

THE Harbison Shores Lifestyle



HARBISON
SHORES
SENIOR LIVING AT EASE

Like Us!



MEMORY CARE COMMUNITY

990 Columbia Avenue • Irmo, SC 29206 • (803) 749-7889 • www.carolina-gardens.com

OCTOBER 2022

Employee of the Month

This month, Brianna Ginn is our employee of the month. Brianna mainly works in the villa as a med-technician. She has a wonderful personality, and she's always willing to help in any way possible, to ensure that the community is operating as it should. Brianna does excellent work here, and we are so thankful to have her as a part of our team.



Hello From the Executive Director

During October we think of Halloween. But there are misconceptions about the meaning of Halloween. Why do we dress up in costumes? Halloween has its roots in the Celtic festival of Samhain. Samhain was the traditional end of summer and the beginning of the long cold season. The Celts would dress in costume which is where we get the modern tradition of dressing up and celebrating.

At Harbison Shores our staff and residents will be celebrating Halloween. We will be painting pumpkins, decorating and enjoying that special Halloween candy.

Elaine Till, NHA CRCA

Executive Director

Nibble and Sip

Cheese with sliced apples, or even a slice of apple pie, is a classic pairing. Apply this same logic when sipping on apple cider. Foodies suggest brie, cheddar, gouda and blue cheese to bring out the bold flavors of the crisp fall beverage.

OCTOBER 2022

October Birthdays

Rosemarie McCallum 10/5
Elease Brown 10/27
James Wessinger 10/31

Fun Upcoming Holidays

October 4th: National Gold Day
October 14th: National Dessert Day
October 21st: International Nacho Day
October 25th: World Opera Day

Calendar Locations

TVR = TV Room
AR = Activity Room
DR = Dining Room

Owl You Aware?

The world is home to more than 200 species of owls, which are categorized into two families. Most are typical owls, which have round faces, and 20 species are barn owls, characterized by their heart-shaped faces.

“If everyone started off the day singing, just think how happy they’d be.”
—Lauren Miracle

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<div>1</div> <div>10:00 Walk in the Villa Courtyard 11:00 Puzzle Club - AR 1:30 College Football - TVR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR</div>
<div>2</div> <div>10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 NFL Football - TR 3:00 Methodist Church Service - TVR</div>	<div>3</div> <div>10:00 Morning Exercise - TVR 11:00 Trivia Time - TVR 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR</div>	<div>4</div> <div>10:00 Walk in the Villa Courtyard 11:00 Piano and Singing With Carolyn - AR 2:30 Musical Program - TVR 3:30 Afternoon Bingo - AR</div>	<div>5</div> <div>10:00 John Gibbons Performs - TVR 10:00 Morning Exercise - TVR 2:30 Snack Making - DR 3:30 Afternoon Western Movie - TVR</div>	<div>6</div> <div>10:00 Art Class - AR 10:00 Morning Yoga - TVR 2:30 Musical Program - TVR 3:30 Afternoon Bingo - AR</div>	<div>7</div> <div>10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch 2:00 Music With Pam Austin - TVR 3:30 Afternoon ’40s Movie - TVR</div>	<div>8</div> <div>10:00 Walk in the Villa Courtyard 11:00 Puzzle Club - AR 1:30 College Football - TVR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR</div>
<div>9</div> <div>10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 NFL Football - TR 3:00 Methodist Church Service - TVR</div>	<div>10</div> <div>Columbus Day 10:00 Morning Exercise - TVR 11:00 Trivia Time - TVR 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR</div>	<div>11</div> <div>10:00 Walk in the Villa Courtyard 11:00 Piano and Singing With Carolyn - AR 2:30 Musical Program - TVR 3:30 Afternoon Bingo - AR</div>	<div>12</div> <div>10:00 John Gibbons Performs - TVR 10:00 Morning Exercise - TVR 2:30 Crafters’ Club - AR 3:30 Afternoon Western Movie - TVR</div>	<div>13</div> <div>10:00 Art Class - AR 10:00 Morning Yoga - TVR 2:30 Musical Program - TVR 3:30 Afternoon Bingo - AR</div>	<div>14</div> <div>10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch 1:30 Music With Will Parker - TVR 3:30 Afternoon ’40s Movie - TVR</div>	<div>15</div> <div>10:00 Walk in the Villa Courtyard 11:00 Puzzle Club - AR 1:30 College Football - TVR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR</div>
<div>16</div> <div>10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 NFL Football - TR 3:00 Methodist Church Service - TVR</div>	<div>17</div> <div>10:00 Morning Exercise - TVR 11:00 Trivia Time - TVR 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR</div>	<div>18</div> <div>10:00 Walk in the Villa Courtyard 11:00 Piano and Singing With Carolyn - AR 2:30 Musical Program - TVR 3:30 Afternoon Bingo - AR</div>	<div>19</div> <div>10:00 John Gibbons Performs - TVR 10:00 Morning Exercise - TVR 2:30 Crafters’ Club - AR 3:30 Afternoon Western Movie - TVR</div>	<div>20</div> <div>10:00 Art Class - AR 10:00 Morning Yoga - TVR 12:30 Oktoberfest Lunch - DR 2:30 Musical Program - TVR 3:30 Afternoon Bingo - AR</div>	<div>21</div> <div>10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch 2:00 Happy Hour - TVR 3:30 Afternoon ’40s Movie - TVR</div>	<div>22</div> <div>10:00 Walk in the Villa Courtyard 11:00 Puzzle Club - AR 1:30 College Football - TVR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR</div>
<div>23</div> <div>10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 NFL Football - TR 3:00 Methodist Church Service - TVR</div>	<div>24</div> <div>10:00 Morning Exercise - TVR 11:00 Trivia Time - TVR 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR</div>	<div>25</div> <div>10:00 Walk in the Villa Courtyard 11:00 Piano and Singing With Carolyn - AR 2:30 Musical Program - TVR 3:30 Afternoon Bingo - AR</div>	<div>26</div> <div>10:00 John Gibbons Performs - TVR 10:00 Morning Exercise - TVR 2:30 Crafters’ Club - AR 3:30 Afternoon Western Movie - TVR</div>	<div>27</div> <div>10:00 Art Class - AR 10:00 Morning Yoga - TVR 2:30 Musical Program - TVR 3:30 Afternoon Bingo - AR</div>	<div>28</div> <div>10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch 1:30 Music With Will Parker - TVR 2:00 Halloween Trunk or Treat and Lunch - Outside 3:30 Afternoon ’40s Movie - TVR</div>	<div>29</div> <div>10:00 Walk in the Villa Courtyard 11:00 Puzzle Club - AR 1:30 College Football - TVR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR</div>
<div>30</div> <div>10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 NFL Football - TR 3:00 Methodist Church Service - TVR</div>	<div>31</div> <div>10:00 Morning Exercise - TVR 11:00 Ball Toss - TVR 2:30 Word Games - TVR 3:30 Halloween Trivia and Snacks - TVR</div>					



We had a wonderful time at our luau. Brenda did an amazing job with the food experience!

Remember When: Blow Mold Decorations

Once upon a time, seasonal and holiday decorating in America meant many homes in a typical neighborhood had blow mold figurines. Made of durable, brightly colored plastic and usually containing plug-in lights, decorations in the shapes of pumpkins, snowmen and more gave off an inviting glow on a brisk evening. Around since the 1940s, blow molds reached their peak in the '70s. Though retailers are bringing back the trend by producing new molds, vintage pieces are even more popular, whether passed down from a relative or purchased at an antique store.



Soaking up the rays of sun outdoors, on a nice afternoon.

