

# THE Harbison Shores Lifestyle



HARBISON SHORES  
SENIOR LIVING AT EASE

Like Us!



MEMORY CARE COMMUNITY  
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## Hello From the Executive Director



Valentine's Day for all is not just about how we can connect with others; it celebrates love in all its forms. Some historians say that Valentine's Day cards emerged from the German tradition of friendship cards that friends exchanged on New Year's Day, birthdays, and other anniversaries.

Our Harbison Shores family would like to wish each of you a Happy Valentine's Day to you and your family. We are looking forward to celebrating our residents and staff on Valentine's Day.

Elaine M. Till, NHA, CRCA  
Executive Director

## FEBRUARY 2023

## Employee of the Month

This month, it pleases us to announce Tina Peterson as our employee of the month. Since Tina has started with us, she has been so faithful, diligent, and steadfast in her work at Harbison Shores. She is very dependable and always has good character. As noted before in a previous newsletter, Tina is a South Carolina native, a Steelers fan, her favorite food is pizza, and she loves R&B. Tina, thank you for all you do!



**FEBRUARY 2023**

**February Birthdays**

Joyce Wilkerson 2/3  
Annette Burrell 2/23  
Peggy Agardy 2/27

**Fun Upcoming Holidays**

February 2nd: Groundhog Day  
February 12th: Super Bowl Sunday  
February 20th: Cherry Pie Day  
February 28th: National Chili Day

**Calendar Locations**

TVR = TV Room  
AR = Activity Room  
DR = Dining Room

**From the Oval Office**

Anyone celebrating a special achievement, from birthdays and graduations to weddings and anniversaries, can get a personal greeting from the U.S. president. You can fill out a form for yourself or someone else at

[WhiteHouse.gov/presidential-greeting](http://WhiteHouse.gov/presidential-greeting).

**“True friends are like diamonds—bright, beautiful, valuable and always in style.”**  
—Nicole Richie

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club	2 10:00 Drawing Class - AR 11:00 Singalong - AR 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR	3 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 2:00 Happy Hour - TVR 3:00 Walking Club 3:30 Afternoon '40s Movie - TVR	4 10:00 Fun With Kim - AR 11:00 Pastor Matt Comes To Visit - TVR 11:00 Puzzle Club - AR 1:30 NBA/NHL on Television - TVR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
5 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 Sports on Television - TR 3:00 Methodist Church Service - TVR	6 10:00 Cornhole - AR 11:00 Singalong - AR 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	7 10:00 Giant-Sized Jenga - AR 11:00 Piano and Singing With Carolyn - AR 2:30 Music Program - TVR 3:30 Afternoon Bingo - AR	8 10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club	9 10:00 Drawing Class - AR 11:00 Singalong - AR 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR	10 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 1:30 Music With Will Parker - TVR 3:00 Walking Club 3:30 Afternoon '40s Movie - TVR	11 10:00 Walk in the Villa Courtyard 11:00 Puzzle Club - AR 1:30 NBA/NHL on Television - TVR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
12 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 Sports on Television - TR 3:00 Methodist Church Service - TVR	13 10:00 Cornhole - AR 11:00 Singalong - AR 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	14 10:00 Dogs Come In To Be Pets - TVR 10:00 Giant-Sized Jenga - AR 11:00 Piano and Singing With Carolyn - AR 2:30 Music Program - TVR 3:30 Afternoon Bingo - AR 5:00 Valentine's Day Dinner - DR	15 10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club	16 10:00 Drawing Class - AR 11:00 Singalong - AR 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR	17 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 2:00 Happy Hour - TVR 3:00 Walking Club 3:30 Afternoon '40s Movie - TVR	18 10:00 Fun With Kim - AR 11:00 Puzzle Club - AR 1:30 NBA/NHL on Television - TVR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
19 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 Sports on Television - TR 3:00 Methodist Church Service - TVR	20 Presidents Day 10:00 Cornhole - AR 11:00 Singalong - AR 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	21 10:00 Giant-Sized Jenga - AR 11:00 Piano and Singing With Carolyn - AR 2:30 Music Program - TVR 3:30 Afternoon Bingo - AR	22 10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club	23 10:00 Drawing Class - AR 11:00 Singalong - AR 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR	24 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 1:30 Music With Will Parker - TVR 3:00 Walking Club 3:30 Afternoon '40s Movie - TVR	25 10:00 Walk in the Villa Courtyard 11:00 Puzzle Club - AR 1:30 NBA/NHL on Television - TVR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
26 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 Sports on Television - TR 3:00 Methodist Church Service - TVR	27 10:00 Cornhole - AR 11:00 Singalong - AR 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	28 10:00 Giant-Sized Jenga - AR 11:00 Piano and Singing With Carolyn - AR 2:30 Music Program - TVR 3:30 Afternoon Bingo - AR				





Greeting Harbison Shores! I am your new Director of Dining Services, Sheila Maffio. I have a degree in Culinary Arts and am very passionate about food. My philosophy on life is "all you need is food, family, art, music, and the good Lord above." I have several hobbies that I like to do when I am not here with you. I paint, write children's books, tap dance, and garden. I have two wonderful daughters, two sons-in-law, and a beautiful granddaughter. I also have an English bulldog named Meatball. I love to make people smile, so if you ever need one, my office is open!

