## Hello From the Executive Director

As we look forward to daylight saving time on March 10th and the warmer days of this month, our residents are looking forward to spending more time outside. We are proud of our courtyard in memory care. It blocks those March winds and is a quiet sanctuary for spending time in the sun or sitting under umbrellas, enjoying the warmth of March while listening to the water fountain. We have patio tables where families can visit and enjoy a meal with their loved ones. The patio doors can be opened into our hallways.

For those residents that may not prefer the courtyard, we have a screened porch that overlooks our beautiful, landscaped yard, with bird feeders, azaleas, and other flowering trees. We also have patio furniture in the screened porch area where families and residents can socialize in private.

For those residents in our Villa, each apartment has a patio where residents can enjoy the beautiful, spring weather. The Villa also has an attached courtyard with patio furniture and flowering trees and plants.

We are excited for all the upcoming outside activities this month.

Elaine M. Till, NHA, CRCA Executive Director

### **America's Barn Quilts**

An emblem of Americana, bright and colorful quilt blocks are cropping up across the country—on the sides of barns! Painted on wooden or aluminum squares, barn quilts are large-scale versions of traditional patterns used in fabric quilting. Preserving history and heritage while beautifying the landscape, these unique works of art invite travelers to discover them on one of the many barn quilt trails throughout the U.S.

#### **MARCH 2024**







MEMORY CARE

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## March Birthdays

March 2nd: Nancy Smith March 12th: Connie Bloom March 15th: Mary York March 23rd: JoAnn Chretien

# Fun Upcoming Holidays

March 6th: National Oreo Cookie Day March 12th: Plant a Flower Day March 14th: Popcorn Lovers Day March 19th: Tea for Two Tuesday

## **Calendar Locations**

TVR = TV Room AR = Activity Room DR = Dining Room

# A Rhythmic Birthday

A birthday is so much fun; celebrations have begun.
Over a century since his birth, his poems still hold their worth. Rhyme along with Dr. Seuss on his 120th birth anniversary, March 2.

"Life is a painting, and you are the artist. You have on your palette al the colors in the spectrum." —Paul J. Meyer

N	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ASE						Porch/Trivia	11:00 Pastor Matt Comes To Visit - TVR 11:00 Puzzle Club - AR 1:30 Sports on Television - TVR 2:30 Ball Toss - TVR 2:30 Snacks and Hydration 3:30 Afternoon Movie - TVR
en I <b>g</b>	10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 Sports on Television - TR 2:30 Snacks and Hydration 3:00 Methodist Church Service - TVR	10:00 Cornhole - AR 10:30 Snacks and Hydration 11:00 Sing-along - AR 2:30 Snacks and Hydration 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	10:30 Snacks and Hydration 11:00 Book Club - DR 2:30 Music Program - TVR 2:30 Snacks and Hydration 3:30 Afternoon Bingo - AR	10:00 John Gibbons Performs - AR 10:30 Snacks and Hydration 2:30 Craft Club - AR 2:30 Snacks and Hydration 3:30 Afternoon Western Movie - TVR 3:30 Walking Club	10:00 Drawing Class - AR 10:30 Snacks and Hydration 11:00 Sing-along - AR 2:30 Music Program - TVR 2:30 Snacks and Hydration 2:30 Walking Club	11:00 Reminiscing on the	10:00 Walk in the Villa Courtyard 10:30 Snacks and Hydration 11:00 Puzzle Club - AR 1:30 Sports on Television - TVR 2:30 Ball Toss - TVR 2:30 Snacks and Hydration 3:30 Afternoon Movie - TVR
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