Mardi Gras Main Event

We, the managers and staff at Harbison Shores, had such a fun time planning and putting on our Murder Mystery dinner production in March! Thank you all for coming out and laughing with us while we solved who killed Pierre.. Some of us are not actors, ahem, some of us have a thing about being in front of a group of people and some of us just couldn't quite get that N'awhlins accent down just right, but because of our great love for our residents, family members and community, we rose to the occasion. That is what made it so much fun! We all thank you all for helping us celebrate Mardi Gras together!







Meet Our Administrative Assistant

Kathy Gannon started in January 2020. She came to us with over 20 years of experience in a wide variety of settings. From 1991-1997, she served as a military police officer in the United States Army. She worked at a rehabilitation nursing center prior to moving to South Carolina in June of last year. Her background is primarily working in finance and admin roles, yet she began working in a concierge role just prior to moving down here, and she found such enjoyment getting to



know the residents and acting as a liaison between residents and family members. Kathy grew up in a suburb of New York City and currently resides in Lexington with her husband and son.





Dear Residents, Family & **Friends of Harbison Shores**

Oh, my goodness, spring is here already! I love spring, with its accompanying warmer weather and green grass. I can hardly believe it has been three months since I started in my capacity as Executive Director for Harbison Shores. They say time flies when you're having fun. I truly believe that's the case because I am having an absolute blast! Why wouldn't I? My privilege is to work with some of the absolute best managers and caregivers in the business. I would be nowhere



without them! I shudder to even think. In turn, what good would any of the management and staff be without residents to care for? We have some awesome residents. As I continue to learn more about these wonderful individuals, I remain in awe at the diversity amongst our residents, as well as the incredible experiences they share. We try to illuminate and hopefully educate all our readers on this fact and urge you to take notice. Someone once said to me, "All that we are or ever hope to be, we will owe to angels that cross our paths." In this short time, I have certainly crossed paths with many angels. Our residents are now in the "golden" years of their lives. They have gone from the nurturers to the nurtured. It is my number one mission to see they are taken care of the way they deserve to be and they have the best quality of life possible. As always, please let us know if there is anything we can do to better make that happen. Thank you for allowing me to be blessed with your loved one, and I look forward to many years to come.

Tammy Mullins, Executive Director

Employee of the Month

Yasmeen Naji began her career with us as a caregiver and progressed to a med tech. She came to the U.S. from the middle east, where her background was in the operating room, primarily in anesthesia. She is such a blessing to all she interacts with, and you will rarely see her without a smile on her face. Yasmeen enjoys her job at Harbison Shores and is always willing to go the extra mile. She is loved by the residents and families, and we are so grateful to have her on our team!











ASSISTED LIVING AL# CRC-2083

APRIL 2020

Locations

Activity Room, Memory Care, ARMC Outing, O TV Room, Memory Care, TVMC Villas, Upstairs Gathering Place, VUGP Villas, Dining Room, VDR

Birthdays

Kay Cross, 5th Thomasene Davis, 8th limmy Watkins, 14th Elizabeth Drinnon, 17th Donald Wood, 23rd

Transportation Schedule

Tuesday, 10:15 a.m. **Shopping Trip: Varies**

Wednesday, By Appt. **Doctor Appointments**

Wednesday, 11 a.m. Scenic Drive: 1st & 3rd Wednesdays

Thursday, Leave 10 a.m., class at 10:45 a.m. (1st Thursday of month) Harbison Community Center

Thursday, 11:30 a.m. Lunch Bunch: 2nd & 4th Thursdays

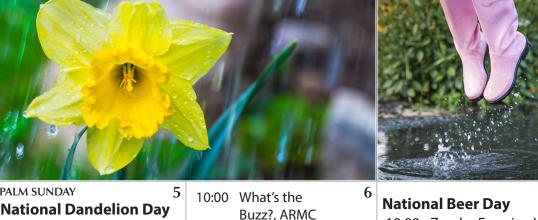
Friday, 10:15 a.m. Shopping Trip: Walmart

"Life isn't about waiting for the storm to pass; it's about learning to dance in the rain.

-Vivian Greene

SUNDAY TUESDAY WEDNESDAY **MONDAY THURSDAY FRIDAY SATURDAY** 2 10:00 Yoga Exercise, VDR





10:15 Chair Exercise, ARMC

11:00 Hymns and Devotion

w/David, ARMC

1:15 Exercise w/Linda, VDR

Searches, VUGP

13

20

27

1:45 Bingo w/Linda, VDR

3:30 Crosswords & Word

Buzz?, ARMC

10:30 Manicures, ARMC

Linda, VDR

1:45 Bingo w/Linda, VDR

3:30 Crosswords & Word

Buzz?, ARMC

Searches, VUGP

1:15 Exercise w/

10:00 What's the

10:15 Chair Exercise, ARMC

10:00 What's the

10:30 Manicures, ARMC



10:00 Zumba Exercise, VDR

10:30 Kroger Shopping

11:00 Pinching Pennies

Game, VDR

2:30 Baking Club, VDR

2:00 Comedy Hour, VUGP

3:30 Rummy Cards, VUGP

Exercise, VDR

11:00 Pinching Pennies

2:00 Comedy Hour,

VUGP

VUGP

10:00 Zumba

Game, VDR

2:30 Baking Club, VDR

3:30 Rummy Cards,

Trip, O

10:00 Zumba







Friends, ARMC

2:00 Trish & Furry Friends

Training, ARMC

Friends, ARMC

Friends Visit, VUGP

ARMC

11:30 Lunch Bunch, O

1:30 Bowling, ARMC

Visit, VUGP

10:00 Sing w/Martha &

11:00 Scenic Drive, O

2:00 Trish & Furry

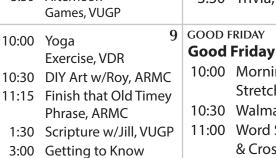
3:30 Bingo, VDR

1:30 Bowling, ARMC

3:30 Bingo, VDR

10:00 Strength





10:15 Harbison Community

Center Trip, O

10:30 DIY Art w/Roy, ARMC

11:15 Finish that Old Timey

Phrase, ARMC

10:30 DIY Art w/Roy, ARMC

11:15 Finish that Old Timey

Phrase, ARMC

1:30 Scripture w/Jill, VUGP

3:00 Getting to Know

You, VUGP

Games, VUGP

5:30 Denim & Diamonds

Exercise, VDR

10:30 DIY Art w/Roy, ARMC

11:15 Finish that Old Timey

Phrase, ARMC

You, VUGP

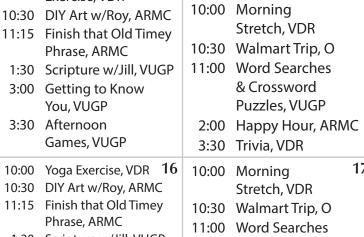
Main Event, VDR

3:30 Afternoon

10:00 Yoga

3:30 Afternoon

DIY Art w/Roy, ARMC	10.00
Finish that Old Timey	
Phrase, ARMC	10:30
Scripture w/Jill, VUGP	11:00
Getting to Know	
You, VUGP	
Afternoon	2:00
Games, VUGP	3:30



3:30 Trivia, VDR

10:00 Morning

Stretch, VDR

& Crossword

Puzzles, VUGP

10:30 Walmart Trip, O

11:00 Word Searches

10:00 Morning

Stretch, VDR

& Crossword

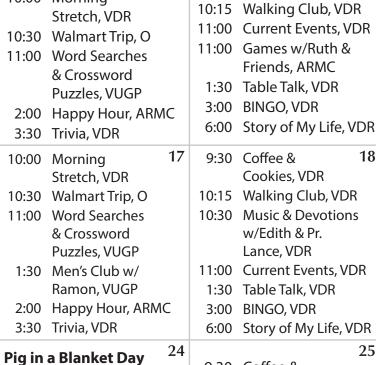
Puzzles, VUGP

2:00 Happy Hour, ARMC

10:30 Walmart Trip, O

11:00 Word Searches

3:30 Trivia, VDR



10

9:30 Coffee &

Cookies, VDR

10:15 Walking Club, VDR

11:00 Current Events, VDR

1:30 Table Talk, VDR

Life, VDR

Cookies, VDR

11

18

25

3:00 BINGO, VDR

6:00 Story of My

9:30 Coffee &

9:30 Coffee &

Cookies, VDR

11:00 Current Events, VDR

10:15 Walking Club, VDR

1:30 Table Talk, VDR

3:00 BINGO, VDR

6:00 Story of My



EASTER

Games & Cards, VDR 3:00 Columbia Lay Speakers, ARMC

9:30 Coffee & Cookies, VUGP

Morning News, VUGP

Communion, ARMC

Games & Cards, VDR

Cinema Sunday, VUGP

Afternoon Puzzles,

TV Church Service,

Chan 9, VUGP

Columbia Lay

Speakers, ARMC

9:30 Coffee & Cookies,

Real Life Church

Cinema Sunday, VUGP

9:30 Coffee & Cookies, 19 **VUGP** 10:00 Morning News, VUGP 10:00 Church Service w/

TV Church Service, Chan 9, VUGP Afternoon Puzzles,

Games & Cards, VDR 3:00 Columbia Lav Speakers, ARMC

Cookies, VUGP

10:00 Morning News, VUGP

Chan 9, VUGP

2:00 Afternoon Puzzles,

3:00 Columbia Lay

Games & Cards, VDR

Speakers, ARMC

6:00 Cinema Sunday, VUGP

11:00 TV Church Service,

9:30 Coffee &

6:00 Cinema Sunday, VUGP

10:30 Manicures, ARMC 10:30 Library Trip, O 10:30 Piano Favorites w/ Becky, ARMC 1:15 Exercise w/Linda, VDR 1:45 Bingo w/Linda, VDR 3:30 Crosswords & Word Searches, VUGP

Exercise, VDR 10:15 Chair Exercise, ARMC 10:30 Dollar Store Shopping Trip, O 11:00 Pinching Pennies Game, VDR 2:00 Comedy Hour, VUGP 2:30 Baking Club, VDR 3:30 Rummy Cards, VUGP

21 EARTH DAY **National Jelly Bean Day**

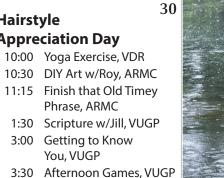
10:00 Strength Training, ARMC 10:00 Sing w/Martha & Friends, ARMC 11:30 Lunch Bunch, O 1:30 Bowling, ARMC 2:00 Trish & Furry Friends Visit, VUGP 3:30 Bingo, VDR 10:00 Strength

1:30 Scripture w/Jill, VUGP 3:00 Getting to Know 29 Training, ARMC

22

3:30 Afternoon Games, VUGP Hairstyle **Appreciation Day**

You, VUGP





Pr. Brett, ARMC 11:00

12

26 Babe Ruth Day 10:00 What's the

> Buzz?, ARMC 10:15 Chair Exercise, ARMC

10:30 Manicures, ARMC 1:15 Exercise w/

Searches, VUGP

Linda, VDR 1:45 Bingo w/Linda, VDR 3:30 Crosswords & Word

10:00 Zumba Exercise, VDR 11:00 Pinching Pennies Game, VDR 11:00 Hymn Sing w/ Anne, ARMC

2:00 Town Hall Meeting, VDR 2:00 Comedy Hour, VUGP 2:30 Baking Club, VDR

3:30 Rummy Cards, VUGP

Friends, ARMC 11:00 Scenic Drive, O 1:30 Bowling, ARMC

10:00 Sing w/Martha &

2:00 Trish & Furry Friends Visit, VUGP 3:30 Bingo, VDR

Activities Subject to Change