

THE Harbison Shores Lifestyle



HARBISON SHORES
SENIOR LIVING AT EASE

Like Us!



MEMORY CARE COMMUNITY
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Hello From the Executive Director

Thanksgiving is the first holiday of the end of year season that brings about togetherness, joy, and hope.

As we all gather around the Thanksgiving table this year, please take a moment to reflect on what you are most grateful.

I am thankful for the opportunity to serve as your Executive Director and our wonderful residents.

In this Thanksgiving season, I want to express my appreciation for our loyal staff and family members.

From our Harbison Shores family to yours, wishing you a day of feasting, laughing, and loving one another.

Elaine Till, NHA, CRCA
Executive Director

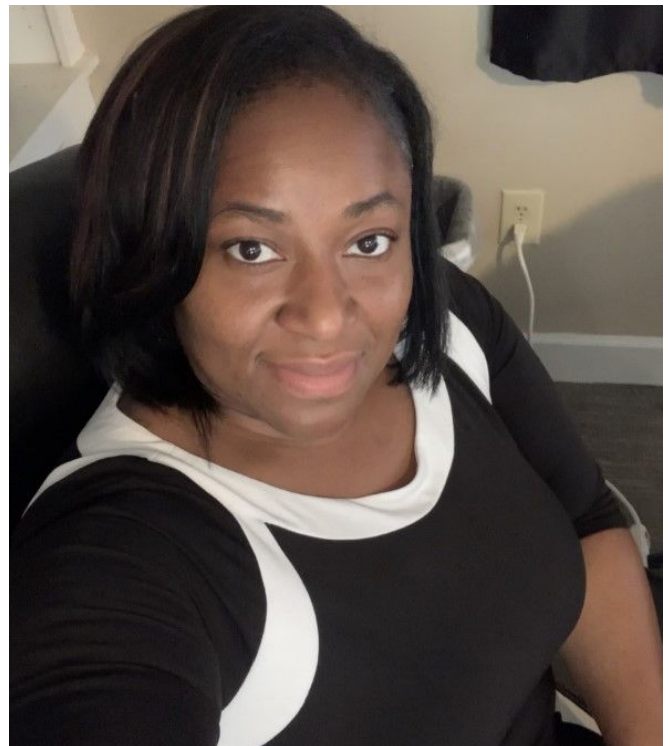


NOVEMBER 2022

Employee of the Month

This month, Aisha Woodard, our weekend concierge is our employee of the month. Aisha is also the property manager of a manufactured home community in Cayce, South Carolina. She's worked in the property management industry for 15 years.

Currently, she is attending Midlands Technical College to obtain an Associate Degree in business arts. Her future goals are to one day open her own manufactured home community. Aisha is a South Carolina native. Her hobbies are traveling, gospel concerts, and shopping. Thank you for all you do, Aisha!



NOVEMBER 2022

November Birthdays

 Robert Werts 11/09
 Barbara Racer 11/21

Fun Upcoming Holidays

 November 5th: Book Lovers Day
 November 12th: Chicken Soup for the Soul Day
 November 18th: Apple Cider Day
 November 23rd: National Jukebox Day

Calendar Locations

 TVR = TV Room
 AR = Activity Room
 DR = Dining Room

Sage Advice

In several cultures, the herb sage is seen as a symbol of wisdom. There's truth to that ancient lore: Multiple studies have shown that the plant helps improve memory and cognitive ability, and researchers are studying sage as a preventive treatment for Alzheimer's disease and other brain conditions.

"Care less for your harvest than for how it is shared, and your life will have meaning and your heart will have peace."
 —Kent Nerburn

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 Giant-Sized Jenga - AR 11:00 Piano and Singing With Carolyn - AR 2:30 Musical Program - TVR 3:30 Afternoon Bingo - AR	2 10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:30 Crafters' Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Outside Walk	3 10:00 Drawing Class - AR 11:00 Singalong - AR 2:30 Musical Program - TVR 2:30 Outside Walk 3:30 Afternoon Bingo - AR	4 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 1:30 Music With Will Parker - TVR 3:00 Outside Walk 3:30 Afternoon '40s Movie - TVR	5 10:00 Walk in the Villa Courtyard 11:00 Puzzle Club - AR 1:30 College Football - TVR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
6 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 NFL Football - TR 3:00 Methodist Church Service - TVR	7 10:00 Cornhole - AR 11:00 Singalong - AR 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Outside Walk	8 10:00 Giant-Sized Jenga - AR 11:00 Piano and Singing With Carolyn - AR 2:30 Musical Program - TVR 3:30 Afternoon Bingo - AR	9 10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:30 Crafters' Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Outside Walk	10 10:00 Drawing Class - AR 11:00 Singalong - AR 2:30 Musical Program - TVR 2:30 Outside Walk 3:30 Afternoon Bingo - AR	11 Veterans Day 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 2:00 Happy Hour - TVR 2:30 Veterans Day Recognition - TVR 3:00 Outside Walk 3:30 Afternoon '40s Movie - TVR	12 10:00 Walk in the Villa Courtyard 11:00 Puzzle Club - AR 1:30 College Football - TVR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
13 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 NFL Football - TR 3:00 Methodist Church Service - TVR	14 10:00 Cornhole - AR 11:00 Singalong - AR 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Outside Walk	15 10:00 Giant-Sized Jenga - AR 11:00 Piano and Singing With Carolyn - AR 2:30 Musical Program - TVR 3:30 Afternoon Bingo - AR	16 10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:30 Crafters' Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Outside Walk	17 10:00 Drawing Class - AR 11:00 Singalong - AR 2:30 Musical Program - TVR 2:30 Outside Walk 3:30 Afternoon Bingo - AR 5:00 A Thankful Family Night: Drink and Dessert Bar - DR	18 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 1:30 Music With Will Parker - TVR 3:00 Outside Walk 3:30 Afternoon '40s Movie - TVR	19 10:00 Walk in the Villa Courtyard 11:00 Puzzle Club - AR 1:30 College Football - TVR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
20 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 NFL Football - TR 3:00 Methodist Church Service - TVR	21 10:00 Cornhole - AR 11:00 Singalong - AR 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Outside Walk	22 10:00 Giant-Sized Jenga - AR 11:00 Piano and Singing With Carolyn - AR 2:30 Musical Program - TVR 3:30 Afternoon Bingo - AR	23 10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:30 Crafters' Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Outside Walk	24 Thanksgiving 10:00 Drawing Class - AR 11:00 Singalong - AR 2:30 Musical Program - TVR 2:30 Outside Walk 3:30 Afternoon Bingo - AR	25 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 2:00 Happy Hour - TVR 3:00 Outside Walk 3:30 Afternoon '40s Movie - TVR	26 10:00 Walk in the Villa Courtyard 11:00 Puzzle Club - AR 1:30 College Football - TVR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
27 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 NFL Football - TR 3:00 Methodist Church Service - TVR	28 10:00 Cornhole - AR 11:00 Singalong - AR 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Outside Walk	29 10:00 Giant-Sized Jenga - AR 11:00 Piano and Singing With Carolyn - AR 2:30 Musical Program - TVR 3:30 Afternoon Bingo - AR	30 10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:30 Crafters' Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Outside Walk			



Memorable Melody: 'Mashed Potato Time'

As the Charleston-inspired "Mashed Potato" dance craze was heating up at concerts and high school mixers, R&B singer Dee Dee Sharp served up her own groovy helping in 1962 by releasing "Mashed Potato Time" as the lead single on her debut album. The doo-wop ditty name-checks other tunes that blend perfectly with the dance moves, including "The Lion Sleeps Tonight" and "Please Mr. Postman." After the song peaked at No. 2 on the Billboard Hot 100, Sharp dished out "Gravy (For My Mashed Potatoes)" to listeners who were hungry for more.

