR 1:30 College Football On Television - TR 2:30 Bingo Marathon - DR 4:00 Classic Movies - TR
¹⁸ 10:00 Morning Yoga - TR 11:00 Church Service on Television - TR 1:00 NFL Football On Television - TR 4:00 Current Events Social - DR	¹⁹ 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 2:30 Bingo Marathon - DR 3:30 Group Jigsaw Puzzle - TR	²⁰ 10:00 Morning Stretches - TR 2:30 Table Games - DR 4:00 Chewing the Fat, Men’s Chat - DR	²¹ 10:00 Morning Exercise - TR 11:00 Baking Club - DR 2:30 Bingo Marathon - DR 3:30 ’40s Movie - TR	²² 10:00 Morning Yoga - TR 2:30 Christmas Trivia / Craft - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	²³ 10:00 Morning Exercise - TR 2:00 Christmas Sing-along - DR 3:00 Bible Study with Jim - TR	²⁴ 10:00 Morning Stretches - TR 1:30 College Football On Television - TR 2:30 Bingo Marathon - DR 4:00 Classic Movies - TR
²⁵ Christmas 10:00 Morning Yoga - TR 11:00 Church Service on Television - TR 1:00 NFL Football On Television - TR 4:00 Current Events Social - DR	²⁶ Christmas (Observed) 10:00 Morning Exercise - TR 10:30 Gospel Music, With Clay - TR 2:30 Bingo Marathon - DR 3:30 Group Jigsaw Puzzle - TR	²⁷ 10:00 Exercise With Darlene - TR 10:00 Morning Stretches - TR 2:30 Technology Class - DR 4:00 This is Your Life, Discussion - DR	²⁸ 10:00 Morning Exercise - TR 2:30 Bingo Marathon - DR 2:30 Resident Council Meeting - DR 3:30 ’50s Movie - TR	²⁹ 10:00 Morning Yoga - TR 2:30 Christmas Trivia / Craft - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	³⁰ 10:00 Morning Exercise - TR 2:00 Happy Hour - DR 3:00 Bible Study with Jim - TR	³¹ 10:00 Morning Stretches - TR 1:30 College Football On Television - TR 2:30 Bingo Marathon - DR 4:00 Classic Movies - TR



Popcorn Pick: 'Jumanji'

Released in 1995, this film follows the journey of two kids, Judy and Peter, who find a magical board game in their new home. They unwittingly release many dangers into their real world, including a man named Alan Parrish, played by Robin Williams, who had been trapped within the board for decades. The only way to bring life back to normal and be rid of all these new dangers is to play the game through to the end. "Jumanji" was nominated for many awards, and won four, including the Saturn Award for best special effects and best supporting actress for Bonnie Hunt. A reboot by the same name hit screens in 2017 starring some big actors, such as Dwayne "The Rock" Johnson, Jack Black and Kevin Hart.

