

## Hello From the Executive Director



Hello from the Executive Director,

As the holiday season is upon us, I thought about the story "A Christmas Carol."

Many of us have either read the book or seen the play. The story celebrates the spirit of generosity, compassion and joy that is associated with the festive season.

The story shows us that Scrooge can change his ways and become a better human being.

The story portrays the importance of family bonds and the power of forgiveness to heal wounds and restore relationships.

During this Holiday season, all of us at Harbison Shores wish that you experience generosity, compassion and joy. Happy Holidays

Elaine M. Till, NHA CRCA Executive Director

#### **DECEMBER 2023**



This month, we chose Chris Dickerson as our employee of the month. Chris works in our dietary department, but he is an honorary employee of every department; he is always helping out wherever needed in the building. Chris is a very kind-spirited person who enjoys drawing and tattoo art. He is raising a daughter as a single father. Thank you for all you do, Chris!





MEMORY CARE

### DECEMBER 2023

# December Birthdays

December 4th: Betty Owen December 12th: Olivia Coxe December 15th: Jane Kelly

## Fun Upcoming Holidays

December 4th: Wildlife
Conservation Day
December 7th: National
Cotton Candy Day
December 11th: National
Stretching Day
December 20th: Go Caroling
Day

## **Calendar Locations**

TVR = TV Room AR = Activity Room DR = Dining Room

#### A Year Gone By

"How did it get so late so soon? It's night before it's afternoon. December is here before it's June. My goodness how the time has flewn. How did it get so late so soon?" —Dr. Seuss

"Bells are music's laughter." —Thomas Hood

N	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ASE						11:00 Reminiscing on the Porch/Trivia	10:00 Walk in the Villa Courtyard 11:00 Pastor Matt Comes To Visit - TVR 11:00 Puzzle Club - AR 1:30 Sports on Television - TVR 2:00 Snacks and Hydration 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
n re	10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 Sports on Television - TR 2:00 Snacks and Hydration 3:00 Methodist Church Service - TVR	10:00 Cornhole - AR 11:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	10:00 Giant-Sized Jenga - AR 11:00 Book Club - DR 2:00 Snacks and Hydration 2:30 Music Program - TVR 3:30 Afternoon Bingo - AR	10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:00 Snacks and Hydration 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club	10:00 Drawing Class - AR 11:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR	10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 2:00 Happy Hour - TVR 2:00 Snacks and Hydration 3:00 Bible Study with Jim - TVR 4:00 Afternoon '40s Movie - TVR	11:00 Puzzle Club - AR 1:30 Sports on Television - TVR 2:00 Snacks and Hydration 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
ng	10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 Sports on Television - TR 2:00 Snacks and Hydration 3:00 Methodist Church Service - TVR	10:00 Cornhole - AR 11:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	10:00 Dogs Come In To Be Petted - TVR 10:00 Giant-Sized Jenga - AR 11:00 Book Club - DR 2:00 Christmas Party - AR 3:30 Afternoon Bingo - AR	13 10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:00 Snacks and Hydration 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club	14 10:00 Drawing Class - AR 11:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR	11:00 Reminiscing on the	10:00 Walk in the Villa Courtyard 11:00 Puzzle Club - AR 1:30 Sports on Television - TVR 2:00 Snacks and Hydration 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
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ge	10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 Sports on Television - TR 2:00 Snacks and Hydration 3:00 Methodist Church Service - TVR  10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 Sports on Television - TR 2:00 Snacks and Hydration 3:00 Methodist Church Service - TVR	Christmas 25 10:00 Cornhole - AR 11:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	10:00 Giant-Sized Jenga - AR 11:00 Book Club - DR 2:00 Snacks and Hydration 2:30 Music Program - TVR 3:30 Afternoon Bingo - AR	10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:00 Snacks and Hydration 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club	10:00 Drawing Class - AR 11:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR	11:00 Reminiscing on the	10:00 Walk in the Villa Courtyard 11:00 Puzzle Club - AR 1:30 Sports on Television - TVR 2:00 Snacks and Hydration 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR











