A Tip of the Hat

The Labor Day holiday is an annual salute to workers. In several occupations, the hat worn while on the job has become a recognizable part of the profession.

Hard hat — Due to the on-the-job dangers involved in trades such as construction, mining, and power line maintenance, hard hats are required safety gear. Inspired by metal helmets that protected soldiers in World War I, hard hats were invented in 1919.

Chef's hat — When it comes to cooking, the towering white hat that chefs wear is a toque, the French word for "hat." In the early days of the craft, the hat's height and number of pleats signified skill and rank-the taller the hat and the more pleats, the more experienced and important the chef.

Firefighter's helmet — The helmet worn by these first responders is a widely recognized symbol of the profession, representing bravery and honor. The color and stripes on a firefighter's helmet can indicate their rank.

Military covers — Those who serve in the armed forces wear a hat, called a cover, as part of the uniform of their branch. There are covers for service and formal dress uniforms as well as specialized ones used in combat.

Athletes' headgear — Whether it's a baseball cap, football helmet, hockey face mask, swimming cap, or car racing helmet, athletes in many sports wear head coverings that provide protection and help them perform better.

Man About The Town

The most recent audio announcements at the historic Town Theater were recorded right here at Harbison Shores! John Wrisley, a resident here since the winter, has also been an active volunteer at the Town Theater downtown for decades. Before he started volunteering, he performed onstage beginning in 1959. He recalls wonderful experiences he had playing Sherlock Holmes and other roles.

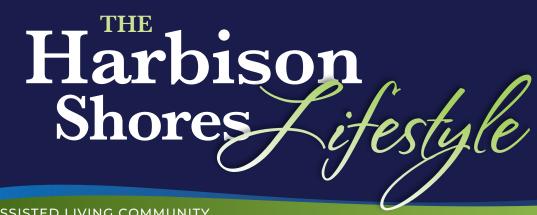
Nowadays, he still does the preshow announcements but with his own microphone that allows him to work right in his room. When he isn't recording announcements, he plays baritone ukulele and sings old songs with his wife, Barbara. They celebrated their 73rd wedding anniversary on Aug. 28! We are so fortunate to have residents like Mr. and Mrs. Wrisley as part of our Harbison Shores family.

Employee of the Month

Congratulations to this month's Employee of the Month, Quimy Tyler! Quimy is a third shift caregiver. She is one of the people who helps keep everyone safe overnight and sets everything up so when we wake up, the community is just



as beautiful and welcoming as when we left it. We are so grateful to Quimy for everything she does, and we're excited to be celebrating her this month! Congratulations, Quimy!



ASSISTED LIVING COMMUNITY 990 Columbia Avenue • Irmo, SC 29206 • (803) 749-7889 • www.carolina-gardens.com

Hello From the **Administrator**

Hello, Happy September! This summer seems to have gone by fast. We've had a good summer at Harbison Shores. Many of you have heard me say "our Harbison Shore family," and that's because we are a family here! We're a big family of residents, staff, and you, our residents' loved ones.



We are looking forward to September, Labor Day and our fall activities. We continue to have great musical entertainment and spiritual activities for our residents.

When visiting your loved ones, direct your attention to our new rocking chairs in the memory care courtyard. Our residents are also enjoying the new spa shower and bathrooms in memory care. Please let me know if you would like a tour of the shower rooms. They are beautiful! It is a privilege to serve you and your loved one. Best wishes for a healthy and fun fall!

> Elaine M. Till, NHA CRCA **Executive Director**

HARBISON SHORES

> Like Us! 🛉 🧿 🛃

SEPTEMBER 2021

In Remembrance of 9/11

Described as "a tribute to the past and a place of hope for the future," the 9/11 Memorial in New York City honors all who lost their lives on Sept. 11, 2001.

Built on the site of the former World Trade Center complex, the memorial's focal points are two reflecting pools that sit where the north and south towers once stood. Water cascades 30 feet over the pools' black granite walls, creating massive waterfalls. Inscribed on the bronze railings surrounding each pool are the names of the 2,983 victims of the 9/11 terror attacks and the Feb. 26, 1993, bombing of the World Trade Center.

A park with over 400 trees surrounds the memorial and includes a special symbol of resilience, the Survivor Tree. The damaged pear tree was found during the cleanup at ground zero and rehabilitated.

The memorial was dedicated in 2011, on the 10th anniversary of 9/11. In 2014, the underground 9/11 Memorial Museum opened and displays thousands of artifacts and multimedia exhibits.





ASSISTED LIVING AL# CRC-2083

SEPTEMBER 2021

Locations

Activity Room, Memory Care, ARMC Outing, O TV Room, Memory Care, TVMC Villas, Upstairs Gathering Place, VUGP Villas, Dining Room, VDR

"The beautiful thing about learning is that nobody can take it away from you."

—B.B. King

	SUNDAY		MONDAY		TUESDAY	١	WEDNESDAY		THURSDAY
						10:15 10:30 2:30 2:30 2:30 3:00	Snack Social Afternoon Snack	8:15 10:00 10:30 11:00 2:30 3:00	Morning Exercise, VDR Weekly Trivia, VDR Individual Snack Social Bible Study, VUGP Afternoon Snack Board Games and Bingo, VDR
10:30	Bowling and Outdoor Games, VDR Individual Snack Social TV Church Service,	BEGINS 8:15 10:30 11:00 2:30	ASHANAH AT SUNSET Morning Exercise, VDR Individual Snack Social Daily Devotional Discussion, VUGP Afternoon Snack		7 Morning Exercise, VDR TED Talk, VDR Individual Snack Social Knitting Circle, VUGP Book Club, VUGP	10:15 10:30 2:30 2:30	Yoga, VÜGP Individual Snack Social Afternoon Snack Cooking w/Chef Brenda, VDR	8:15 10:00 10:30 11:00 2:30	Morning Exercise, VDR Weekly Trivia, VDR Individual Snack Social Bible Study, VUGP Afternoon Snack
2:30	Chan 9, VUGP Afternoon Snack	2:30 3:00	Merlot Monday, VDR Board Games and Bingo, VDR	2:30		2:30 3:00	Meditation, VUGP Board Games and Bingo, VDR	3:00	
11:00	12 Bowling and Outdoor Games, VDR Individual Snack Social TV Church Service, Chan 9, VUGP Afternoon Snack		Snack Social Daily Devotional Discussion, VUGP Afternoon Snack Merlot Monday, VDR Board Games		14 Morning Exercise, VDR TED Talk, VDR Individual Snack Social Knitting Circle, VUGP Book Club, VUGP Hymns and Snacks, VDR	BEGINS 10:15 10:30 2:30 2:30 2:30	AT SUNSET Morning Yoga, VUGP Individual Snack Social Afternoon Snack Cooking w/Chef Brenda, VDR Meditation, VUGP Board Games and	10:00 10:30 11:00 2:30	Morning Exercise, VDR Weekly Trivia, VDR Individual Snack Social Bible Study, VUGP Afternoon Snack Board Games and Bingo, VDR
11:00	Outdoor Games, VDR	8:15 10:30 11:00 2:30 2:30 3:00	Snack Social Daily Devotional Discussion, VUGP Afternoon Snack Merlot Monday, VDR Board Games and Bingo, VDR	8:15 9:15 10:30 10:30 2:00 2:30	21 Morning Exercise, VDR TED Talk, VDR Individual Snack Social Knitting Circle, VUGP Book Club, VUGP Hymns and Snacks, VDR		Snack Social Afternoon Snack	8:15 10:00 10:30 11:00 2:30 3:00	Morning 2: Exercise, VDR Weekly Trivia, VDR Individual Snack Social Bible Study, VUGP Afternoon Snack Board Games and Bingo, VDR
10:30 11:00	26 Bowling and Outdoor Games, VDR Individual Snack Social TV Church Service, Chan 9, VUGP Afternoon Snack	8:15 10:30 11:00 2:30 2:30 3:00	Morning 27 Exercise, VDR Individual Snack Social Daily Devotional Discussion, VUGP Afternoon Snack Merlot Monday, VDR Board Games and Bingo, VDR	8:15 9:15 10:30 10:30 2:00 2:30	28 Morning Exercise, VDR TED Talk, VDR Individual Snack Social Knitting Circle, VUGP Book Club, VUGP Hymns and Snacks, VDR	10:15 10:30 2:30 2:30 2:30 3:00	Snack Social Afternoon Snack	8:15 10:00 10:30 11:00 2:30 3:00	Morning Exercise, VDR Weekly Trivia, VDR Individual Snack Social Bible Study, VUGP Afternoon Snack Board Games and Bingo, VDR

		FRIDAY	SATURDAY				
2		3		4			
	8:15	Morning	10.20	Individual			
R		Exercise, VDR	10.50	Snack Social			
IN	9:30	Some Good News:	1.30	Afternoon Walk, O			
		Self-Directed, VUGP		Afternoon Snack			
P	10:30	Individual		Song Trivia, VDR			
		Snack Social	6:00	•			
		Afternoon Snack	0.00	VUGP			
	3:00	Happy Hour, VDR					
9		10	PATRIOT	DAY 11			
	8:15	Morning	10.20	المطنيناطييما			
R		Exercise, VDR	10:30	Individual Snack Social			
	9:30	Some Good News:	1.20				
	10.00	Self-Directed, VUGP		Afternoon Walk, O Afternoon Snack			
P	10:30	Individual		Song Trivia, VDR			
	2.20	Snack Social	5.00 6:00	Cinema Saturday,			
		Afternoon Snack	0.00	VUGP			
	3:00	Happy Hour, VDR		VOGI			
16		17		18			
	8:15	Morning	10:30	Individual			
R	0.00	Exercise, VDR		Snack Social			
	9:30	Some Good News:	1:30	Afternoon Walk, O			
	10.20	Self-Directed, VUGP Individual	2:30	Afternoon Snack			
P	10.50	Snack Social	3:00	Song Trivia, VDR			
	2.30	Afternoon Snack	6:00	Cinema Saturday,			
		Happy Hour, VDR		VUGP			
	5.00						
23		24		25			
	8:15	Morning	10:30	Individual			
R		Exercise, VDR		Snack Social			
	9:30	Some Good News:	1:30	Afternoon Walk, O			
	10.20	Self-Directed, VUGP	2:30	Afternoon Snack			
P	10:30	Individual Snack Social	3:00	Song Trivia, VDR			
	2:30		6:00	•			
		Happy Hour, VDR		VUGP			
	5:00	парру поиї, урк					
30							