

Celebrating New Year's Eve

The final night of the year is coming up. Count down with some festive facts about the revelry of New Year's Eve.

- Ringing out the old year and ushering in a new one is a custom that goes back at least 4,000 years to the ancient Babylonians.
- The first places on the globe to greet the new year are the island nations of Kiribati, Samoa and Tonga, located in the South Pacific Ocean.
- Just across the international date line, American Samoa, a U.S. territory, is the world's last inhabited locale to welcome in the year.
- New York City's Times Square ball drop is a celebration that began in 1907.
- Singing "Auld Lang Syne" at midnight has grown into a worldwide tradition. The words roughly translate to "times gone by."
- Puckering up for a New Year's Eve kiss is said to bring good luck to a relationship and has roots in German and English folklore.
- Those novelty eyeglasses with frames shaped into the numbers of the coming year were invented in 1990 by two friends in Seattle.
- Causing a ruckus with noisemakers began as a way to chase off bad luck.
- Some don't stay up to celebrate; in a survey, over 10% of people said they fall asleep before midnight.
- That cute little guy decked out in a diaper, top hat and sash is known as Baby New Year. He's been a symbol of the holiday since the days of ancient Greece.

Bingo Tips and Tricks (Continued)

Play multiple cards: Playing more than one card is the best way to improve your chances of winning a game of bingo. However, avoid dividing your attention among too many cards, which can cause you to miss marking the correct squares.

Bring tape: A roll of masking tape or painter's tape comes in handy to stick your cards to the table, preventing them from sliding around.

Be alert: If you're slow to call out "Bingo!" and the next number is announced, you'll be known as a "sleeper"—and you'll miss out on the prize!

Have fun: This is the most important rule of a bingo game! Use breaks to socialize with other players. Be a good sport and cheer on others when they win.

Walk to End Alzheimer's

Our residents and staff members enjoyed participating in the Virtual Walk to End Alzheimer's on Oct. 24. Everyone walked together — as a team we put in enough steps to be in the top 10 teams in Columbia! We also enjoyed raising money and raised more than \$1,000 for the Alzheimer's Association. It was a beautiful day to support a beautiful cause. We can't wait for next year!





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DECEMBER 2020

Spooky Fun for Everyone!

Our residents and our staff had so much fun celebrating Halloween with scary movies, fun games, pumpkin decorating and even a candy bar! Everyone danced to Halloween music like "Thriller" and "The Monster Mash." They had the best moves! Later on, we enjoyed revisiting classic spooky movies like "The Addams Family." Our candy and treats were enjoyed by everyone, whether they liked chocolate, toys, fruity or chewy candy. The painted pumpkins helped to decorate the space. Even the management team joined in the fun, proving that there's no place like Harbison Shores!



Bingo Tips and Tricks

A favorite pastime, bingo is largely a game of chance. But there are a few ways to increase your odds of winning and ensure a fun time for all.

Arrive early: Aim to arrive at a bingo game 10 minutes before it's set to start. This gives you time to choose your seat, get your cards and a beverage or snack, and chat with friends.

Pick a prime spot: Sitting near the caller can help you clearly hear the numbers the first time, allowing you to mark your cards faster.

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DECEMBER 2020
Locations

 Activity Room, Memory Care, ARMC
 Outing, O

 TV Room, Memory Care, TVMC
 Villas, Upstairs Gathering Place, VUGP
 Villas, Dining Room, VDR

“Time together as a family is a gift.”
—Joanna Gaines

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 10:30 Snack Time, ARMC 10:30 Piano: Sing and Dance, ARMC 1:30 Puzzles and Games, ARMC 2:30 Snack Time, ARMC	2 9:30 Dance Party, ARMC 10:30 Snack Time, ARMC 1:30 Read and Talk, TVMC 2:30 Snack Time, ARMC	3 10:30 Snack Time, ARMC 10:30 Piano: Sing and Dance, ARMC 1:30 Arts and Crafts, ARMC 2:30 Snack Time, ARMC	4 10:30 Snack Time, ARMC 10:30 Piano: Sing and Dance, ARMC 1:30 Afternoon Exercise, ARMC 2:30 Snack Time, ARMC	5 10:30 Snack Time, ARMC 1:30 Indoor Lawn Games, ARMC 2:30 Snack Time, ARMC 6:00 Cinema Saturday, TVMC
6 10:30 Snack Time, ARMC 11:00 TV Church Service, Chan. 9, ARMC 1:30 Indoor Lawn Games, ARMC 2:30 Snack Time, ARMC	7 9:30 Dance Party, ARMC 10:30 Snack Time, ARMC 1:30 Indoor Lawn Games, ARMC 2:30 Snack Time, ARMC	8 10:30 Snack Time, ARMC 10:30 Piano: Sing and Dance, ARMC 1:30 Puzzles and Games, ARMC 2:30 Snack Time, ARMC	9 9:30 Dance Party, ARMC 10:30 Snack Time, ARMC 1:30 Read and Talk, TVMC 2:30 Snack Time, ARMC	10 HANUKKAH BEGINS AT SUNSET 10:30 Snack Time, ARMC 10:30 Piano: Sing and Dance, ARMC 10:30 Country Drive w/Ramon, O 1:30 Arts and Crafts, ARMC 2:30 Snack Time, ARMC	11 10:30 Snack Time, ARMC 10:30 Piano: Sing and Dance, ARMC 1:30 Afternoon Exercise, ARMC 2:30 Snack Time, ARMC	12 10:30 Snack Time, ARMC 1:30 Indoor Lawn Games, ARMC 2:30 Snack Time, ARMC 6:00 Cinema Saturday, TVMC
13 10:30 Snack Time, ARMC 11:00 TV Church Service, Chan. 9, ARMC 1:30 Indoor Lawn Games, ARMC 2:30 Snack Time, ARMC	14 9:30 Dance Party, ARMC 10:30 Snack Time, ARMC 1:30 Indoor Lawn Games, ARMC 2:30 Snack Time, ARMC	15 10:30 Snack Time, ARMC 10:30 Piano: Sing and Dance, ARMC 1:30 Puzzles and Games, ARMC 2:30 Snack Time, ARMC	16 9:30 Dance Party, ARMC 10:30 Snack Time, ARMC 1:30 Read and Talk, TVMC 2:30 Snack Time, ARMC	17 10:30 Snack Time, ARMC 10:30 Piano: Sing and Dance, ARMC 1:30 Arts and Crafts, ARMC 2:30 Snack Time, ARMC	18 10:30 Snack Time, ARMC 10:30 Piano: Sing and Dance, ARMC 1:30 Afternoon Exercise, ARMC 2:30 Snack Time, ARMC	19 10:30 Snack Time, ARMC 1:30 Indoor Lawn Games, ARMC 2:30 Snack Time, ARMC 6:00 Cinema Saturday, TVMC
20 10:30 Snack Time, ARMC 11:00 TV Church Service, Chan. 9, ARMC 1:30 Indoor Lawn Games, ARMC 2:30 Snack Time, ARMC	21 WINTER BEGINS 9:30 Dance Party, ARMC 10:30 Snack Time, ARMC 1:30 Indoor Lawn Games, ARMC 2:30 Snack Time, ARMC	22 10:30 Snack Time, ARMC 1:30 Puzzles and Games, ARMC 2:30 Snack Time, ARMC	23 9:30 Dance Party, ARMC 10:30 Snack Time, ARMC 1:30 Read and Talk, TVMC 2:30 Snack Time, ARMC	24 10:30 Snack Time, ARMC 10:30 Piano: Sing and Dance, ARMC 1:30 Arts and Crafts, ARMC 2:30 Snack Time, ARMC	25 CHRISTMAS DAY 10:30 Snack Time, ARMC 1:30 Afternoon Exercise, ARMC 2:30 Snack Time, ARMC 3:00 Holiday Movie, TVMC	26 10:30 Snack Time, ARMC 1:30 Indoor Lawn Games, ARMC 2:30 Snack Time, ARMC 6:00 Cinema Saturday, TVMC
27 10:30 Snack Time, ARMC 11:00 TV Church Service, Chan. 9, ARMC 1:30 Indoor Lawn Games, ARMC 2:30 Snack Time, ARMC	28 9:30 Dance Party, ARMC 10:30 Snack Time, ARMC 1:30 Indoor Lawn Games, ARMC 2:30 Snack Time, ARMC	29 10:30 Snack Time, ARMC 10:30 Piano: Sing and Dance, ARMC 1:30 Puzzles and Games, ARMC 2:30 Snack Time, ARMC	30 9:30 Dance Party, ARMC 10:30 Snack Time, ARMC 1:30 Read and Talk, TVMC 2:30 Snack Time, ARMC	31 NEW YEAR'S EVE 10:30 Snack Time, ARMC 10:30 Piano: Sing and Dance, ARMC 1:30 Arts and Crafts, ARMC 2:30 Snack Time, ARMC		