



Hello From the Executive Director

Why do we celebrate the 4th of July? What does it mean? This day is significant in American History, as it marks the day the United States officially became its own nation. The Declaration of Independence was adopted on July 4th, 1776, and America was born.

Today modern Independence Day traditions stem from America's early independence celebrations. People would attend bonfires, concerts, firing cannons, and parades to celebrate their new nation.

Over time, those traditions evolved and became the Independence Day traditions we know today:

Fireworks, barbecues, and a day at the lake or beach and good fellowship with friends and family.

At Harbison Shores we will celebrate with the traditional foods and fellowship. From our Harbison Shores family to your family, have a safe and wonderful July 4th.

Elaine M. Till, NHA CRCA

Executive Director

JULY 2022

Employee of the Month



Monique Robinson is our employee of the month. Monique has worked at Harbison Shores for about four years; she's always on time and faithful to her schedule, she does her job very well, and she has a very pleasant personality. Monique has two children (girls) and enjoys going to the beach. Thanks for all you do, Monique! We are grateful for you.





JULY 2022

About Irmo

Resident **Birthdays**

HARBISON	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SHORES SENIOR LIVING AT EASE MEMORY CARE JULY 2022						9:00 Morning Exercise in the TV Room 10:00 Reminiscing on the Porch 2:00 A Look Back in History, in the TV Room 3:00 Afternoon Movie in the TV Room	9:00 Morning Stretches in the TV Room 10:00 Puzzle Club in the Activity Room 2:00 Ball Toss in the TV Room 3:00 Afternoon Movie in the TV Room
The Town of Irmo began as a rural settlement around a water and refueling stop for trains traveling the Columbia, Newberry and Laurens Railroad. The town was incorporated on December 24, 1890, and was named after two officials of the railroad - Mr. Iredell and Mr. Moseley. Irmo continued as a sleepy rural town until the development of several subdivisions in the late 1960s to early 1970s. The growth of the area proceeded at a steady pace until the late 1970s when the growth of the Irmo area spread, to some extent like "wildfire." The 2000 Census for the Town of Irmo showed the population of the town had increased by 96% in the last ten years. The official population as of 2000 was 11,039, making Irmo the largest Lexington County municipality. (Courtesy of townofirmosc.com) Resident Birthdays Erma Wyrick - July 12th	9:00 Morning Yoga in the TV Room 10:00 Worship Service in the TV Room 2:00 Courtyard Current Events Chat 3:00 Afternoon Movie in the TV Room	9:00 Morning Exercise in the TV Room 10:00 Trivia Time in the TV Room 2:00 Word Games in the TV Room 3:00 Afternoon Ball Toss	9:00 Morning Stretches in the TV Room 10:00 Reading Club in the TV Room 2:00 Musical Program in the TV Room 3:00 Afternoon Bingo	9:00 Morning Exercise in the TV Room 10:00 John Gibbons Performs in the TV Room 2:00 Crafters' Club in the Activity Room 3:00 Afternoon Movie in the TV Room	9:00 Morning Yoga in the TV Room 10:00 Art Class in the Activity Room 2:00 Musical Program in the TV Room 3:00 Afternoon Bingo	9:00 Morning Exercise in the TV Room 10:00 Reminiscing on the Porch 2:00 Will Performs in the TV Room 3:00 Afternoon Movie in the TV Room	9 9:00 Morning Stretches in the TV Room 10:00 Puzzle Club in the Activity Room 2:00 Ball Toss in the TV Room 3:00 Afternoon Movie in the TV Room
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Erma Wyrick - July 12th Gladys Usry - July 23rd "Like a welcome summer rain, humor may suddenly cleanse and cool the earth, the air, and you." —Langston Hughes	9:00 Morning Yoga in the TV Room 10:00 Worship Service in the TV Room 2:00 Courtyard Current Events Chat 3:00 Afternoon Movie in the TV Room 31 9:00 Morning Yoga in the TV Room 10:00 Worship Service in the TV Room 2:00 Courtyard Current Events Chat 3:00 Afternoon Movie in the TV Room	9:00 Morning Exercise in the TV Room 10:00 Trivia Time in the TV Room 2:00 Word Games in the TV Room 3:00 Afternoon Ball Toss	9:00 Morning Stretches in the TV Room 10:00 Reading Club in the TV Room 2:00 Musical Program in the TV Room 3:00 Afternoon Bingo	9:00 Morning Exercise in the TV Room 10:00 John Gibbons Performs in the TV Room 2:00 Crafters' Club in the Activity Room 3:00 Afternoon Movie in the TV Room	9:00 Morning Yoga in the TV Room 10:00 Art Class in the Activity Room 2:00 Musical Program in the TV Room 3:00 Afternoon Bingo	9:00 Morning Exercise in the TV Room 10:00 Reminiscing on the Porch 2:00 A Look Back in History, in the TV Room 3:00 Afternoon Movie in the TV Room	9:00 Morning Stretches in the TV Room 10:00 Puzzle Club in the Activity Room 2:00 Ball Toss in the TV Room 3:00 Afternoon Movie in the TV Room



By the Sea

The ocean is full of wonder and delight. Look back at your experiences with the sea.

- Have you been to the ocean? When and where was your first visit? If you've traveled to the seashore more than once, do you have a favorite location?
- If you've never seen the ocean, would you like to? Why or why not?
- Did you or anyone you know have a job that involved being at the shore or at sea? Share those experiences.
- There are many leisure activities enjoyed at the beach, from swimming to surfing to simply relaxing. What have been your favorites?
- Did you ever visit a pier, boardwalk, lighthouse or other coastal attraction?
- Have you collected shells from a beach? What about sand dollars or sea glass? Has anyone brought you these as souvenirs from their travels?
- Do you have any beach-related décor in your home? Are there any stories behind the items?
- Many people are fond of marine animals. What are some of your favorites? Have
 you seen any up close, whether in the wild or at an aquarium? Is there a particular
 aquatic animal you'd like to see in person someday?
- Crashing waves, calling seagulls and singing whales can be relaxing. Do you like to listen to ocean sounds?
- Many books, movies and TV shows are about adventures on the high seas. What are some nautical stories that you enjoy?
- Do you have any favorite songs about the ocean or being at the beach?

'Gal' Is One

How many words can you come up with using the letters in "sunglasses"?

Laugh Lines: 'Seas' the Moment

Soak in some fun with these water witticisms:

Jill: "What's your favorite beach?"

Joe: "It's a beach in California." Jill: "California has a lot of beaches. Could you be more Pacific?"

Two men rented a canoe and went fishing in a remote part of a lake. Admiring their day's big catch, one of the men said, "We need to mark this spot!" The other man took out his pocketknife and began carving a big X in the bottom of the canoe. "What are you doing?" yelled the first man. His buddy explained, "I'm marking our spot, like you said!" "That doesn't make any sense! How do you know we'll get the same canoe next time?!"

A geology professor's former student returned to campus one day with a gift for her teacher, a unique soil sample she'd collected from a faraway river. Upon receiving the gift, the professor replied, "I appreciate the sediment."

Q: Why did the teacher dive into the lake?

A: She wanted to test the water.

Q: What did the tide pool say to the other tide pool?

A: Show me your mussels.

Q: What keeps a dock floating above water?

A: Pier pressure.

Q: Why is the ocean always on time?

A: It likes to stay current.



