

MEMORY CARE COMMUNITY 990 Columbia Avenue • Irmo, SC 29206 • (803) 749-7889 • www.carolina-gardens.com

# Hello From the Executive Director



Hello from the Executive Director,

Over the last year our Country has experienced many challenges. As I was reflecting on 2022, the word HOPE came to mind.

We must continue to have hope. What is hope? A desire for something and a confidence in the possibility of its fulfilment.

We can take pride at Harbison Shores in how our small community has responded to all the challenges but has continued to take care of our residents.

We are humbled by all the families' support and gratitude. We are so fortunate to have wonderful resident families at our community. We are thankful for our caring staff.

Our Harbison Shores family wishes you and yours a happy, healthy, and prosperous New Year! Let's each of us hope for a less challenging new year.

I look forward to continuing to serve as your Executive Director for 2023. Elaine M. Till, NHA, CRCA

Executive Director

#### **JANUARY 2023**

### **Employee of the Year**

It is with great honor we announce Renaire Dudney as our Employee of the Year! Renaire is all-around faithful to his job, he is always consistent in his work, he cares very much for the residents, he has a great attitude, he is always willing to help in ways that are outside of his normal job role, and he is very good at what he does. Renaire is a model employee, and we are so thankful to have him as a part of our team. Renaire, congratulations!





HARBISON .	Sunday	Monday	Tuesday	Wednesday	Thursday
MEMORY CARE	New Year's Day 1 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 NFL Football - TR 3:00 Methodist Church Service - TVR	New Year's Day (Observed) 2 10:00 Cornhole - AR 11:00 Singalong - AR 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	3 10:00 Giant-Sized Jenga - AR 11:00 Piano and Singing With Carolyn - AR 2:30 Music Program - TVR 3:30 Afternoon Bingo - AR	4 10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club	5 10:00 Drawing Class - AR 11:00 Singalong - AR 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR
January Birthdays Barbara Bell 1/10 Fun Upcoming Holidays January 5th: National Bird Day January 12th: National Hot Tea Day	8 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 NFL Football - TR 3:00 Methodist Church Service - TVR	9 10:00 Cornhole - AR 11:00 Singalong - AR 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	10 10:00 Giant-Sized Jenga - AR 11:00 Piano and Singing With Carolyn - AR 2:30 Music Program - TVR 3:30 Afternoon Bingo - AR	11 10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club	12 10:00 Drawing Class - AR 11:00 Singalong - AR 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR
January 20th: National Cheese Lover Day January 27th: Chocolate Cake Day <b>Calendar</b> <b>Locations</b> TVR = TV Room AR = Activity Room DR = Dining Room	15 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 NFL Football - TR 3:00 Methodist Church Service - TVR	Martin Luther King Jr. Day 16 10:00 Cornhole - AR 11:00 Singalong - AR 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	17 10:00 Giant-Sized Jenga - AR 11:00 Piano and Singing With Carolyn - AR 2:30 Music Program - TVR 3:30 Afternoon Bingo - AR	18 10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club	19 10:00 Drawing Class - AR 11:00 Singalong - AR 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR
<section-header><text><text><text></text></text></text></section-header>	22 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 NFL Football - TR 3:00 Methodist Church Service - TVR	23 10:00 Cornhole - AR 11:00 Singalong - AR 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	10:00 Giant-Sized Jenga - AR 11:00 Piano and Singing With Carolyn - AR 2:30 Music Program - TVR 3:30 Afternoon Bingo - AR	25 10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club	26 10:00 Drawing Class - AR 11:00 Singalong - AR 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR
	29 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 NFL Football - TR 3:00 Methodist Church Service - TVR	30 10:00 Cornhole - AR 11:00 Singalong - AR 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	31 10:00 Giant-Sized Jenga - AR 11:00 Piano and Singing With Carolyn - AR 2:30 Music Program - TVR 3:30 Afternoon Bingo - AR		

	Friday	Saturday
5	6	7
	10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 1:30 Music With Will Parker - TVR 3:00 Walking Club 3:30 Afternoon '40s Movie - TVR	10:00 Walk in the Villa Courtyard 11:00 Pastor Matt Comes To Visit - TVR 1:30 College Football - TVR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
	- 190	
12	13 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 2:00 Happy Hour - TVR 3:00 Walking Club 3:30 Afternoon '40s Movie - TVR	14 10:00 Fun With Kim - AR 11:00 Puzzle Club - AR 1:30 College Football - TVR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
19	20 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 1:30 Music With Will Parker - TVR 3:00 Walking Club 3:30 Afternoon '40s Movie - TVR	21 10:00 Walk in the Villa Courtyard 11:00 Puzzle Club - AR 1:30 College Football - TVR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
26	27 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 2:00 Happy Hour - TVR 3:00 Walking Club 3:30 Afternoon '40s Movie - TVR	28 10:00 Fun With Kim - AR 11:00 Puzzle Club - AR 1:30 College Football - TVR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR







### A "Thank You" To All Who Participated in Our Christmas

Thank you, Zane, Transitions Hospice, Capital Office Products, Gifts for Grans, Weston Group, All Seasons, and Irmo Middle School, for helping to make our Christmas season as special as it was. We couldn't have done it without you.

## This Month's Birthstone

The January birthstone is the garnet. Commonly red, the jewel also comes in the colors orange, yellow, purple and green. Garnet is found in many different locations, but during Victorian times, the region of Bohemia in the Czech Republic was the main source of these jewels. An antique garnet hair comb, fashioned during those times, is in the Smithsonian's possession. Resembling an elaborate tiara, it is the most famous piece of garnet jewelry.



