

# A Tip of the Hat

The Labor Day holiday is an annual salute to workers. In several occupations, the hat worn while on the job has become a recognizable part of the profession.

**Hard hat** — Due to the on-the-job dangers involved in trades such as construction, mining, and power line maintenance, hard hats are required safety gear. Inspired by metal helmets that protected soldiers in World War I, hard hats were invented in 1919.

**Chef’s hat** — When it comes to cooking, the towering white hat that chefs wear is a toque, the French word for “hat.” In the early days of the craft, the hat’s height and number of pleats signified skill and rank—the taller the hat and the more pleats, the more experienced and important the chef.

**Firefighter’s helmet** — The helmet worn by these first responders is a widely recognized symbol of the profession, representing bravery and honor. The color and stripes on a firefighter’s helmet can indicate their rank.

**Military covers** — Those who serve in the armed forces wear a hat, called a cover, as part of the uniform of their branch. There are covers for service and formal dress uniforms as well as specialized ones used in combat.

**Athletes’ headgear** — Whether it’s a baseball cap, football helmet, hockey face mask, swimming cap, or car racing helmet, athletes in many sports wear head coverings that provide protection and help them perform better.

## Man About The Town

The most recent audio announcements at the historic Town Theater were recorded right here at Harbison Shores! John Wrisley, a resident here since the winter, has also been an active volunteer at the Town Theater downtown for decades. Before he started volunteering, he performed onstage beginning in 1959. He recalls wonderful experiences he had playing Sherlock Holmes and other roles.

Nowadays, he still does the pre-show announcements but with his own microphone that allows him to work right in his room. When he isn’t recording announcements, he plays baritone ukulele and sings old songs with his wife, Barbara. They celebrated their 73rd wedding anniversary on Aug. 28! We are so fortunate to have residents like Mr. and Mrs. Wrisley as part of our Harbison Shores family.

## Employee of the Month

Congratulations to this month’s Employee of the Month, Quimy Tyler! Quimy is a third shift caregiver. She is one of the people who helps keep everyone safe overnight and sets everything up so when we wake up, the community is just as beautiful and welcoming as when we left it. We are so grateful to Quimy for everything she does and we’re excited to be celebrating her this month! Congratulations, Quimy!



# THE Harbison Shores Lifestyle



MEMORY CARE COMMUNITY  
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SEPTEMBER 2021

## A Hello from the Administrator

Hello, Happy September! This summer seems to have gone by fast. We’ve had a good summer at Harbison Shores. Many of you have heard me say “our Harbison Shores family,” and that’s because we are a family here! We’re a big family of staff, families and you, our wonderful residents.

We are looking forward to September, Labor Day and our fall activities. We will continue to have great musical entertainment and spiritual activities.

Our updated library and theatre area is very nice for all to use and enjoy in the 2nd floor Villa. Stop by and pick out a new book, complete a puzzle or watch an afternoon film!

We are excited that our very own John Wrisley is our Resident Spotlight this month regarding his volunteer work on the Town Theater’s production of “Cinderella.” We are fortunate to have so many talented residents at Harbison Shores. Be sure to read more about it in this newsletter! It is a privilege to serve you and your loved ones. Best wishes for a healthy and fun fall!



## In Remembrance of 9/11

Described as “a tribute to the past and a place of hope for the future,” the 9/11 Memorial in New York City honors all who lost their lives on Sept. 11, 2001.

Built on the site of the former World Trade Center complex, the memorial’s focal points are two reflecting pools that sit where the north and south towers once stood. Water cascades 30 feet over the pools’ black granite walls, creating massive waterfalls. Inscribed on the bronze railings surrounding each pool are the names of the 2,983 victims of the 9/11 terror attacks and the Feb. 26, 1993, bombing of the World Trade Center.

A park with over 400 trees surrounds the memorial and includes a special symbol of resilience, the Survivor Tree. The damaged pear tree was found during the cleanup at ground zero and rehabilitated.

The memorial was dedicated in 2011, on the 10th anniversary of 9/11. In 2014, the underground 9/11 Memorial Museum opened and displays thousands of artifacts and multimedia exhibits.





**SEPTEMBER 2021**
**Locations**

 Activity Room, Memory  
Care, ARMC

Outing, O

TV Room, Memory Care, TVMC

 Villas, Upstairs Gathering  
Place, VUGP

Villas, Dining Room, VDR

“The beautiful thing  
about learning is that  
nobody can take it  
away from you.”

—B.B. King

*Activities Subject to Change*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			9:15 Balloon Tennis, ARMC 1 10:30 Snack Time, ARMC 1:30 Puzzles and Card Games, TVMC 2:00 Oceans of Education: Learning about the Sea, ARMC 2:30 Snack Time, ARMC 3:30 Bible Study, TVMC	9:15 Zumba Fitness, TVMC 2 10:30 Snack Time, ARMC 10:30 Painting, ARMC 1:30 Bingo, ARMC 2:00 Greats of the Westerns: Stars and Stories, ARMC 2:30 Snack Time, ARMC	9:15 Balloon Tennis, ARMC 3 10:30 Snack Time, ARMC 10:30 Painting, ARMC 1:30 Afternoon Team Sports, ARMC 2:30 Snack Time, ARMC 3:00 Happy Hour, VDR	9:15 Dance Exercise, ARMC 4 10:30 Snack Time, ARMC 1:00 History of Pirates, TVMC 2:30 Snack Time, ARMC 6:00 Cinema Saturday, TVMC
9:15 Soothing Yoga, ARMC 5 10:30 Snack Time, ARMC 11:00 Virtual Church Service, ARMC 1:30 Summertime Carnival, TVMC 2:30 Snack Time, ARMC	LABOR DAY 6 ROSH HASHANAH BEGINS AT SUNSET 9:15 Zumba Fitness, TVMC 10:15 Learning the Shag, TVMC 10:30 Snack Time, ARMC 1:30 Devotional Discussion, TVMC 2:30 Snack Time, ARMC 2:30 Baking Club, ARMC	9:15 Soothing Yoga, ARMC 7 10:30 Snack Time, ARMC 10:30 Painting, ARMC 1:30 Bingo, ARMC 2:30 Snack Time, ARMC 3:00 Handbells and Hymns, ARMC	9:15 Balloon Tennis, ARMC 8 10:30 Snack Time, ARMC 1:30 Puzzles and Card Games, TVMC 2:00 Oceans of Education: Learning about the Sea, ARMC 2:30 Snack Time, ARMC 3:30 Bible Study, TVMC	9:15 Zumba Fitness, TVMC 9 10:30 Snack Time, ARMC 10:30 Painting, ARMC 1:30 Bingo, ARMC 2:00 Greats of the Westerns: Stars and Stories, ARMC 2:30 Snack Time, ARMC	9:15 Balloon Tennis, ARMC 10 10:30 Snack Time, ARMC 10:30 Painting, ARMC 1:30 Afternoon Team Sports, ARMC 2:30 Snack Time, ARMC 3:00 Happy Hour, VDR	PATRIOT DAY 11 9:15 Dance Exercise, ARMC 10:30 Snack Time, ARMC 1:00 History of Pirates, TVMC 2:30 Snack Time, ARMC 6:00 Cinema Saturday, TVMC
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