

### Hello From the Executive Director



Hello, from the Executive Director

As the holiday season is upon us, I thought about the story "A Christmas Carol."

Many of us have either read the book or seen the play. The story celebrates the spirit of generosity, compassion and joy that is associated with the festive season.

The story shows us that Scrooge can change his ways and become a better human being.

The story portrays the importance of family bonds and the power of forgiveness to heal wounds and restore relationships.

During this Holiday season all of us at Harbison Shores wish that you experience generosity, compassion and joy. Happy Holidays

Elaine M. Till, NHA CRCA

Executive Director

#### **DECEMBER 2023**



This month, we chose Chris Dickerson as our employee of the month. Chris works in our dietary department, but he is an honorary employee of every department; he is always helping out wherever needed in the building. Chris is a very kind-spirited person who enjoys drawing and tattoo art. He is raising a daughter as a single father. Thank you for all you do, Chris!





ASSISTED LIVING AL# CRC-2083

#### DECEMBER 2023

# December Birthdays December 7th: Geneva

Reierson

Geiger
December 14th: John Fickling
December 18th: Margaret
Rogers
December 22nd: Bill Kanthak
December 27th: Margaret

# Fun Upcoming Holidays

December 4th: Wildlife
Conservation Day
December 7th: National
Cotton Candy Day
December 11th: National
Stretching Day
December 20th: Go Caroling
Day

## **Calendar Locations**

TR = Theater Room
DR = Dining Room

## Funny December

O: Why did the hot dog put on a sweater in December? A: Because it was a chili dog!

> "Bells are music's laughter." —Thomas Hood

V	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
S E						1 10:00 Morning Exercise - TR 2:00 Happy Hour - DR 4:00 Bible Study with Jim - TR	10:00 Morning Stretches - TR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
g	10:00 Morning Yoga - TR 11:00 Church Service On Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	10:00 Morning Exercise - TR 10:30 Gospel Music - DR 1:30 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	10:00 Morning Stretches - TR 2:00 Pictures for the Newsletters - DR 4:00 Local History Chat - DR	10:00 John Gibbons Performs - MC 10:00 Morning Exercise - TR 3:00 Bingo Marathon - DR 4:00 Broadway Movie and Discussion - TR	7 10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 3:30 Kings in the Corner - TR	10:00 Morning Exercise - TR 2:00 Happy Hour - DR 4:00 Bible Study with Jim - TR	10:00 Morning Stretches - TR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
3	10:00 Morning Yoga - TR 11:00 Church Service On Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	11 10:00 Morning Exercise - TR 10:30 Gospel Music - DR 1:30 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	10:00 Dogs Come To Be Petted - Lobby 10:00 Exercise With Darlene - TR 1:30 Gardening With Renee - DR 2:00 Christmas Party - DR 4:00 This is Your Life, Discussion - DR	10:00 John Gibbons Performs - MC 10:00 Morning Exercise - TR 11:00 Baking Club - DR 1:30 Table Games - TR 3:00 Bingo Marathon - DR 4:00 '40s Movie - TR	14 10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 3:30 Kings in the Corner - TR	15 10:00 Morning Exercise - TR 2:00 Happy Hour - DR 4:00 Bible Study with Jim - TR	10:00 Morning Stretches - TR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
		18 10:00 Morning Exercise - TR 10:30 Gospel Music - DR 1:30 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	19 10:00 Morning Stretches - TR 2:30 Resident Council Meeting - DR 4:00 Local History Chat - DR	10:00 John Gibbons Performs - MC 10:00 Morning Exercise - TR 10:00 Scenic Drive Outing - Sign Up 3:00 Bingo Marathon - DR	10:00 Morning Yoga - TR 2:00 Quartet Performs - DR 3:30 Kings in the Corner - TR	10:00 Morning Exercise - TR 2:00 Happy Hour - DR 4:00 Bible Study with Jim - TR	10:00 Morning Stretches - TR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
P	10:00 Morning Yoga - TR	Christmas 25 10:00 Morning Exercise - TR 10:30 Gospel Music - DR 1:30 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	10:00 Exercise With Darlene - TR 1:30 Gardening With Renee - DR 2:30 Technology Class - DR 4:00 This is Your Life, Discussion - DR	10:00 John Gibbons Performs - MC 10:00 Morning Exercise - TR 1:30 Table Games - TR 3:00 Bingo Marathon - DR 4:00 Bring Your Best Jokes - DR	10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 3:30 Kings in the Corner - TR	10:00 Morning Exercise - TR 2:00 Happy Hour - DR 4:00 Bible Study with Jim - TR	10:00 Morning Stretches - TR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR









#### **Brainteaser**

Question: I beam, shine and sparkle white. I brighten the day with a single light. I charm and enchant one and all, lifting you up when spirits fall. What am I? Answer: A smile.





