

# THE Harbison Shores Lifestyle



HARBISON SHORES  
SENIOR LIVING AT EASE

Like Us!



MEMORY CARE COMMUNITY  
990 Columbia Avenue · Irmo, SC 29206 · (803) 749-7889 · www.carolina-gardens.com

## Hello From the Executive Director



At Harbison Shores, we not only celebrate St. Patrick's Day, but March Madness is also a big deal!

What is March Madness? It was first coined in 1939 by Illinois high school official Henry V. Porter, referring to the original eight-team basketball tournament. He wrote that "a little March Madness may complement and contribute to sanity and help keep society on an even keel."

The 2025 March Madness tournament starts with Selection Sunday on March 16th as 68 teams will play in the 2025 NCAA tournament for men's basketball.

The 2025 women's March Madness will begin on March 19th, 2025, and end with the National Championship game on Sunday, April 6th, 2025.

We will participate in March Madness with the bracket, tailgate parties, and if we win the bracket, a big party. Please join our staff and residents in the March Madness Festivities this year.

Elaine M. Till, NHA CRCA  
Executive Director

## MARCH 2025

## Nursing and Dietary Work Hand in Hand. Team HARBISON!



# MARCH 2025

## March Birthdays

March 2nd: Nancy Smith  
 March 12th: Connie Bloom  
 March 15th: Mary York

## Upcoming Holidays

March 1st: Share a Smile Day  
 March 8th: Genealogy Day  
 March 12th: National Plant a Flower Day  
 March 17th: St. Patrick's Day

## Calendar Locations

TVR = TV Room  
 AR = Activity Room  
 DR = Dining Room

## A Welcome to Our New Resident

Opal Varney

## Windy Planet

If you think March is windy where you live, consider this: Gusts on Neptune, the windiest planet in our solar system, blow at more than 1,200 mph.

**"Flowers don't worry about how they're going to bloom. They just open up and turn toward the light and that makes them beautiful."**  
 —Jim Carrey

| Sunday  | Monday  | Tuesday  | Wednesday   | Thursday  | Friday  | Saturday   |
|---|---|--|---|---|---|--|
|   |   |  |   |   |   | 1<br>10:30 Snacks and Hydration<br>11:30 Arts and Crafts - AR<br>1:30 Coffee Social - DR<br>2:30 Ball Toss - TVR<br>2:30 Snacks and Hydration<br>3:30 Afternoon Movie - TVR  |
| 2<br>10:00 Morning Walk<br>10:30 Snacks and Hydration<br>11:00 Worship Service - TVR<br>2:30 Snacks and Hydration<br>3:30 Afternoon Movie - TVR                                     | 3<br>9:30 Morning Devotional With Joel - TR<br>10:30 Snacks and Hydration<br>11:00 Chair Exercise - TVR<br>2:30 Snacks and Hydration<br>3:00 Afternoon Music - TVR<br>4:00 Afternoon Ball Toss - TVR  | 4<br>10:00 Morning Devotional With Joel - TR<br>10:30 Snacks and Hydration<br>11:00 Music With Ron Rogers - TVR<br>2:00 Sing-along - TVR<br>2:30 Snacks and Hydration<br>3:00 Inside Games - AR  | 5<br>9:30 Morning Devotional With Joel - TR<br>10:00 John Gibbons Performs - AR<br>10:30 Snacks and Hydration<br>2:00 Manicures - TVR<br>2:30 Snacks and Hydration<br>3:30 Afternoon Movie - TVR  | 6<br>9:30 Morning Devotional With Joel - TR<br>10:00 Gardening<br>10:30 Snacks and Hydration<br>11:00 Sing-along - AR<br>2:00 Bible Study with Jim - AR<br>2:30 Snacks and Hydration<br>3:30 Manicures - TVR  | 7<br>9:30 Morning Devotional With Joel - TR<br>10:30 Snacks and Hydration<br>11:00 Morning Walk<br>2:00 Happy Hour - TVR<br>2:30 Snacks and Hydration<br>3:30 Afternoon '40s Movie - TVR  | 8<br>10:00 Walk in the Villa Courtyard<br>10:30 Snacks and Hydration<br>11:00 Pastor Matt Comes to Visit - TVR<br>11:30 Arts and Crafts - AR<br>1:30 Coffee Social - DR<br>2:30 Ball Toss - TVR<br>2:30 Snacks and Hydration<br>3:30 Afternoon Movie - TVR |
| 9<br>10:00 Morning Walk<br>10:30 Snacks and Hydration<br>2:00 Service With Bishop Edson From the Universal Church - TVR<br>2:30 Snacks and Hydration<br>3:30 Afternoon Movie - TVR  | 10<br>9:30 Morning Devotional With Joel - TR<br>10:30 Snacks and Hydration<br>11:00 Chair Exercise - TVR<br>2:30 Snacks and Hydration<br>3:00 Afternoon Music - TVR<br>4:00 Afternoon Ball Toss - TVR | 11<br>10:00 Morning Devotional With Joel - TR<br>10:30 Snacks and Hydration<br>2:00 Sing-along - TVR<br>2:30 Snacks and Hydration<br>3:00 Inside Games - AR                                      | 12<br>9:30 Morning Devotional With Joel - TR<br>10:00 John Gibbons Performs - AR<br>10:30 Snacks and Hydration<br>2:00 Manicures - TVR<br>2:30 Snacks and Hydration<br>3:30 Afternoon Movie - TVR | 13<br>9:30 Morning Devotional With Joel - TR<br>10:00 Gardening<br>10:30 Snacks and Hydration<br>11:00 Sing-along - AR<br>2:00 Bible Study with Jim - AR<br>2:30 Snacks and Hydration<br>3:30 Manicures - TVR   | 14<br>9:30 Morning Devotional With Joel - TR<br>10:30 Snacks and Hydration<br>11:00 Morning Walk<br>2:00 Happy Hour - TVR<br>2:30 Snacks and Hydration<br>3:30 Afternoon '40s Movie - TVR | 15<br>10:30 Snacks and Hydration<br>11:30 Arts and Crafts - AR<br>1:30 Coffee Social - DR<br>2:30 Ball Toss - TVR<br>2:30 Snacks and Hydration<br>3:30 Afternoon Movie - TVR   |
| 16<br>10:00 Morning Walk<br>10:30 Snacks and Hydration<br>11:00 Worship Service - TVR<br>2:30 Snacks and Hydration<br>3:30 Afternoon Movie - TVR                                    | 17<br>9:30 Morning Devotional With Joel - TR<br>10:30 Snacks and Hydration<br>11:00 Chair Exercise - TVR<br>2:30 Snacks and Hydration<br>3:00 Afternoon Music - TVR<br>4:00 Afternoon Ball Toss - TVR | 18<br>10:00 Morning Devotional With Joel - TR<br>10:30 Snacks and Hydration<br>11:00 Music With Ron Rogers - TVR<br>2:00 Sing-along - TVR<br>2:30 Snacks and Hydration<br>3:00 Inside Games - AR | 19<br>9:30 Morning Devotional With Joel - TR<br>10:00 John Gibbons Performs - AR<br>10:30 Snacks and Hydration<br>2:00 Manicures - TVR<br>2:30 Snacks and Hydration<br>3:30 Afternoon Movie - TVR | 20<br>9:30 Morning Devotional With Joel - TR<br>10:00 Gardening<br>10:30 Snacks and Hydration<br>11:00 Sing-along - AR<br>2:00 Bible Study with Jim - AR<br>2:30 Snacks and Hydration<br>3:30 Manicures - TVR   | 21<br>9:30 Morning Devotional With Joel - TR<br>10:30 Snacks and Hydration<br>11:00 Morning Walk<br>2:00 Happy Hour - TVR<br>2:30 Snacks and Hydration<br>3:30 Afternoon '40s Movie - TVR | 22<br>10:00 Walk in the Villa Courtyard<br>10:30 Snacks and Hydration<br>11:30 Arts and Crafts - AR<br>1:30 Coffee Social - DR<br>2:30 Ball Toss - TVR<br>2:30 Snacks and Hydration<br>3:30 Afternoon Movie - TVR  |
| 23<br>10:00 Morning Walk<br>10:30 Snacks and Hydration<br>2:00 Service With Bishop Edson From the Universal Church - TVR<br>2:30 Snacks and Hydration<br>3:30 Afternoon Movie - TVR | 24<br>9:30 Morning Devotional With Joel - TR<br>10:30 Snacks and Hydration<br>11:00 Chair Exercise - TVR<br>2:30 Snacks and Hydration<br>3:00 Afternoon Music - TVR<br>4:00 Afternoon Ball Toss - TVR | 25<br>10:00 Morning Devotional With Joel - TR<br>10:30 Snacks and Hydration<br>2:00 Sing-along - TVR<br>2:30 Snacks and Hydration<br>3:00 Inside Games - AR                                      | 26<br>9:30 Morning Devotional With Joel - TR<br>10:00 John Gibbons Performs - AR<br>10:30 Snacks and Hydration<br>2:00 Manicures - TVR<br>2:30 Snacks and Hydration<br>3:30 Afternoon Movie - TVR | 27<br>9:30 Morning Devotional With Joel - TR<br>10:00 Gardening<br>10:30 Snacks and Hydration<br>11:00 Sing-along - AR<br>2:00 Bible Study with Jim - AR<br>2:30 Monthly Birthday Celebration - AR<br>2:30 Snacks and Hydration<br>3:30 Manicures - TVR | 28<br>9:30 Morning Devotional With Joel - TR<br>10:30 Snacks and Hydration<br>11:00 Morning Walk<br>2:00 Happy Hour - TVR<br>2:30 Snacks and Hydration<br>3:30 Afternoon '40s Movie - TVR | 29<br>10:30 Snacks and Hydration<br>11:30 Arts and Crafts - AR<br>1:30 Coffee Social - DR<br>2:30 Ball Toss - TVR<br>2:30 Snacks and Hydration<br>3:30 Afternoon Movie - TVR   |
| 30<br>10:00 Morning Walk<br>10:30 Snacks and Hydration<br>11:00 Worship Service - TVR<br>2:30 Snacks and Hydration<br>3:30 Afternoon Movie - TVR                                    | 31<br>9:30 Morning Devotional With Joel - TR<br>10:30 Snacks and Hydration<br>11:00 Chair Exercise - TVR<br>2:30 Snacks and Hydration<br>3:00 Afternoon Music - TVR<br>4:00 Afternoon Ball Toss - TVR |  |   |   |   |  |





Getting ready for March Madness!

