

# THE Harbison Shores Lifestyle



HARBISON SHORES  
SENIOR LIVING AT EASE

Like Us!



MEMORY CARE COMMUNITY  
990 Columbia Avenue · Irmo, SC 29206 · (803) 749-7889 · [www.carolina-gardens.com](http://www.carolina-gardens.com)

## Hello From the Executive Director



Mother's Day falls on Sunday May 14th this year. The world is filled with Mother figures. This Mother's Day is an opportunity to celebrate all the mothers in your life, biological and elected, the blood and chosen. We are blessed at Harbison Shores to celebrate all the ladies this Mother's Day. Happy Mother's Day from the Staff at Harbison Shores. Elaine Till, NHA, CRCA  
Executive Director

## MAY 2023

## Memorial Day

This U.S. federal holiday is observed on the last Monday of May to honor the men and women who have died while serving in the military.

Memorial Day was originally known as Decoration Day, starting with the American Civil War. It's believed that the tradition of honoring the dead was inspired by the way Southern states decorated the graves of both Confederate and Union soldiers with flowers, wreaths, and flags.

Several cities and towns across the country lay claim as the first to observe Decoration Day. On May 5, 1866, Waterloo, New York, hosted its own community-wide event that, in 1966, led to President Lyndon Johnson declaring the town as the birthplace of Decoration Day. ([almanac.com](http://almanac.com))



**MAY 2023**

**May Birthdays**

Alan Terry: May 12th  
Laurens Pitts: May 14th  
Ellen Hill: May 26th  
Edwin Hill: May 28th  
Karl Hess: May 30th

**Fun Upcoming Holidays**

May 4th: Bird Day  
May 13th: National Train Day  
May 28th: National Hamburger Day  
May 31st: National Macaroon Day

**Calendar Locations**

TVR = TV Room  
AR = Activity Room  
DR = Dining Room

**Lucky Giants**

Representing luck, prosperity and wisdom, elephants are popular symbols in many cultures. The decorating technique of feng shui—intentional placement of items to direct energy flow—states that placing an elephant figurine just inside your front entrance, facing indoors, brings good luck into the home.

**“Keep a green tree in your heart and perhaps the singing bird will come.”**  
—Chinese proverb

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00 Cornhole - AR 11:00 Sing-along - AR 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	2 10:00 Giant-Sized Jenga - AR 11:00 Piano and Singing With Carolyn - AR 2:00 Jubilant Singers Perform - AR 3:30 Afternoon Bingo - AR	3 10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club	4 10:00 Drawing Class - AR 11:00 Sing-along - AR 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR	5 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 1:30 Music With Will Parker - TVR 3:00 Bible Study with Jim - TVR 4:00 Afternoon '40s Movie - TVR	6 10:00 Walk in the Villa Courtyard 11:00 Pastor Matt Comes To Visit - TVR 11:00 Puzzle Club - AR 1:30 Sports on Television - TVR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
7 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 Sports on Television - TR 3:00 Methodist Church Service - TVR	8 10:00 Cornhole - AR 11:00 Sing-along - AR 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	9 10:00 Dogs Come In To Be Petted - TVR 10:00 Giant-Sized Jenga - AR 11:00 Piano and Singing With Carolyn - AR 2:30 Music Program - TVR 3:30 Afternoon Bingo - AR	10 10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club	11 10:00 Drawing Class - AR 11:00 Sing-along - AR 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR	12 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 2:00 Happy Hour - TVR 3:00 Bible Study with Jim - TVR 4:00 Afternoon '40s Movie - TVR	13 11:00 Puzzle Club - AR 1:30 Sports on Television - TVR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
14 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 12:30 Mother's Day Lunch 1:30 Sports on Television - TR 3:00 Methodist Church Service - TVR	15 10:00 Cornhole - AR 11:00 Sing-along - AR 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	16 10:00 Giant-Sized Jenga - AR 11:00 CV Fashion Store Sets Up - AL Lobby 11:00 Piano and Singing With Carolyn - AR 2:30 Music Program - TVR 3:30 Afternoon Bingo - AR	17 10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club	18 10:00 Drawing Class - AR 11:00 Sing-along - AR 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR 4:30 Spring Fling Party - AR	19 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 1:30 Music With Will Parker - TVR 3:00 Bible Study with Jim - TVR 4:00 Afternoon '40s Movie - TVR	20 10:00 Walk in the Villa Courtyard 11:00 Puzzle Club - AR 1:30 Sports on Television - TVR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
21 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 Sports on Television - TR 3:00 Methodist Church Service - TVR	22 10:00 Cornhole - AR 11:00 Sing-along - AR 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	23 10:00 Giant-Sized Jenga - AR 11:00 Piano and Singing With Carolyn - AR 2:30 Music Program - TVR 3:30 Afternoon Bingo - AR	24 10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club	25 10:00 Drawing Class - AR 11:00 Sing-along - AR 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR	26 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 2:30 Memorial Day Ceremony - TVR 3:00 Bible Study with Jim - TVR 4:00 Afternoon '40s Movie - TVR	27 11:00 Puzzle Club - AR 1:30 Sports on Television - TVR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
28 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 Sports on Television - TR 3:00 Methodist Church Service - TVR	29 Memorial Day 10:00 Cornhole - AR 11:00 Sing-along - AR 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	30 10:00 Giant-Sized Jenga - AR 11:00 Piano and Singing With Carolyn - AR 2:30 Music Program - TVR 3:30 Afternoon Bingo - AR	31 10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club			



## Employee of the Month

This month, we chose to honor our awesome housekeeper, Andrea Sygit, as our employee of the month. Andrea is a vital part of our team, she often goes above and beyond to keep our community beautiful, she is faithful to her job, and she loves the residents. Andrea, thank you so much for doing the wonderful job that you do!

## Journal Prompt: Creativity

Creative works, like movies, books and games, keep the world interesting and fun! Try this creative exercise: Think of a dream you had recently and write or draw something inspired by it.

