

# THE Harbison Shores Lifestyle



HARBISON SHORES  
SENIOR LIVING AT EASE

Like Us!



MEMORY CARE COMMUNITY  
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## SEPTEMBER 2022

### Employee of the Month

This month, Tina Peterson is our employee of the month. Tina is an amazing employee in our housekeeping department. She is always smiling, always willing to help, and has an excellent quality of work. Tina has one daughter; Tina is a South Carolina native; she's a Steelers fan; her favorite color is orange; her favorite food is pizza; her favorite music is R she loves shopping, and she loves football and basketball. Tina, we are so thankful to have you as a part of our team!



### Hello From the Executive Director

We will be celebrating Assisted Living Week and Labor Day this month.

National Assisted Living week is September the 11th through the 17th. This gives us the opportunity to recognize all the staff, volunteers and families that play a vital role in all the amazing ways in which we help our residents.

During Assisted Living week, we will have special activities that will include our residents, families, and staff.

Labor Day is just around the corner. Labor Day is observed the 1st Monday of September. Labor Day pays tribute to the contributions and achievements of American Workers. It also symbolizes the end of summer.

Elaine M. Till, NHA, CRCA  
Executive Director

### 'Ripe' Is One

How many words can you come up with using the letters in "apple cider"?

# SEPTEMBER 2022

## September Birthdays

Mary Bickley 9/7  
 Joe Stewart 9/13  
 Sarah Brown 9/16  
 Myrtle Bernarbo 9/17  
 Don Jones 9/26  
 Willie Bowman 9/26

## Fun Upcoming Holidays

September 6th: Read a Book Day  
 September 11th: Grandparents Day  
 September 20th: Pepperoni Pizza Day  
 September 26th: Johnny Appleseed Day

## Calendar

## Locations

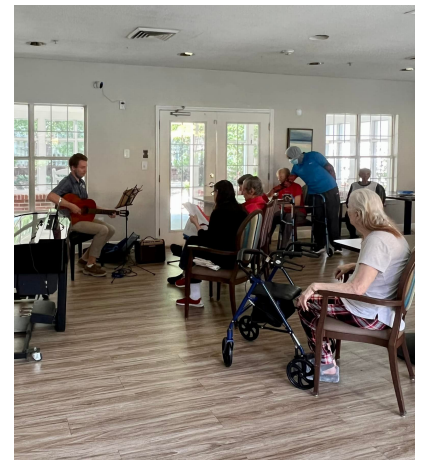
TVR = TV Room  
 AR = Activity Room  
 DR = Dining Room

## Social Strolls

Set aside specific times each week to take a walk with different friends. You'll get the benefits of a low-impact, cardiovascular workout while staying in touch with those near and dear to you.

*"If life is a cup of tea, gratitude is the honey that makes it sweet."*  
 —Natasha Potter

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:00 Art Class - AR 10:00 Morning Yoga - TVR 2:30 Musical Program - TVR 3:30 Afternoon Bingo - AR	2 10:00 Reminiscing on the Porch 11:00 Morning Exercise - TVR 2:30 Happy Hour With Will Parker - TVR 3:30 Afternoon '40s Movie - TVR	3 10:00 Morning Stretches - TVR 11:00 Puzzle Club - AR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
4 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 2:30 Courtyard Current Events Chat 3:30 Afternoon '50s Movie - TVR	5 Labor Day 11:00 Morning Exercise - TVR 11:00 Trivia Time - TVR 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR	6 10:00 Morning Stretches - TVR 11:00 Piano and Singing With Carolyn - AR 2:30 Musical Program - TVR 3:30 Afternoon Bingo - AR	7 10:00 John Gibbons Performs - TVR 11:00 Morning Exercise - TVR 2:30 Snack Making - DR 3:30 Afternoon Western Movie - TVR	8 10:00 Art Class - AR 10:00 Morning Yoga - TVR 2:30 Musical Program - TVR 3:30 Afternoon Bingo - AR	9 10:00 Reminiscing on the Porch 11:00 Morning Exercise - TVR 2:30 Happy Hour - TVR 3:30 Afternoon '40s Movie - TVR	10 10:00 Morning Stretches - TVR 11:00 Puzzle Club - AR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
11 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 2:30 Courtyard Current Events Chat 3:30 Afternoon '50s Movie - TVR	12 11:00 Morning Exercise - TVR 11:00 Trivia Time - TVR 2:30 Assisted Living Week Celebration: Ice Cream Social - AR 3:30 Afternoon Ball Toss - TVR	13 10:00 Morning Stretches - TVR 11:00 Piano and Singing With Carolyn - AR 2:30 Assisted Living Week Celebration: Staff and Resident Games - AR 3:30 Afternoon Bingo - AR	14 10:00 John Gibbons Performs - TVR 11:00 Morning Exercise - TVR 2:30 Assisted Living Week Celebration: Photo Booth - AR 3:30 Afternoon Western Movie - TVR	15 10:00 Art Class - AR 10:00 Morning Yoga - TVR 2:30 Musical Program - TVR 4:00 Assisted Living Week Celebration: Murder Mystery Event - TVR	16 10:00 Reminiscing on the Porch 11:00 Morning Exercise - TVR 2:00 Assisted Living Week Celebration: Clemson/Carolina Day - Outside 2:30 Happy Hour With Will Parker - TVR 3:30 Afternoon '40s Movie - TVR	17 10:00 Morning Stretches - TVR 11:00 Puzzle Club - AR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
18 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 2:30 Courtyard Current Events Chat 3:30 Afternoon '50s Movie - TVR	19 11:00 Morning Exercise - TVR 11:00 Trivia Time - TVR 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR	20 10:00 Morning Stretches - TVR 11:00 Piano and Singing With Carolyn - AR 2:30 Musical Program - TVR 3:30 Afternoon Bingo - AR	21 10:00 John Gibbons Performs - TVR 11:00 Morning Exercise - TVR 2:30 Crafters' Club - AR 3:30 Afternoon Western Movie - TVR	22 10:00 Art Class - AR 10:00 Morning Yoga - TVR 2:30 Musical Program - TVR 3:30 Afternoon Bingo - AR	23 10:00 Reminiscing on the Porch 11:00 Morning Exercise - TVR 2:30 Happy Hour - TVR 3:30 Afternoon '40s Movie - TVR	24 10:00 Morning Stretches - TVR 11:00 Puzzle Club - AR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
25 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 2:30 Courtyard Current Events Chat 3:30 Afternoon '50s Movie - TVR	26 11:00 Morning Exercise - TVR 11:00 Trivia Time - TVR 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR	27 10:00 Morning Stretches - TVR 11:00 Piano and Singing With Carolyn - AR 2:30 Musical Program - TVR 3:30 Afternoon Bingo - AR	28 10:00 John Gibbons Performs - TVR 11:00 Morning Exercise - TVR 2:30 Crafters' Club - AR 3:30 Afternoon Western Movie - TVR	29 10:00 Art Class - AR 10:00 Morning Yoga - TVR 2:30 Musical Program - TVR 3:30 Afternoon Bingo - AR	30 10:00 Reminiscing on the Porch 11:00 Morning Exercise - TVR 2:30 Happy Hour With Will Parker - TVR 3:30 Afternoon '40s Movie - TVR	



## Popular Pages: 'The Hobbit'

Although he is around 50 years old, hobbit Bilbo Baggins, the hero of J.R.R. Tolkien's classic novel, has lived a quiet, sheltered life. That changes when he is recruited by the wizard Gandalf and a group of dwarves to help them sneak into the lair of Smaug, a fearsome dragon who has stolen the dwarves' treasure. Published in 1937, the fantastical tale is beloved by children and adults alike, thanks to exciting adventures, warm humor and a memorable menagerie of magical creatures.