

Why Are Pumpkins Used During Halloween?

Originally, pumpkin carving began in Ireland. Long before America was colonized by Europe, Irish people were carving scary faces into food that was readily available such as potatoes, turnips and even beets. This tradition spread and as early as the 1600s when Irish and European travelers started to settle in the United States. Pumpkins were readily available in America and were soon found to be much better for carving, so they were used instead.

The very first Jack O' Lanterns were made with fall harvest pumpkins, hollowed out to make lanterns that would light up the windows and doors scaring off any evil or bad spirits.



Fall Craft Ideas

Let nature bring a touch of autumn to your space with these fun and easy crafts:

Door Décor — Combine leaves, acorns, and miniature pumpkins to make a show stopping wreath for your door. Glue the items to a ready-made grapevine or straw wreath, or wrap a foam wreath with burlap or plaid fabric for a cozy, rustic look.

Pumpkin Planter — Cut the top off a real or artificial pumpkin and fill it with a houseplant, fall mums or a bouquet of other blooms. Mini pumpkins can hold small succulents or battery-operated tea lights.

Festive Foliage — Gather fallen leaves in rich hues of red, orange and yellow, or buy artificial leaves at a craft store. String them together using a needle and thread or fishing line. Hang the garland over a doorway or window.

Artsy Acorns — Collect or purchase acorns, then paint the seed portion of each one leaving its brown cap natural. Choose paint colors to reflect a theme: Traditional fall tones, metallic shades for some sparkle, or neon colors for frighteningly good fun! Once dry, display the acorns in a bowl or vase.

Memorable Halloween Themed Quotes

1. "Each year, the Great Pumpkin rises out of the pumpkin patch that he thinks is the most sincere." -*Charles M. Schulz, "It's the Great Pumpkin, Charlie Brown"*
2. "Find the thing that must be read, lest your heart be filled with dread." -*Madame Leota, "The Haunted Mansion"*
3. "Believe nothing you hear, and only one half that you see." -*Edgar Allan Poe*
4. "The universe is full of magical things patiently waiting for our wits to grow sharper." -*Eden Phillpots*
5. "Never trust anything that can think for itself if you can't see where it keeps its brain." -*J.K. Rowling*

THE Harbison Shores Lifestyle



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OCTOBER 2021

Employee of the Month

Congratulations to Christel Kinley! She is our Employee of the Month for October. Christel is a Medication Tech with us and has worked within senior living communities for 19 years. She stands out as an exceptional staff member due to her punctuality, customer service, and ability to work as a team. Christel's favorite place to work is Memory Care because there is never a dull moment. She is a very hard worker and a team player. Although she has not been here long, she fits right into our team and helps us run like a well-oiled machine. Thank you for all of your hard work and dedication to Harbison Shores!



Hello From the Administrator

It is hard to believe that October is here. We are looking forward to cooler weather. We are so fortunate at Harbison Shores to have beautiful courtyards and areas for our residents to enjoy the early fall weather. Nothing like being outside and fresh air to rejuvenate everyone. Our Caregivers walk with the residents around our beautiful community.



Due to Covid restrictions, our Halloween Celebration will be different this year. We are going to have input from all of our staff, and they will participate with the residents with our Halloween Party. Since Halloween is on Sunday, we will be celebrating on the Friday before this year.

Our Dietary staff will be serving food in season such as apples, pumpkins, and squash along with our regular menu.

We have other great ideas planned to enhance the lives of our Harbison Shores' residents.

We are looking forward to a great fall.

Best Wishes

Elaine M. Till

Executive Director



OCTOBER 2021

Locations

Activity Room, Memory Care, ARMC

Outing, O

TV Room, Memory Care, TVMC

Villas, Upstairs Gathering Place, VUGP

Villas, Dining Room, VDR

Birthdays

Marian Faile, 19th

Elease Brown, 27th

“A smile is a curve that sets everything straight.”

—Phyllis Diller

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					9:15 Balloon Tennis, ARMC 1 10:30 Snack Time, ARMC 10:30 Painting, ARMC 1:30 Afternoon Team Sports, ARMC 2:30 Snack Time, ARMC	9:15 Dance Exercise, ARMC 2 10:30 Snack Time, ARMC 1:00 History of Pirates, TVMC 2:30 Snack Time, ARMC 6:00 Cinema Saturday, TVMC
9:15 Soothing Yoga, ARMC 3 10:30 Snack Time, ARMC 11:00 Virtual Church Service, ARMC 1:30 Summertime Carnival, TVMC 2:30 Snack Time, ARMC	9:15 Zumba Fitness, TVMC 4 10:15 Learning the Shag, TVMC 10:30 Snack Time, ARMC 1:30 Devotional Discussion, TVMC 2:30 Snack Time, ARMC 2:30 Baking Club, ARMC	9:15 Soothing Yoga, ARMC 5 10:30 Snack Time, ARMC 10:30 Painting, ARMC 1:30 Bingo, ARMC 2:30 Snack Time, ARMC 3:00 Handbells and Hymns, ARMC	9:15 Balloon Tennis, ARMC 6 10:30 Snack Time, ARMC 1:30 Puzzles and Card Games, TVMC 2:00 Oceans of Education: Learning about the Sea, ARMC 2:30 Snack Time, ARMC 3:30 Bible Study, TVMC	9:15 Zumba Fitness, TVMC 7 10:30 Snack Time, ARMC 10:30 Painting, ARMC 1:30 Bingo, ARMC 2:00 Greats of the Westerns: Stars and Stories, ARMC 2:30 Snack Time, ARMC	9:15 Balloon Tennis, ARMC 8 10:30 Snack Time, ARMC 10:30 Painting, ARMC 1:30 Afternoon Team Sports, ARMC 2:30 Snack Time, ARMC	9:15 Dance Exercise, ARMC 9 10:30 Snack Time, ARMC 1:00 History of Pirates, TVMC 2:30 Snack Time, ARMC 6:00 Cinema Saturday, TVMC
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