

## Hello From the Executive Director



Being Thankful:

Being thankful means recognizing and acknowledging the goodness in our lives and the sources of that goodness. Being thankful also helps us connect to something larger than ourselves, such as other people, nature or a higher power. (From the Internet)

This Thanksgiving I challenge each of you to notice the good things in our daily lives.

At Harbison Shores we can find goodness through our staff, families and residents.

Wishing each of you a Happy Thanksgiving and blessings in your life.

Elaine M. Till, NHA, CRCA Executive Director

#### **NOVEMBER 2023**



#### **Employee of the Month**

This month, it is our joy to announce Yasameen Naji as our employee of the month. Yasameen is very knowledgeable of her job, she is very consistent, and she is very sweet and loving to our residents. Yas, we are glad to have you as an important part of our team.





MEMORY CARE

#### **NOVEMBER** 2023

### November **Birthdays**

Billie Butler: November 5th Robert Werts: November 9th

#### **Fun Upcoming Holidays**

November 3rd: Sandwich Da November 7th: International Merlot Day November 23rd: National Cashew Day November 28th: French Toast Day

#### Calendar **Locations**

TVR = TV RoomAR = Activity Room DR = Dining Room

#### **Fine Feathers**

Among the many supplies carried by arts and crafts stores are bags of feathers, occasionally dyed bright colors. Some of these feathers actually come from turkeys! You can recognize a turkey feather by the square tip. Another fun fact: Feather are formed of keratin, the same as our fingernails!

"Savor the day and be goo to yourself, love yourself, and then you can be good to others and be of service to others."

—Charlotte Rae

Ν	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
EASE				1 10:00 Morning Exercise - TVR 2:00 Snacks and Hydration 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club	10:00 Drawing Class - AR 11:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR	10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 1:30 Music With Will Parker - TVR 2:00 Happy Hour - TVR 2:00 Snacks and Hydration 3:00 Bible Study with Jim - TVR 4:00 Afternoon '40s Movie - TVR	10:00 Walk in the Villa Courtyard 11:00 Pastor Matt Comes To Visit - TVR 11:00 Puzzle Club - AR 1:30 Sports on Television - TVR 2:00 Snacks and Hydration 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
h 9th <b>19</b> Day	10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 Sports on Television - TR 2:00 Snacks and Hydration 3:00 Methodist Church Service - TVR	10:00 Cornhole - AR 11:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Word Games With Russ- TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	7 10:00 Giant-Sized Jenga - AR 11:00 Book Club - DR 2:00 Snacks and Hydration 2:30 Music Program - TVR 3:30 Afternoon Bingo - AR	10:00 Morning Exercise - TVR 2:00 Snacks and Hydration 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club	10:00 Drawing Class - AR 11:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR	Veterans Day (Observed) 10 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 1:30 Veterans Day Recognition - TVR 2:00 Happy Hour - TVR 2:00 Snacks and Hydration 3:00 Bible Study with Jim - TVR 4:00 Afternoon '40s Movie - TVR	Veterans Day 11 11:00 Puzzle Club - AR 1:30 Sports on Television - TVR 2:00 Snacks and Hydration 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
	10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 Sports on Television - TR 2:00 Snacks and Hydration 3:00 Methodist Church Service - TVR	10:00 Cornhole - AR 10:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Word Games With Russ- TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	14 10:00 Dogs Come In To Be Petted - TVR 10:00 Giant-Sized Jenga - AR 11:00 Book Club - DR 2:00 Snacks and Hydration 2:30 Music Program - TVR 3:30 Afternoon Bingo - AR	15 10:00 Morning Exercise - TVR 10:00 Scenic Drive Outing - Sign Up 2:00 Snacks and Hydration 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club	10:00 Drawing Class - AR 11:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR 5:00 A Thankful Family Night: Drink and Dessert Bar - DR	17 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 1:30 Music With Will Parker - TVR 2:00 Happy Hour - TVR 2:00 Snacks and Hydration 3:00 Bible Study with Jim - TVR 4:00 Afternoon '40s Movie - TVR	10:00 Walk in the Villa Courtyard 11:00 Puzzle Club - AR 1:30 Sports on Television - TVR 2:00 Snacks and Hydration 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
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good elf, ood vice	10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 Sports on Television - TR 2:00 Snacks and Hydration 3:00 Methodist Church Service - TVR	10:00 Cornhole - AR	10:00 Giant-Sized Jenga - AR 11:00 Book Club - DR 2:00 Snacks and Hydration 2:30 Music Program - TVR 3:30 Afternoon Bingo - AR	10:00 Morning Exercise - TVR 2:00 Snacks and Hydration 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club	10:00 Drawing Class - AR 11:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR		





#### **Brainteaser**

Question: Where is the only place today comes before yesterday?

Answer: The dictionary.



## Our Friend, Preston

Preston loves to come to Harbison Shores and make friends with and be pet by our residents. Preston is a joy-filled dog who loves to bring happiness to others.

# A Thankful Family Dessert Evening

On November 16th, at 5:00pm, we will be hosting a time for residents and their families to have some really tasty drinks and desserts together. If you plan on coming to this event, please RSVP with Elaine or Ryan.







