

Hello From the Executive Director



The Management team and I are very humbled and honored that Harbison Shores has received the 2023 Best of Senior Living.

As I was thinking about March and St. Patrick's Day, St Patrick's Servant Leadership came to mind.

I think that each of us can relate to Servant Leadership characteristics: Listening, Empathy, Healing, Awareness, Persuasion, Conceptualization, Foresight, Commitment to the growth of people and building a community. At Harbison Shores we strive to include these 10 characteristics daily.

From our Harbison Shores family to yours, we are wishing you a month filled with good luck!

Elaine M. Till, NHA, CRCA

Executive Director

MARCH 2023

2023 Best of Senior Living Award

We are pleased to announce that "A Place For Mom" gave us "The Best Of Senior Living Award" based on our many positive reviews.



Brainteaser

Question: I have four wings but cannot fly. I never laugh and never cry. On the same spot, I'm always found, toiling away with little sound. What am I? Answer: A windmill.





MEMORY CARE

MARCH 2023

March Birthdays

Nancy Smith 3/02 Connie Bloom 3/12 Gloria Scott 3/15 JoAnn Chretien 3/23 Edna Hagell 3/26

Fun Upcoming Holidays

March 1st: Peanut Butter Lovers' Day March 11th: Genealogy Day March 17th: St. Patrick's Day March 25th: International Waffle Day

Calendar Locations

TVR = TV Room AR = Activity Room DR = Dining Room

Learn About Loved Ones

March 20 is World Storytelling Day. Gather family and friends and share a story from your life, whether small or momentous. Then, give each of them the spotlight to do the same while you listen.

> "Magic is believing in yourself. If you can do that, you can make anything happen." —Johann Wolfgang von Goethe

N	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SE				10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club	10:00 Drawing Class - AR 11:00 Singalong - AR 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR	10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 2:00 Happy Hour - TVR 3:00 Walking Club 3:30 Afternoon '40s Movie - TVR	10:00 Fun With Kim - AR 11:00 Pastor Matt Comes To Visit - TVR 11:00 Puzzle Club - AR 1:30 NBA/NHL on Television - TVR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
9	10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 Sports on Television - TR 3:00 Methodist Church Service - TVR	10:00 Cornhole - AR 11:00 Singalong - AR 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	7 10:00 Giant-Sized Jenga - AR 11:00 Piano and Singing With Carolyn - AR 2:30 Music Program - TVR 3:30 Afternoon Bingo - AR	10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club	10:00 Drawing Class - AR 11:00 Singalong - AR 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR	10 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 1:30 Music With Will Parker - TVR 3:00 Walking Club 3:30 Afternoon '40s Movie - TVR	11 10:00 Walk in the Villa Courtyard 11:00 Puzzle Club - AR 1:30 NBA/NHL on Television - TVR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
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Employee of the Month



This month, we chose to honor Mamie Harmouch as our employee of the month. Mamie was born in West Africa, and loves to help people. She is a very caring person and is very faithful at her job. Mamie, we are grateful for you!





