

MEMORY CARE COMMUNITY 990 Columbia Avenue • Irmo, SC 29206 • (803) 749-7889 • www.carolina-gardens.com

Hello From the Executive Director

We would like to wish our Residents, Staff and Families a Very Merry Christmas and Happy Holidays. May your time be spent taking in all the joys that the holidays bring. Elaine Till, NHA, CRCA



DECEMBER 2022

Employee of the Month

This month, Ibah Nana is our employee of the month. Ibah works as a vital part of our care staff. She is very pleasant, she is caring, she follows through to make sure her job is complete, and she is very thorough with her work. Ibah moved her from Togo, West Africa, last year. She loves to read just about anything, to fill her mind with knowledge. Ibah would describe herself as introverted, and her favorite food is macaroni and cheese. We are so thankful to have you with us, Ibah!







MEMORY CARE

DECEMBER
2022

December Birthdays

Betty Owen (12/04) Olivia Coxe (12/12) Sarah Ross (12/13)

Fun Upcoming Holidays December 7th: Letter Writing

December 7th: Letter Writing Day December 13th: Ice Cream Day December 19th: Oatmeal Muffin Day December 26th: National Candy Cane Day

Calendar Locations

TVR = TV Room AR = Activity Room DR = Dining Room

Star for Safety

In an elevator, the button for the floor with the nearest exit is usually marked with a star. Keep this in mind when you're riding an elevator in an unfamiliar place, such as a parking garage, hotel or shopping center.

"Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that." —Martin Luther King Jr.

ISON	Sunday	Monday	Tuesday	Wednesday	Thursday
RES G AT EASE RE					1 10:00 Drawing Class - AR 11:00 Singalong - AR 2:30 Christmas Music - TVR 2:30 Outside Walk 3:30 Afternoon Bingo - AR
r ming er Writing	4 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 NFL Football - TR 3:00 Methodist Church Service - TVR	5 10:00 Cornhole - AR 11:00 Singalong - AR 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Outside Walk	6 10:00 Giant-Sized Jenga - AR 11:00 Piano and Singing With Carolyn - AR 2:30 Christmas Music - TVR 3:30 Afternoon Bingo - AR	7 10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:30 Christmas Craft - AR 3:30 Afternoon Western Movie - TVR 3:30 Outside Walk	8 10:00 Drawing Class - AR 11:00 Singalong - AR 2:30 Christmas Music - TVR 2:30 Outside Walk 3:30 Afternoon Bingo - AR
Cream meal ional	11 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 NFL Football - TR 3:00 Methodist Church Service - TVR	12 10:00 Cornhole - AR 11:00 Singalong - AR 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Outside Walk	13 10:00 Giant-Sized Jenga - AR 11:00 Piano and Singing With Carolyn - AR 2:00 Christmas Party - AR 3:30 Afternoon Bingo - AR	10:00 John Gibbons Performs	15 10:00 Drawing Class - AR 11:00 Singalong - AR 2:00 Staff Christmas Party - AR 2:30 Christmas Music - TVR 2:30 Outside Walk 3:30 Afternoon Bingo - AR 5:00 Holiday Christmas Light Tour
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drive out t can do drive out do that." King Jr.	Christmas 25 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 NFL Football - TR 3:00 Methodist Church Service - TVR	Christmas (Observed) 26 10:00 Cornhole - AR 11:00 Singalong - AR 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Outside Walk	27 10:00 Giant-Sized Jenga - AR 11:00 Piano and Singing With Carolyn - AR 2:30 Christmas Music - TVR 3:30 Afternoon Bingo - AR	28 10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:30 Christmas Craft - AR 3:30 Afternoon Western Movie - TVR 3:30 Outside Walk	29 10:00 Drawing Class - AR 11:00 Singalong - AR 2:30 Christmas Music - TVR 2:30 Outside Walk 3:30 Afternoon Bingo - AR

	Friday	Saturday
1	2 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 3:00 Music With Pam Austin - TVR 3:30 Afternoon '40s Movie - TVR	3 10:00 Walk in the Villa Courtyard 11:00 Puzzle Club - AR 1:30 College Football - TVR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
8	9 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 1:30 Music With Will Parker - TVR 3:00 Outside Walk 3:30 Afternoon '40s Movie - TVR	10 10:00 Walk in the Villa Courtyard 11:00 Puzzle Club - AR 1:30 College Football - TVR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
l5 It	16 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 2:00 Happy Hour - TVR 3:00 Outside Walk 3:30 Afternoon '40s Movie - TVR	17 10:00 Walk in the Villa Courtyard 11:00 Puzzle Club - AR 1:30 College Football - TVR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
22	23 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 1:30 Music With Will Parker - TVR 3:00 Outside Walk 3:30 Afternoon '40s Movie - TVR	24 10:00 Walk in the Villa Courtyard 11:00 Puzzle Club - AR 1:30 College Football - TVR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
29	30 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 2:00 Happy Hour - TVR 3:00 Outside Walk 3:30 Afternoon '40s Movie - TVR	31 10:00 Walk in the Villa Courtyard 11:00 Puzzle Club - AR 1:30 College Football - TVR 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR







Memorable Melody: 'Celebrate Me Home'

Homesick during the holiday season, Kenny Loggins penned this sentimental song for his solo debut album, released in 1977, following years of success as one half of a duo with Jim Messina. The words "celebrate me home" were originally intended as a placeholder, but his producer encouraged him to keep them, even making the phrase the name of the record. The theme of celebrating with family, along with the opening line of "Home for the holidays, I believe I've missed each and every face," made the tune a modern-day seasonal staple.



