

THE Harbison Shores Lifestyle



HARBISON SHORES
SENIOR LIVING AT EASE

Like Us!



ASSISTED LIVING COMMUNITY
990 Columbia Avenue · Irmo, SC 29206 · (803) 749-7889 · www.carolina-gardens.com

Hello From the Executive Director



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Being Thankful:

Being thankful means recognizing and acknowledging the goodness in our lives and the sources of that goodness. Being thankful also helps us connect to something larger than ourselves, such as other people, nature or a higher power. (From the Internet)

This Thanksgiving I challenge each of you to notice the good things in our daily lives.

At Harbison Shores we can find goodness through our staff, families and residents.

Wishing each of you a Happy Thanksgiving and blessings in your life.

Elaine M. Till, NHA, CRCA
Executive Director

NOVEMBER 2023



Employee of the Month

This month, it is our joy to announce Yasameen Naji as our employee of the month. Yasameen is very knowledgeable of her job, she is very consistent, and she is very sweet and loving to our residents. Yes, we are glad to have you as an important part of our team.

NOVEMBER 2023

November Birthdays

No November Birthdays

Fun Upcoming Holidays

November 3rd: Sandwich Day
 November 7th: International Merlot Day
 November 23rd: National Cashew Day
 November 28th: French Toast Day

Calendar Locations

TR = Theater Room
 DR = Dining Room

Long Live the Olive Tree

The olive tree has been a symbol of peace for thousands of years, and its branches have appeared in art, on flags and even on currency. Since 2019, UNESCO has recognized World Olive Tree Day on Nov. 26, emphasizing the plant's importance to the economy, environment and harmony between nations.

"Savor the day and be good to yourself, love yourself, and then you can be good to others and be of service to others."
 —Charlotte Rae

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 Morning Exercise - TR 1:30 Table Games - TR 3:00 Live Music With Skey - DR 4:00 Broadway Movie and Discussion - TR	2 10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 3:30 Bingo Marathon - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	3 10:00 Morning Exercise - TR 2:00 Happy Hour - DR 4:00 Bible Study with Jim - TR	4 10:00 Morning Stretches - TR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
5 10:00 Morning Yoga - TR 11:00 Church Service On Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	6 10:00 Morning Exercise - TR 10:30 Gospel Music - DR 1:30 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	7 10:00 Morning Stretches - TR 2:00 Pictures for the Newsletters - DR 4:00 Local History Chat - DR	8 10:00 Morning Exercise - TR 11:00 Baking Club - DR 3:00 Bingo Marathon - DR 4:00 '40s Movie - TR	9 10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	10 Veterans Day (Observed) 10:00 Morning Exercise - TR 2:00 Veterans Day Recognition - DR 4:00 Bible Study with Jim - TR	11 Veterans Day 10:00 Morning Stretches - TR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
12 10:00 Morning Yoga - TR 11:00 Church Service On Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	13 10:00 Morning Exercise - TR 10:30 Gospel Music - DR 1:30 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	14 10:00 Dogs Come To Be Petted - Lobby 10:00 Exercise With Darlene - TR 1:30 Gardening With Renee - DR 2:30 Technology Class - DR 4:00 This is Your Life, Discussion - DR	15 10:00 Morning Exercise - TR 10:00 Scenic Drive Outing - Sign Up 1:30 Table Games - TR 3:00 Bingo Marathon - DR 4:00 '50s Movie - TR	16 10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR 5:00 A Thankful Family Night: Drink and Dessert Bar - DR	17 10:00 Morning Exercise - TR 2:00 Happy Hour - DR 4:00 Bible Study with Jim - TR	18 10:00 Morning Stretches - TR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
19 10:00 Morning Yoga - TR 11:00 Church Service On Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	20 10:00 Morning Exercise - TR 10:30 Gospel Music - DR 1:30 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	21 10:00 Morning Stretches - TR 11:00 CV Fashion Store Sets Up - Lobby 2:30 Resident Council Meeting - DR 4:00 Local History Chat - DR	22 10:00 Morning Exercise - TR 1:30 Table Games - TR 3:00 Bingo Marathon - DR	23 Thanksgiving 9:00 Macy's Parade on TV - DR 2:30 Watercolor Painting - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR	24 10:00 Morning Exercise - TR 2:00 Happy Hour - DR 4:00 Bible Study with Jim - TR	25 10:00 Morning Stretches - TR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
26 10:00 Morning Yoga - TR 11:00 Church Service On Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	27 10:00 Morning Exercise - TR 10:30 Gospel Music - DR 1:30 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	28 10:00 Exercise With Darlene - TR 10:00 Morning Stretches - TR 1:30 Gardening With Renee - DR 2:30 Technology Class - DR 4:00 This is Your Life, Discussion - DR	29 10:00 Morning Exercise - TR 1:30 Table Games - TR 3:00 Bingo Marathon - DR 4:00 Bring Your Best Jokes - DR	30 10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 4:00 Card Club, Crossword Puzzles, and Word Searches - DR		



Our Friend, Preston

Preston loves to come to Harbison Shores and make friends with and be pet by our residents. Preston is a joy-filled dog who loves to bring happiness to others.

A Thankful Family Dessert Evening

On November 16th, at 5:00pm, we will be hosting a time for residents and their families to have some really tasty drinks and desserts together. If you plan on coming to this event, please RSVP with Elaine or Ryan.



Brain teaser

Question: Where is the only place today comes before yesterday?

Answer: The dictionary.