

## Zoo Outing

On a recent Friday morning, we packed up some sandwiches and boxed lunches, some of our favorite residents, our driver and Activity Director, and headed out to Riverbanks Zoo. Nothing like a nice, windy day with some great Vitamin D to eat lunch and enjoy some beautiful animals! Our stops included sea lions and seals, gorillas, kangaroos and wallabies, baboons, lions, tigers and bears (oh my!), some cute little otters and a trip around the aquarium! We came, we saw, we conquered, and we are very excited to experience more outings and fun happenings!



## Meet Our Administrative Assistant

Kathy Gannon started in January 2020. She came to us with over 20 years of experience in a wide variety of settings. From 1991-1997, she served as a military police officer in the United States Army. She worked at a rehabilitation nursing center prior to moving to South Carolina in June of last year. Her background is primarily working in finance and admin roles, yet she began working in a concierge role just prior to moving down here, and she found such enjoyment getting to know the residents and acting as a liaison between residents and family members. Kathy grew up in a suburb of New York City and currently resides in Lexington with her husband and son.





**HARBISON SHORES**  
SENIOR LIVING AT EASE

Like Us!  


# THE Harbison Shores Lifestyle

MEMORY CARE COMMUNITY  
990 Columbia Avenue · Irmo, SC 29206 · (803) 749-7889 · www.carolina-gardens.com

APRIL 2020

## Dear Residents, Family & Friends of Harbison Shores

Oh, my goodness, spring is here already! I love spring, with its accompanying warmer weather and green grass. I can hardly believe it has been three months since I started in my capacity as Executive Director for Harbison Shores. They say time flies when you're having fun. I truly believe that's the case because I am having an absolute blast! Why wouldn't I? My privilege is to work with some of the absolute best managers and caregivers in the business. I would be nowhere without them! I shudder to even think. In turn, what good would any of the management and staff be without residents to care for? We have some awesome residents. As I continue to learn more about these wonderful individuals, I remain in awe at the diversity amongst our residents, as well as the incredible experiences they share. We try to illuminate and hopefully educate all our readers on this fact and urge you to take notice. Someone once said to me, "All that we are or ever hope to be, we will owe to angels that cross our paths." In this short time, I have certainly crossed paths with many angels. Our residents are now in the "golden" years of their lives. They have gone from the nurturers to the nurtured. It is my number one mission to see they are taken care of the way they deserve to be and they have the best quality of life possible. As always, please let us know if there is anything we can do to better make that happen. Thank you for allowing me to be blessed with your loved one, and I look forward to many years to come.



Tammy Mullins, Executive Director

## Employee of the Month

Yasmeeen Naji began her career with us as a caregiver and progressed to a med tech. She came to the U.S. from the middle east, where her background was in the operating room, primarily in anesthesia. She is such a blessing to all she interacts with, and you will rarely see her without a smile on her face. Yasmeeen enjoys her job at Harbison Shores and is always willing to go the extra mile. She is loved by the residents and families, and we are so grateful to have her on our team!



**APRIL 2020**

**Locations**

Activity Room, Memory Care, ARMC

Outing, O

TV Room, Memory Care, TVMC

Villas, Upstairs Gathering Place, VUGP

Villas, Dining Room, VDR

**Birthdays**

Kay Cross, 5th

Thomasene Davis, 8th

Jimmy Watkins, 14th

Elizabeth Drinnon, 17th

Donald Wood, 23rd

**Transportation Schedule**

**Tuesday, 10:15 a.m.**

Shopping Trip: Varies

**Wednesday, By Appt.**

Doctor Appointments

**Wednesday, 11 a.m.**

Scenic Drive: 1st & 3rd Wednesdays

**Thursday, Leave 10 a.m., class at 10:45 a.m. (1st Thursday of month)**

Harbison Community Center

**Thursday, 11:30 a.m.**

Lunch Bunch: 2nd & 4th Thursdays

**Friday, 10:15 a.m.**

Shopping Trip: Walmart

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
<b>PALM SUNDAY</b> 5 <b>National Dandelion Day</b> 9:30 Morning Brew, ARMC 9:45 Morning Stretch, ARMC 10:00 Snack Social, ARMC 11:00 TV Church Service, Chan. 9, ARMC 1:30 Puzzles & Games, ARMC 2:00 Hand Bells, TVMC 2:30 Snack Social, ARMC <b>3:00 Columbia Lay Speakers, ARMC</b> 6:00 Cinema Sunday, TVMC	9:30 Morning Brew, ARMC 9:45 Morning Stretch, ARMC 10:00 Snack Social, ARMC 10:30 Tic Tac Toe, ARMC <b>11:00 Hymns &amp; Devotion w/David, ARMC</b> 1:30 Story of My Life, ARMC 2:30 Snack Social, ARMC 3:00 Games w/Jennifer, ARMC 4:00 Put on your Thinking Caps!, TVMC	<b>National Beer Day</b> 7 9:30 Morning Brew, ARMC 9:45 Morning Stretch, ARMC 10:00 Snack Social, ARMC 11:00 Give Me a Word, TVMC 1:30 Kerplunk, TVMC 2:30 Snack Social, ARMC 3:00 Color Cards, ARMC 3:30 Music Video, TVMC	<b>April Fools' Day</b> 1 9:30 Morning Brew, ARMC 9:45 Morning Stretch, ARMC <b>10:00 Worship w/Riverland Hills, ARMC</b> 10:00 Snack Social, ARMC <b>11:00 Scenic Drive, O</b> 1:30 Bowling, ARMC 2:30 Snack Social, ARMC <b>3:30 Trish &amp; Furry Friends Visit, ARMC</b>	9:30 Morning Brew, ARMC 9:45 Morning Stretch, ARMC 10:00 Snack Social, ARMC 10:30 DIY Crafts w/Roy, ARMC 1:30 Ball Toss, TVMC 2:30 Snack Social, ARMC 4:30 Name That Tune Singalong, ARMC	9:30 Morning Brew, ARMC 9:45 Morning Stretch, ARMC 10:00 Snack Social, ARMC 10:30 Balloon Toss, TVMC 11:00 House Manicures, ARMC <b>2:00 Happy Hour, ARMC</b> 3:30 Finish That Old Timey Phrase, TVMC	9:30 Coffee & Cookies, ARMC 9:45 Morning Stretch, ARMC 10:00 Snack Social, ARMC 11:00 Saturday Singalong, ARMC 1:30 Noodle Ball, ARMC 2:30 Snack Social, ARMC 3:00 Story of My Life, TVMC 3:30 Tic Tac Toe & Connect 4, ARMC
<b>EASTER</b> 12 9:30 Morning Brew, ARMC 9:45 Morning Stretch, ARMC 10:00 Snack Social, ARMC 11:00 TV Church Service, Chan. 9, ARMC 1:30 Puzzles & Games, ARMC 2:00 Hand Bells, TVMC 2:30 Snack Social, ARMC <b>3:00 Columbia Lay Speakers, ARMC</b> 6:00 Cinema Sunday, TVMC	9:30 Morning Brew, ARMC 9:45 Morning Stretch, ARMC 10:00 Snack Social, ARMC 10:30 Tic Tac Toe, ARMC 1:30 Story of My Life, ARMC 2:30 Snack Social, ARMC 4:00 Put on your Thinking Caps!, TVMC	9:30 Morning Brew, ARMC 9:45 Morning Stretch, ARMC 10:00 Snack Social, ARMC 11:00 Give Me a Word, TVMC 1:30 Kerplunk, TVMC 2:30 Snack Social, ARMC 3:00 Color Cards, ARMC 3:30 Music Video, TVMC	<b>PASSOVER BEGINS AT SUNSET</b> 8 9:30 Morning Brew, ARMC 9:45 Morning Stretch, ARMC <b>10:00 Sing w/Martha &amp; Friends, ARMC</b> 10:00 Snack Social, ARMC 11:00 Around the World, TVMC 1:30 Bowling, ARMC 2:30 Snack Social, ARMC <b>3:30 Trish &amp; Furry Friends Visit, ARMC</b>	9:30 Morning Brew, ARMC 9:45 Morning Stretch, ARMC 10:00 Snack Social, ARMC 10:30 DIY Crafts w/Roy, ARMC 1:30 Ball Toss, TVMC 2:30 Snack Social, ARMC 4:30 Name That Tune Singalong, ARMC	<b>GOOD FRIDAY</b> 10 9:30 Morning Brew, ARMC 9:45 Morning Stretch, ARMC 10:00 Snack Social, ARMC 10:30 Balloon Toss, TVMC 11:00 House Manicures, ARMC <b>2:00 Happy Hour, ARMC</b> 3:30 Finish That Old Timey Phrase, TVMC	9:30 Coffee & Cookies, ARMC 9:45 Morning Stretch, ARMC 10:00 Snack Social, ARMC 11:00 Saturday Singalong, ARMC 1:30 Noodle Ball, ARMC 2:30 Snack Social, ARMC 3:00 Story of My Life, TVMC 3:30 Tic Tac Toe & Connect 4, ARMC
9:30 Morning Brew, ARMC 9:45 Morning Stretch, ARMC <b>10:00 Worship Service w/ Pr. Brett, ARMC</b> 10:00 Snack Social, ARMC 11:00 TV Church Service, Chan. 9, ARMC 1:30 Puzzles & Games, ARMC 2:00 Hand Bells, TVMC 2:30 Snack Social, ARMC <b>3:00 Columbia Lay Speakers, ARMC</b> 6:00 Cinema Sunday, TVMC	9:30 Morning Brew, ARMC 9:45 Morning Stretch, ARMC 10:00 Snack Social, ARMC 10:30 Piano Favorites w/ Becky, ARMC 10:30 Tic Tac Toe, ARMC 1:30 Story of My Life, ARMC 2:30 Snack Social, ARMC 3:00 Games w/Jennifer, ARMC 4:00 Put on your Thinking Caps!, TVMC	9:30 Morning Brew, ARMC 9:45 Morning Stretch, ARMC 10:00 Snack Social, ARMC 11:00 Give Me a Word, TVMC 1:30 Kerplunk, TVMC 2:30 Snack Social, ARMC 3:00 Color Cards, ARMC 3:30 Music Video, TVMC	<b>EARTH DAY</b> 22 <b>National Jelly Bean Day</b> 9:30 Morning Brew, ARMC 9:45 Morning Stretch, ARMC <b>10:00 Sing w/Martha &amp; Friends, ARMC</b> 10:00 Snack Social, ARMC 11:00 Around the World, TVMC 1:30 Bowling, ARMC 2:30 Snack Social, ARMC <b>3:30 Trish &amp; Furry Friends Visit, ARMC</b>	9:30 Morning Brew, ARMC 9:45 Morning Stretch, ARMC 10:00 Snack Social, ARMC 10:30 DIY Crafts w/Roy, ARMC 1:30 Ball Toss, TVMC 2:30 Snack Social, ARMC 4:30 Name That Tune Singalong, ARMC	<b>Pig in a Blanket Day</b> 24 9:30 Morning Brew, ARMC 9:45 Morning Stretch, ARMC 10:00 Snack Social, ARMC 10:30 Balloon Toss, TVMC 11:00 House Manicures, ARMC <b>2:00 Happy Hour, ARMC</b> 3:30 Finish That Old Timey Phrase, TVMC	9:30 Coffee & Cookies, ARMC 9:45 Morning Stretch, ARMC 10:00 Snack Social, ARMC 11:00 Saturday Singalong, ARMC 1:30 Balloon Toss, ARMC 2:30 Snack Social, ARMC 3:00 Story of My Life, TVMC 3:30 Tic Tac Toe & Connect 4, ARMC
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